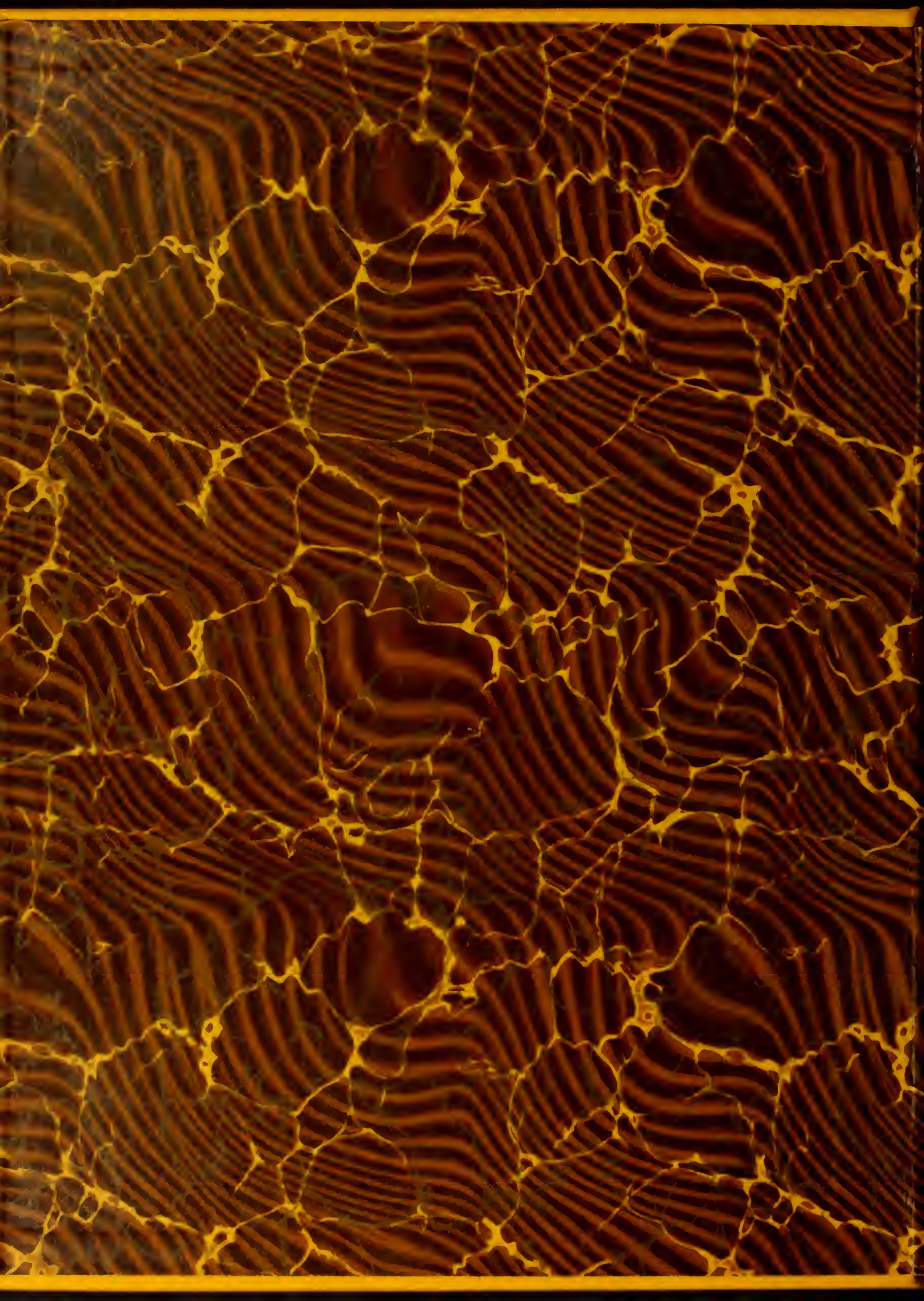
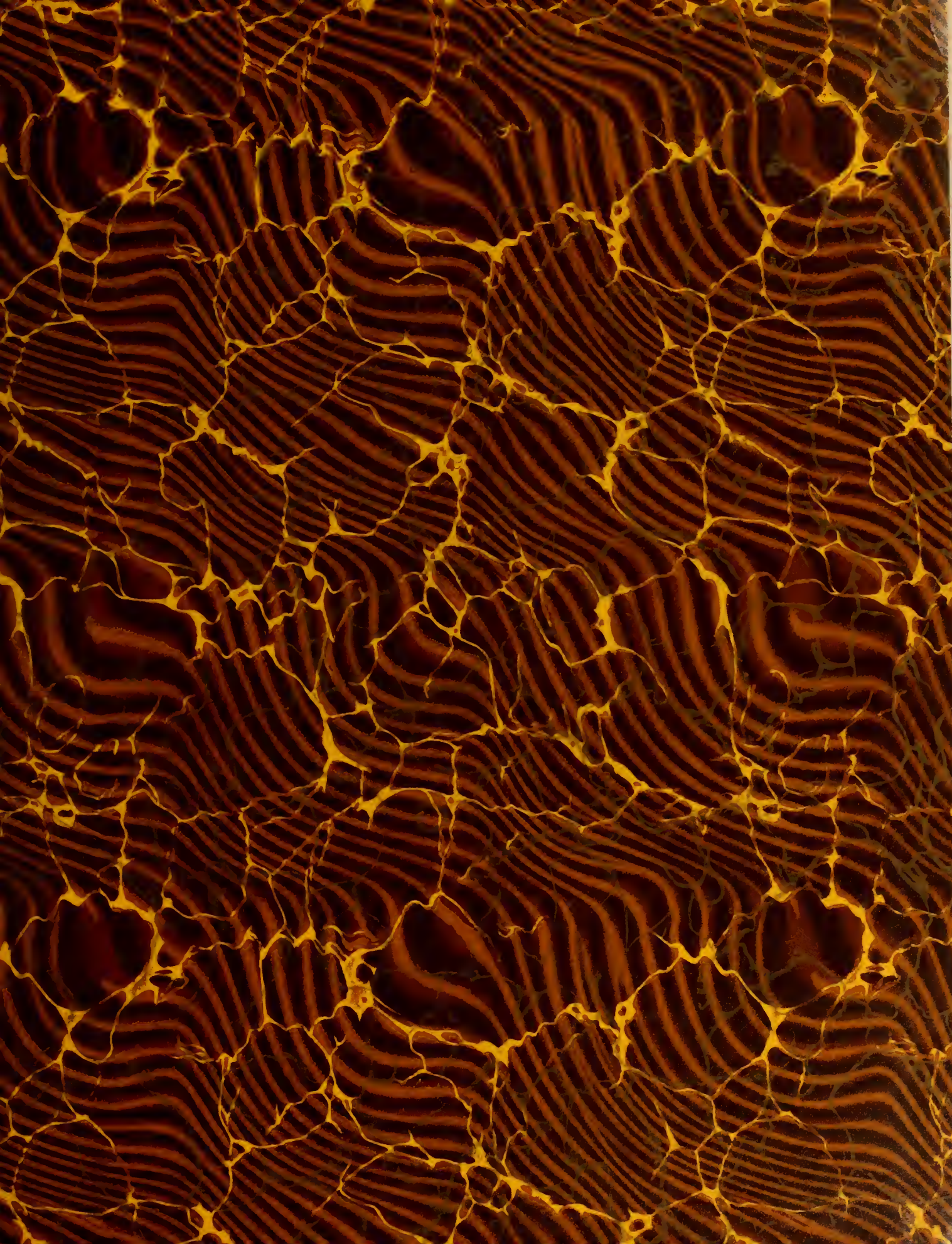
The Science of Mentalphysics

INNER CHAMBER 61 - 90





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OM MANI PADME HUM

The Inner Chamber
of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY
91

THE WAY OF ATTAINMENT (7)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

Now we are to continue our consideration of the word "SOUND" as not only the CREATIVE PRINCIPLE but as a COSMIC FORCE. All through THE WORD and its mystic significance.

Because we are all of Western birth and possibly more familiar with the Bible than with the Eastern scripts, let us take up the story of CREATION with which we are most familiar, bearing in mind that there is not a word in the Bible that has not come out of the mind of man. It is Oriental in origin, impregnated with Eastern thought, especially in its first and last books, Genesis and Revelation. Besides, it never came into literature until about the 5th or 6th century B.C.

We find in the first words of both Genesis and St. John's Gospel the same starting point: "IN THE BEGINNING". Then in Genesis each act of Creation is prefaced with the words, "And God said: Let There Be --". In the Gospel it is "IN THE BEGINNING WAS THE WORD, and the Word was with God and the Word was God." Also: "All things were made through him and without him was not anything made that was made." Then John declares that He was LIFE and LIGHT.

(a) The Story of Jericho

We proceed now to the Biblical story of Joshua and the destruction of Jericho through SOUND, related in the Sixth Chapter. I give here the instructions received by Joshua from Jehovah:

READ THIS CAREFULLY... READ IT IN THE LIGHT OF WHAT YOU HAVE LEARNED IN MENTAL-PHYSICS

(. Now Jericho was straitly shut up because of the children
(of Israel: none went out and none came in. And Jehovah said
(unto Joshua, See, I have given into thy hand Jericho, and the
(king thereof, and the mighty men of valor. And ye shall com-
(pass the city, all the men of war, going about the city once.
(Thus shalt thou do six days . . . And it shall be that when
(they (the priests) make a long blast with the ram's horn, and
(when ye hear the sound of the trumpet, all the people shall
(shout with a great shout; and the wall of the city shall fall
(down flat, and the people shall go up, every man straight
(before him.

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The account relates that these instructions were followed to a strict conclusion and that when the shout of all the people went up Jericho's walls fell down flat.

Not long ago a well-known scientist made this statement as to the power of Sound: "If one who knew precisely the right pitch of the voice to use, one might stand opposite the Empire State Building, the largest structure in New York City, and shout with all one's force and the building would crash into ruins."

(b) A Remarkable Illustration of Power in Sound.

Let us now take a story from the Far East, related by Max Müller, professor of Oriental Languages of Oxford College, England, and authority on India and the Sanskrit language, who was the first writer to bring from the East the translations of the Vedas and the Upanishads. Prof. Müller was scientific in his relations of the events he chronicled and presented only those that, he thought, could be established by legal evidence:

Briefing this story which is told at great length and with evidential accuracy, he tells of a teacher, Sabhapati Swami, born in Madras in 1840, and who, still a young man, had a vision of the Infinite Spirit who said to him:

> "Know, O Sabhapati, that I, the Infinite Spirit, am in all creations and all creations in ME. You are not separate from ME, nor is any soul. I accept you as my disciple and bid you rise and go to the Agastya Ashrama where you will find ME in the shape of sages and yogins."
>
> Sabhapati reached Agastya Ashrama and found there in a cave a great yogi, two hundred years old, his face benign and smiling with divinity; he became his pupil and stayed with him for seven years. Then he was dismissed, his teacher telling him to "beware lest vanity or importunity should lead you to perform miracles and show wonders to the profane." Sabhapati never consented to perform a miracle, but he left an account one performed by a member of his own order.
>
> A rajah entertained him at Mysore with great reverence and hospitality. The Nawab of Arcot paid a visit to Mysore and he and his colleagues went to see the yogi. The rajah twitted the latter on his claim to be a divine person. "Yes," the yogi replied, "we possess the full divine power." This is what followed in the sight of all:
>
> "And he took a stick, gave divine power to it and threw it into the sky. It was transformed into millions of arrows and cut branches of the fruit trees to pieces, thunder roared, lightning flashed, rain fell in torrents. In the midst of this conflict of the elements the voice of the yogi was heard:
>
> "If I give more power the world will be in ruins."
>
> The people implored him to calm this havoc. He willed and all ceased and the sky was calm as before.

While no mention is made of The Word here, it is clear that in giving divine power to the stick the master uttered his command in a word and further must have used a word in what is related as "he willed and all ceased."

What that teacher knew was undoubtedly a law of vibration and his warning indicates the tremendous force of vibration, which is SOUND, that, if continued, would destroy the planet.

THIS SPACE IS FOR YOUR OWN NOTES

(c) Importance of Right Accent and Tone.

Joseph Conrad was quoted in the February number of THE LAMPLIGHTER as follows:

> "He who wants to persuade should put his trust not in the right argument but in the RIGHT WORD. The power of SOUND has always been greater than the power of sense . . . Don't talk to me of your Archimedean lever. Archimedes was an absent-minded person with a mathematical imagination. Mathematics commands all my respect, but I have no use for engines. Give me the RIGHT WORD, the right accent and the RIGHT SOUND, and I will move the world."

Mr. Conrad was not a creedist and his stories deal with action mostly, but he was a psychologist, and his observations were always penetrating. He was admired for his well-balanced mind and for his self-achievements. Born in Poland he knew nothing of the English language until he was sixteen. He eventually became a stylist in that tongue and his stories have taken their place among "sea classics." For such a man to discover from intuitive processes the power of the Word and of Sound is to reveal the scope of his mind and his thinking power.

Conrad speaks of the right accent. This is what gives power to a word. Thus this is a confession that it is not so much the meaning of a word as its sound that gives it its effectiveness. He speaks of such words as Glory, Pity, Fatherland, Honor. These, he says, by their sound alone "have set whole nations in motion and have upheaved the dry, hard ground on which rests our whole social fabric."

The first sound of a baby's voice has been known to call the mother back from the coma of death to live for the child. The passionate address of a lover to his mistress thrills her to a madness equal to his own. The ringing speech of an orator may drive an audience of thousands to a frenzy irrespective of individual opinion as to the merit of his appeal. It is not the Word so much in such instances as the SOUND. One of the most beautiful verses ever written is that of Tennyson:

"The murmur of mating doves
In the immemorial elms."

The test of the poet's ability as of the author's or the speaker's is rhythmical SOUND coupled with penetrating utterance.

The hypnotist uses Sound upon his quiescent subject and thus puts him into a form of trance in which he may receive wounds without suffering, bear weights he could never assume consciously, perform feats of strength and endurance unknown and impossible to him normally and cause him to assume the characteristics and pose of any animal the hypnotist may suggest to him that he has become. All through the force of the Word and the Sound.

Consider for a moment the effect upon the tired or lazy individual of the military commands: "Halt," "Fire," "March," "Forward."

There are three actions necessary to the creation of anything: First, the thought or idea; second, the will-demand and the spoken word; third, the action of "doing." Next to "I am" in power is "I will." Both call forth the right Word.

Schopenhauer put this thought into his philosophical work entitled: "The Word, the Will and the Idea," erring only in his statement of the order of these processes, for the Idea is first, the Will second, and the Word follows for the creative launching.

As we began this Commentary with the story of the Creation as found in Genesis, it would be well in concluding to call to mind the story of the Creation from Eastern Sources.

THIS SPACE IS FOR YOUR OWN NOTES

(d) All Truth Is One.

It is that Brahm rested for aeons in an Everlasting Calm during which he conceived the idea of Love in all its completeness. Then the plan of the Universe unfolded itself to his mind and he moved towards the creation of the Universe with all its multifold activities. As the West got its idea of the Trinity from the East, so, in this account, Brahm entrusts the Word to Brahma, the Creator, and Brahma brings into existence the Universe, the World, all living creatures and Man.

This explains the mystical statement at the beginning of St. John's Gospel about the Word. "The Word was with God and the Word was God."

In Mentalphysics we learn that SOUND is a FORCE. The Word cannot be spoken without the Sound and the Sound is Vibration. Thus the very waves of the atmosphere, vibratory in character, are behind the Sound and through vibrations the Sound is heard. All music, all tones, all words, all modulations, all commands or appeals are vibratory and the vibrations go on and on.

I repeat this, which you will have read in a previous Commentary: "All was - All is. All Ever shall be. The ALL spake, and Motion was, and is, and ever shall be; and, being positive, was called He and Him. The All Motion was his Speech . . . He said, I AM. And He comprehended all things, the seen and the unseen. Nor is there aught in all the Universe but what is part of him."

The Radio is a revelation in this respect. It is a simple thing in its explanation. All that it does is to receive inaudible sounds committed to high frequency vibrations and reduce the vibrations to the slight range of slow frequency necessary for the human ear.

It is understood of course that human hearing and eyesight are limited to certain vibrational ranges. Beyond the range for hearing we cannot hear. And beyond our range of sight we cannot see. Why is it that some spiritualistic mediums can see beings that we cannot? It is because they are what the French call clairvoyant, a word adopted into our own language as it stands. Its meaning is "clear seeing." And similarly with regard to spirit voices the medium may be clairaudient, a word also from the French, meaning "clear hearing." It is interesting to know that our scientists have secured motion from "invisible light" which is now used to close doors, shut off electrical machinery at the expiration of a given moment, and that the twinkling lights we see in electrical advertising signs are set off and on through the power of invisible light. Presently we may have "inaudible" sound waves for individual instead of radio use. Shakespeare, that world genius, forecast the radio in a speech by Lorenzo in "The Merchant of Venice," in which he says to his sweetheart Jessica, referring to the stars:

> See how the heavens are thick inlaid
> With patines of bright gold:
> There's not the smallest orb
> Which thou behold'st
> But in his motion like an angel sings,
> Still quiring to the young-eyed cherubim,
> Such music is in our immortal souls,
> But whilst this muddy vesture of
> Decay doth grossly close us in
> We cannot hear it.

Give thanks. Commit your spoken gratitude to the vibratory ocean about you. Be happy and thus shed happiness about you. Grateful words and happy words will vibrate throughout all space and bring gratitude and happiness with them.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

DING LE MEI.

Written in Faith at
Los Angeles, California, U.S.A.

End of The Ninety-First Commentary,
Inner Chamber.



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OM MANI PADME HUM

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COMMENTARY
92

THE WAY OF ATTAINMENT (8)
Practice of the Royal Art.

My beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In this Commentary I am inviting you to come out under the sky with me. On this summer day we sit together by the side of a running stream of crystal water, under the shade of a sheltering tree; all is still, save for the murmur of the rippling water and the sound of our own voices. We talk together about what we have learned since we entered Mentalphysics . . . . try to imagine this scene, and FEEL that you are there with me. Perhaps you have never met me as your Teacher in person, though I trust that you have contacted me spiritually . . . now, we are together.

Let us see whether we can condense in a few sentences the salient truths that we have so far made our very own. We have come to see THAT WE ARE GOD IN HUMAN FORM, though we may not have come completely into mastership of our own life - and we know that that is so, simply because we do not yet truly know enough.

WE KNOW -

(1) That the body is truly the Temple of the Living God, but we know also that it is simply vibration; that of itself the body is nothing and is helpless, and that it is the Spirit that quickeneth; that your body and mine are parts of the Great Body of Life. We know that the sole mission of the body is to act as an avenue through which Universal Consciousness can express itself in the manifest worlds.

(2) That the body contains within its substance the Magnet, which is the One Principle, which Principle is perfect, for it is the emanation of The Father which is in the Universal Heaven; that your body is a part of that Principle and, as Principle cannot break its own Law, your body is a part of the emanation of The Father which is in Heaven within you (you, as a part of the Universal Father of Life), perfect in its substance, perfect in its quickening energy directed by the Spirit, perfect in Spirit as the FATHER (the Creator of ALL THINGS) which is IN HEAVEN (within you - the Kingdom of Heaven is within you), is perfect.

(3) That your body (your PHYSICAL BODY if you wish, or YOUR WHOLE BODY in the Mentalphysics sense if you wish) is God's substance, your instrument for allowing God to be expressed.

THIS SPACE IS FOR YOUR OWN NOTES

(4) That your energy is GOD'S ENERGY - God in action - allowing you to watch God's nature.

(5) That your MIND is the magnet that contacts the WISDOM OF GOD in transit, by which and through which you may, by watchfulness, come to know God's nature.

(6) That your LIFE is the EXPRESSION OF GOD - the unfoldment of God's nature through you - causing you to see that YOU ARE GOD IN HUMAN FORM . . . WHATEVER THE CREATOR IS I AM . . .and THAT I AM THAT I AM THAT I FEEL THAT I AM.

(7) That "IN THE 'BEGINNING'" was The Word. (We should by now know that The Word - Sound - or Silence, which is Sound transmuted - is the switch that turns on the power of Life Itself. We should also know that "the Beginning" is NOW, the Ever-Present Moment. Having this in mind, let us see what the "WORD" truly means . . . .

IN THE BEGINNING :

Was MAN . . . and MAN was with God, and MAN IS GOD.
Was MIND . . . and MIND was with God, and MIND IS GOD.
Was Consciousness . . . and Consciousness was with God, and CONSCIOUSNESS IS GOD.
Was SPIRIT . . . and the Spirit was with God, and the SPIRIT IS GOD.
Was SOUL. . . . and the SOUL was with God, and the SOUL IS GOD.
Was the WORD. . and the WORD was with God, and the WORD IS GOD.

(8) That we come to know through intuition: that intuition is direct insight, constant awareness, direct inner perception, swift instant understanding, the identification of one's self with the Cosmos, the knowledge of reality itself. Intuition is embraced in MIND, but the difference between the Conscious Mind and Intuition may be summarized as follows:

MIND --	INTUITION --
- sees form.	- sees reality.
- sees many in the one.	- sees one in the many.
- analyzes the light of truth, and sees the beauty of colors.	- synthesizes the colors and sees only the dazzling white light.
- asks WHY?	- simply KNOWS.
- demands proof.	- sees and knows.
- sees the world of effect.	- sees the world of causes.
- creates matter and its laws, the outside world of causes and effects.	- belongs to the inner world of freedom, one with the essence of all.
- creates time, space, emotion and strives for omnipresence.	- sees all past, present and future, freed from the necessity of movement.

I have no better comment to offer on the difference between "Mind" and "Intuition"

THIS SPACE IS FOR YOUR OWN NOTES

than that given by G. E. Paelian in his "Relativity and Reality" : "To get a mental glimpse of this intuitive vision of the superdimensional, timeless world, the world of archetypes, let us take the well-known example of a picture gallery, where all types of pictures are hung on the walls. A spectator who visits this gallery at night with a small flashlight in his hand can only see one picture at a time. That picture for him is a living thing in the present, and nothing else exists for him. As he moves along he sees new pictures and the old ones become buried in the 'past'. The picture he has not yet seen exists for him only in the future. But the gallery represents the superdimensional world, everything is there all the time. It is his mind which is 'moving', and invents past, present and future. When he completes the circle and starts going around the second time, because he has now seen the entire gallery, the entire plan, the pictures are revealed to him in a new light, is a new relationship . . . . The difference between mind and intuition will be seen clearly if we consider them as two branches of mathematics, as for instance, arithmetic and algebra. Arithmetic, like mind, deals with specific numbers; algebra, like intuition, deals with general, universal cases."

* * * * *

I wonder whether you have enjoyed sitting by the crystal stream under the shade of the sheltering tree as much as I have. I have been doing the talking, or most of it; and I hope that our conversation will make things a little clearer to you. Now, we will go away and think - being still and happy, and giving thanks that, though we may not have come fully into knowledge that keeps us "up in Heaven," we are on our way.

We feel that we have faith to keep on. But WHAT IS FAITH? I mean that faith or recognition within that knows that certain acts will bring certain results or the right results whatever they happen to be, regardless of time or circumstances. Faith is an unwavering trust based on patience that in due time all acts will bring their just results, for we know that God takes care of all conditions whether we understand or not.. Faith brings us the feeling that at the proper time the proper conditions will manifest which are totally in the hands of the Infinite Wisdom without our interference. Which is saying that if we DO WHAT WE CAN DO, then GOD MUST DO THE REST... That really is faith. What Man can conceive, he can also achieve.

"But God is responsible for keeping my thought right," said a man to me the other day, not knowing that he was talking nonsense. "I KNOW that I am Thought in action," said he, "and I Know that of myself I can do nothing. I cannot think an original thought . . I cannot add one tittle to my stature . . . I cannot --" And he went on rattling away telling me that he KNEW that "God" directed his thought. He repeated, "God is responsible for keeping my thought straight." NOW, THIS IS SHEER NONSENSE. God is not responsible for anything. God is an exact Law, operating always and ever the same. GOD IS THE THOUGHT, for without Thought, as you know, Man could not live. This man did not know what we know - that our thought comes to us from the Universal Intelligence, and are guidance for whatever action is to be brought forth.

ALL THOUGHT IS UNIVERSAL IN ITS VIRGIN STATE. But GOD IS NOT RESPONSIBLE FOR WHAT YOU AND I DO WITH THE THOUGHT THAT IS HIS VERY ESSENCE, AND WHICH COMING TO US BECOMES OUR OWN.

THE MASTER is he who recognizes that "THOU ART WITHIN ME THINKING THE THOUGHT OF THE UNIVERSE THROUGH MY MIND." The Master is he who is actually living in the image and likeness of the Father which is in Heaven, and therefore wholly impersonal. Can you immediately get into the high vibration of our Healing Breath? Can you feel that blissful feeling - there is no right nor left, nor up nor down, but all a beautiful impersonal universal feeling. This is the idea of the feeling of the Master's impersonality. The universe is his body, and he has no feeling of separateness or division. He lives in all, and all is contained within himself. He cannot be hurt or disappointed with anything or anyone, and acts freely without any thought of the

THIS SPACE IS FOR YOUR OWN NOTES

outcome, knowing that he is carrying out the behest of the Universal. He lives as the sun shines, not asking questions, but doing The Will.

Of course, one will say, that is how the Master lives - he knows how. So do YOU. You may not know as much as some, but we have to attain to mastery by being the master over the things that we know; and if we say that we KNOW a thing and are not the Master over that thing, the Truth is not in us. BE THE MASTER OVER THE LITTLE THINGS - this is our first duty.

Give much time to meditation - and meditate upon the needs of mankind and of the needs of our Mother, Mentalphysics, as the Bringer of the Light. I suggest to you that every Thursday night at 8 o'clock (Pacific Standard time) you join with us here at the Institute in meditating as follows :

(You will hear the voice of your Teacher, as he says . . . .

"And now let us draw to the Center for our Spiritual work . . .
(imagine here a gong sounding through your room).

"THOU, by whose will we are, pour through us the Power to EXPRESS THY PERFECTION. THOU, by whose Light we live, fill us with THY RADIANCE."
(imagine again the gong).

"THOU, Love, the Omnipotent Creating Fire of All Life, intensify us, Thy sparks, into radiant Suns expressing Thy Glory. . . Blend us, Thy brilliant rays, into ONE Glorious Globe of Effulgent LIGHT. . . By Thy power so direct its radiance that It embraces in the glory of THY PRESENCE all those whom we now think of."
(imagine again the gong).

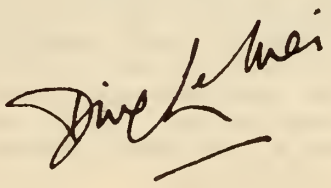
"We embrace the students of this Class who are not with us materially. . . We embrace the students of all other classes. . . We embrace all Home Study students wherever they may be. . . We embrace all who are seeking THE PATH, and by our Light guide them to find our Mother Mentalphysics."
(imagine three gongs).
(we pause, sending out The Light).

"I am WHOLE - nothing is lacking, nothing can be added. I AM ALL THAT THERE IS.
"I am SUBSTANCE. (pause of ten seconds).
"I am THE POWER CREATING THE FORM OF THE SUBSTANCE. (Gong - pause of ten seconds).
"Substance now takes form, and flows to me as my limitless supply. (" ").
"The inexhaustible opulence of the Universe, the Gift of Divine Love, now flows through my hands for my use, and for the spreading of The Light. (Gong - ten seconds)
"And now, as this substance flows to everyone in The Circle according to the individual desire, so this Circle becomes a pool of riches for the use of our Mother Mentalphysics" . . . . I am now a magnet drawing to this Circle the abundant riches needed for the ever-increasing expansion of our Mother Mentalphysics." (imagine three gongs).

PEACE BE UNTO THEE, MY BELOVED.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

DING LE MEI.



Written in Faith at
Los Angeles, California, U.S.A.

End of the Ninety-Second Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



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COMMENTARY

93

THE WAY OF ATTAINMENT (9)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

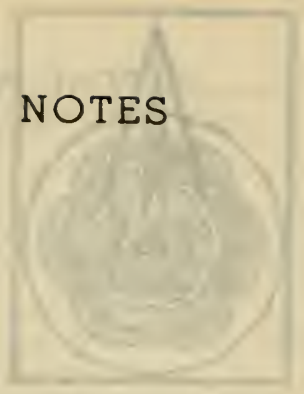
Greetings in The Bond.

In your last Commentary (the 92nd) it was written : "All thought is universal in its virgin state . . .BUT GOD IS NOT RESPONSIBLE FOR WHAT YOU AND I DO WITH THE THOUGHT THAT IS HIS VERY ESSENCE, and, WHICH, COMING TO US BECOMES OUR VERY OWN." I invite your most earnest attention to this statement, for it seems to me that this is the greatest stumbling block in the path of otherwise industrious and sincere seekers. It does not matter to God - it matters to us alone what we do with the substance of the Eternal Spirit (Thought) that comes to us direct from the universal.

In our "Lamplighter" for Oct./37, in a short editorial, speaking about General Foch in the terrible war, we remarked that his message to headquarters read: "My right has been driven in, my left has been driven in - consequently with all that is left of my center I will now attack." We then went on to show that this is like a great many students - they drive in with their right, they drive in with their left, but they do not USE THEIR CENTER . . . we do not, so to say, attack with our Center, where GOD is within us. We study and read and practice the strategy of the right method, but think that it is "I" who does the work, failing to see that the power which we all use in the circumferences of life ALL COME FROM THE CENTER. In other words, "Be not thou the warrior - seek thou the warrior within thee, and let Him fight thy battles." How important this is . . . but how hard to learn; but when we employ the very power which we wish to use, the work is already done . . . . "Be ye perfect . . . . . "

Every Noble of The Light knows, of course, that Mentalphysics practices are true Yoga. Most people base their hope - of success, of happiness, of affluence, of peace and so on - on genius. In Mentalphysics we base all our hopes not on genius, but on training. Most people think that we need great minds in order to discover Truth, but that is a sign of an uncultured mind. Truth, when all is said and done, is to be found by everybody - it is contained in the smallest phenomena. Take a blade of grass - discover what a blade of grass really is, and you have conquered the principle of the universe, you have learned that which is the key to all things visible and invisible. The Western idea of depending upon talent to discover Truth is mystifying to the East - what supreme irony, they say, that you, the impatient ones, must wait for the birth of an unusual individual in order to become conscious of something which is a matter of course . . . all Truth is

THIS SPACE IS FOR YOUR OWN NOTES



simply a matter of course. And there is naught higher than Truth.

We know that Truth expresses itself. What do I mean? I mean that when we rid ourselves of the eternal "I" and trust in The Law which works in and through us, our lives cannot but be successful in every sense of the word. If you were to be here in my study, and were able to watch and read the letters that come daily to my desk for reply, you would realize how great a work Mentalphysics is doing in the world, and after a few years there is not the slightest doubt in my mind that Mentalphysics will be known throughout the earth. By that time you and I, and all other Nobles of The Light now in Mentalphysics, and who consistently PRACTISE what we are learning will be like great beacon lights all over the world holding up the Torch of Truth so that all may learn to see.

I quote from a letter which has just been brought to me - the very first in the day's mail. It is from a student who has been seeking for many years. She says: "I am now on my 27th and 28th Commentaries, and I will say that your lessons have really taught me how to live. I have all the health, happiness and peace that one could ask for, and am now on my way to success and wealth." What a testimony to TRUTH! Then she goes on to tell me that back in 1926 she received a patent from the Patent Office in Washington, but "I could never get the right connections until last week, and it seems almost a miracle how this came to me, after so many years. But I know and you know just how it came" . . . meaning through the agency of Mentalphysics, of course.

I hope that this will inspire you as you read. The time will come when all of us in Mentalphysics will be, by definite experience, the masters of our own lives. We shall KNOW the Truth, and the Truth will make us free.

FREE to work out our own salvation, as we all must.

There are men in the world today who dwell in the high places of the earth - Mahatmas - unrecognized supermen who guide unselfishly the destiny of mankind. We cannot yet be like them, but we CAN DO WHAT WE CAN DO . . and with the doing of The Law we grow more and more into that freedom which will lead us to the Absolute. These men have got beyond the limitations of matter - we are not yet like them, for we are all similarly begirt by Necessity. Externally they are like us; they possess a mortal frame, and appear even less than do the great men of the West as far as the wealth of their human power is concerned. YET THEY ARE MORE THAN MEN BECAUSE THEY ARE COMPLETELY FREE. They are only fettered because they wish to be so, they do not need to die nor to be born again; wherever they wish to be, there they are present, whatever they turn their attention to, they know. Their consciousness embraces not the little affairs of their own environment, but embraces the world. They leap from star to star, as Count Kerserling once remarked, "just as we do from memory to memory." They are not interested visibly with earthly events. They act in silence and secrecy. But they train assistants in the stillness who are to further their plans in the visible world.

Read that last sentence over and over again. Are YOU one of those whom the great masters are training to do the real work of the world? Happy are you if this be true. Remember that wherever a struggling child of man seems ripe to be translated into a higher dimension, the master meets him lovingly half way and points him to a higher and higher course of action and living. Whenever we feel fired with a great desire to help humanity, that desire is probably the result of the inspiration of these great souls, and wise are we if we allow ourselves constantly to rest in the silence of our own spirit that we may increasingly feel the inspiration to work out our high visions on this earth. We begin with our own

THIS SPACE IS FOR YOUR OWN NOTES

lives . . (a) perfect health and expression on the lowest plane; . . (b) perfect joy and gratitude and reverence on the mental plane; . . (c) perfect bliss and trust and submergence of the selfish self on the spiritual.

Now, we who have learned and have begun to live what we have learned, KNOW that we are in contact with the Great Hidden World Rulers, the higher ones in the universal hierarchy of Divine Wisdom.

If we have eyes to see we can recognize the work of the Great Ones, who are indeed the Hidden Rulers. Countless practical plans, quite capable to end both war and poverty, and to herald the coming of the New Age, have been presented to the human race by generous, brilliant, and deeply sincere men and women - all the work of the Higher Ones. Because these plans have hardly got beyond the conversational stage is not that the work of the hidden rulers is defective, but that Man has not yet been ready . . though with every plan put forward, even if it falls to the ground and bears no practical fruit, progress has been made in inspiring men to those rules which will ultimately make this earth a veritable heaven.

The Higher Ones are constantly working through highly evolved men and women to destroy influences that keep the human race in constant bondage to age-old humanly perpetuated foes, such as war and poverty. The Higher Ones are always with us, and the more we FEEL this to be true the more we unconsciously surrender ourselves to their benign influence. This is the manner in which God - the SUPREME WISDOM - works. It is as if the Higher Ones are directing our thought; of course, you know that . . . what we must every moment of every day remember is that we MUST PRACTISE THIS FEELING OF KNOWING HOW GOD WORKS.

As an example : I wake in the morning, and at once I feel that with the Breath of me, the Higher Ones in the universal council of wisdom are commencing their work through me for the day. I hear their voice :

> "ALL THINGS ARE YOURS - the world, or life, or death, or things present, or things to come, ALL ARE YOURS. Eye hath not seen, nor ear heard neither have entered into the heart of man the things which God hath prepared for them that love Him. But God hath revealed them unto us by His Spirit.
>
> "Prove me now herewith, saith the Lord of hosts, if I will not open you the windows of Heaven, and pour you out a blessing, that there shall not be room enough to receive it.
>
> "He that overcometh shall inherit ALL THINGS.
>
> "We went through fire and through water, but thou broughtest us out into a WEALTHY PLACE.
>
> "Let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us.
>
> "But let patience have her perfect work, that ye may be perfect and entire, WANTING NOTHING."

All of us Nobles of the Light must feel that we are being trained in the stillness and harmony of our lives to further the Divine Plan in the visible world. And what unutterable beauty is in this thought. Many are called, but few are chosen. . . WE ARE AMONG THE BLESSED CHOSEN ONES.

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Keeping ourselves in this thought and feeling, we are constantly marvellously near to God. Then we truly know what it is to "Have no Tongue" . . to "Mind Our Own Business", . . and that "Nothing Matters." In this connection, I quote from a very logical article written for "The Lamplighter", by our First Preceptor (the article appeared in the Oct./37 issue, and all Nobles of The Light should have it by them - its title is "Mind Your Own Business". The First Preceptor says :

"In following the teachings of the Art of Living, our beloved Science of Mentalphysics, the writer has formulated for himself, out of many equally important rules for guidance, three which seem to be of greater and more immediate importance to the beginner in the search for higher things than the others. They are

(a) "MIND YOUR OWN BUSINESS";
(b) "HAVE NO TONGUE"; and
(c) "NOTHING MATTERS".

"On the purely personal side of life, to mind one's own business is one of the most difficult things to learn and is, sad to say, ignored by most people. We are so involved - nay, entangled - in the meshes of personal relations with our families and friends, our business and social associates, that to many of us it is an irresistible temptation to give advice, which is rarely heeded, to try to fashion the lives of others to suit our own ideas and opinions, and in general make nuisances of ourselves in the lives of others.

"This very article may appear to be of that nature! Yet it may be that the lessons learned through the experiences of those who have learned to "mind their own business" will prove helpful to other seekers of Truth, in its application in their lives. To the beginner let it be said that when the understanding of "My own business" unfolds to the consciousness, it will be seen that there can be no greater individual attainment than that of obeying that which in the higher realms is a LAW. So to you who, through the study and practise of Mentalphysics, are on the road to "Mastership", the advice is given with all the love of a fellow student to begin today the glorious practise of "Minding Your Own Business". Never mind the other fellow -- work out your own salvation.

"In our relations with others we must first learn the greatest of all practices, that of "Non-recognition". We learn not to recognize what appear to be failings and weaknesses in others, for by so doing we admit that there exists in our own consciousness the very thing we condemn in them. Plato says, "What thou seest, that thou beest". We must never forget that all motives spring from a Spiritual seed planted in the individual by Divine Love. In its passage through the darkened consciousness of the ignorant one, the seedling becomes distorted and stultified, emerging perhaps as what is known as a crime. If we fail to attain to the blessedness of a consciousness which cannot, because of its own radiant Light, see the darkness in others, then the next best thing to begin with is the practice of non-resistance.

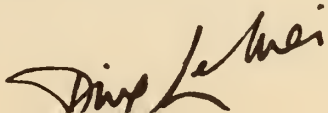
"Because an action or opinion does not coincide with our standards of behavior, let us not allow ourselves to take such notice of it that we immediately desire to rush in and resist it. Let us mind our <u>own</u> business, and not permit the incident, whatever it may be, to "get under our skin" and cause <u>us</u> to be irritated. Not by what the other person does, but because of our own antagonism to it. The irritation will be our own if we permit it, and <u>we</u> shall suffer - not the other fellow. We must practice every moment of the day seeing everyone we meet in the "Light". With our inner eye we must see through all appearances to the true self of others, which is in reality our own self in them.

"Is such a task easy? By no means, yet by constantly minding our own business it can be accomplished. THE LAMPLIGHTER -- "Lighting Human Lamps"

We shall return to this great idea of "minding your own business" in your next Commentary, for it is the greatest of all lessons. Let us together <u>live</u> this Commentary this week - BEING HAPPY AND GIVING THANKS. <u>Nomaste</u>.

Sincerely your Teacher, in Fraternal Bonds of Joy and Hope.

DING LE MEI.



Written in Faith at Los Angeles, Calif., U.S.A.
End of The Ninety-Third Commentary, Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY

94

THE WAY OF ATTAINMENT (10)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

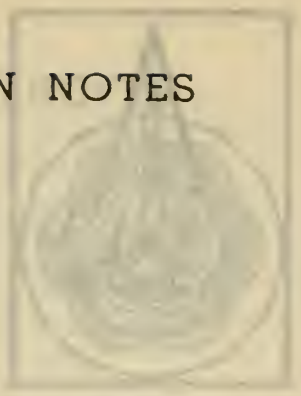
> "UNTO YOU IT IS GIVEN TO KNOW THE MYSTERIES OF THE KINGDOM OF GOD ; . . . BUT TO OTHERS IN PARABLES, THAT SEEING THEY MIGHT NOT SEE, AND HEARING THEY MIGHT NOT UNDERSTAND."

These words are familiar to everyone of us. Suppose that the time and effort men have spent throughout the ages trying to accumulate possessions which they knew they could never permanently control, . . striving for those things which they knew they could not possibly need, and which they usually do not want after they get them, . . . striving to gain honor or glory belonging not to themselves, but to their Creator, . . let us suppose that they had spent the same intensity of effort to improve the lives of their fellow-men, mankind would have turned this old world of ours into a veritable "Garden of Eden", and men into what they truly are . . or at all events, beings worthy of occupying it, . . many centuries ago.

I invite you to read the above paragraph most carefully - read it many times. Then see whether you agree with what I have written.

After you have read it, analyze what you feel within yourself. See whether you feel in your own mind any pictures of conditions of life that you would consider ideal for yourself and for the circle of friends that you have. Would you like to feel that everyone whom you know possessed enough of this world's goods so that they would never have to worry again -- would you like to feel that once and forever you and all whom you know would never again have to think of planning and scraping and "saving" for the things that you and they need? . . . Would you like to feel that you and everyone whom you know would never again have the fear of "getting ill" . . can you see the picture of the whole human race freed once and forever from disease and disharmony and physical disbalance? . . . Would you like to feel that everyone whom you know was once and forever made happy, that they could never again be unhappy, that there would not come into their lives anything of whatsoever nature that could make them unhappy? . . Can you see all whom you know perfectly contented, being what they want to be and doing what they want to do, in the full and definite knowledge that never again would they have to worry about material things, or ever have come into their consciousness aught that would mar the perfectly even sunshine of absolute joy in their lives?

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SIT AND THINK LIKE THIS. You know the way to "imagine" a perfect condition of society - mankind united, mankind liberated, emancipated, made free! Sit each evening this week, and see how wonderful the picture of a world released from all its suffering and doubt and disappointment and disease and failure and fear of death can be etched in your mind. Then, sitting quietly, bring out the colors and fill the picture with the harmony of the colors. . . . Then, having made the picture, let your imagination revel in it.

(a) Is This a Foolish Dream?

Foolish? No, WE Nobles of The Light KNOW that this is not foolish, for we are fully aware that that is the way in which we first begin on our own road to happiness.

We know that THAT which enables us to paint this picture is the same LAW that orders this Universe. We cannot stop the sun in its course. We cannot cause the tides to recede before their time. But we CAN COOPERATE WITH THE LAW.

Now, My Beloved, I wish to talk with you in absolute honesty. What availeth it if we "learn" all these things and do not USE them? You have learned much. Since coming into Mentalphysics you have so ordered your life that, looking back, you scarcely recognize yourself as the same person that you were. So far, so good. You have come into the knowledge that you are God in human form, and you have, so far as your own life is concerned, made the LAW work (meaning that you have through practice come to feel the way to lose yourself in The Law, and let it work through you). That is good. You have come to the point where you enjoy better health . . you are happier . . you are filled with the unweighable riches of life in a manner that causes you constantly to stand reverently before The Law and Give Thanks. All that is good.

I am the same. Looking backwards, I cannot understand why LIFE ITSELF has so blessed me. My life is altogether changed. I am a different person from what I used to be. I know more, I am more, I do more, I know more . . all because I have to some degree learned how to submerge the personality, because I have ceased to be the warrior, because I have come to see the wisdom of losing myself to find myself. But . . LISTEN . . . what have I done for others? I confess to you that, as I review my own life, I realize that, while it is clear to me that the only way in which I can truly help myself is in helping my fellow man, WHAT HAVE I DONE FOR OTHERS? Have YOU the courage to ask yourself that question - what have YOU done for others? In the midst of all the blessings and the very glory of Life which LIFE ITSELF has brought you, how have you shared it with others?

(b) The Only Way - Spread the Light!

I know that you will agree with me that the ONLY way we can grow is to serve - the only way we can have is by giving, and that we have only that which we give, . . the only way that we can enjoy is by sharing . . . . and so on. I know that YOU know this . . . . just as I know it . . . but again, WHAT HAVE WE DONE AND WHAT ARE WE DOING FOR OTHERS?

In the answer that we are able honestly to give to this question, shorn of all pride and hypocrisy and vainglory, lies the secret of our life and of our growth into life more and more abundantly.

Personally, I tremble as I arraign myself before the court of my own mind. What have I done? Without any fear of contradiction, I can say that I do today more for others than I have ever done in my life before. I share what I have. I like to feel that I do not any longer belong to myself, but that I belong to the ALL for which I work and which I serve. This is what I LIKE TO FEEL --- BUT am I doing what I can? That is

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for you and for me to answer before the Master within us -- and there is no other Master.

What I am writing may seem ordinary material - it WILL be ordinary material unless it makes you think. But I feel that I am writing to a Noble of The Light, one in whose consciousness there is much of myself - in the sense that I have been used, as your Teacher, as a conduit through which the eternal wisdom has flowed to you.

I ask you to imagine again : What do you think would happen if every one on this planet today KNEW WHAT YOU AND I HAVE LEARNED IN MENTALPHYSICS? I am sure you would agree with me that we would have an earth populated by a race of embryonic supermen, for I am sure that you feel, making comparisons between your present and your past, that you are a seed of the Lord of the Eternal and that on this earth you embody within yourself all that is necessary for you to become a leader and a "superman". I am sure again that you will agree with me that this old earth would be a happier place for men to live upon. If everyone knew and lived what Mentalphysics has taught us there could be no more war, no more pain and human misery and woe, no more hungry little children, no more unfortunate derelicts of human beings waiting for the grave to swallow them up.

Imagine again : With the whole human race possessed of even the little knowledge that we have, what do you think would happen if everyone would put aside the struggle for individual financial superiority over others for just five years? What do you think would happen if all, knowing what we know now, would unite their efforts for the purpose of supplying each family on this earth with all they needed . . . . . SIT AGAIN AND LET YOUR IMAGINATION BRING THE PICTURES TO YOU.

(c) We in Mentalphysics Can Bring It About

This picture literally staggers the Imagination --- such a condition makes our minds entirely majestic, for we see that all men and women would have become seekers of The Light that enables them truly to live.

You can imagine this? You can, can you not? What enables you to imagine it? Ten years ago you would not have even dreamed about it, but as you sit there in your chair, feeling after the blessed essence of the Eternal Spirit within you that causes you to think such thoughts, you recognize that it is the knowledge and the wisdom that Mentalphysics have brought to you that is the germinating cause of your beautiful imagined pictures.

And, My Beloved, these pictures CAN COME TRUE. EVEN AS I WRITE AND SEND THEM OUT TO YOU, THEY ARE COMING TRUE. This that I am writing to you is not my own; it is coming direct to you through my dextrous fingers straight from the heart of the Lord of the Eternal. The Voice of The Spirit speaks - all that I do is write, and I am writing -- oh, so heavily and flounderingly - that which comes on the wings of Spirit with unutterable clarity. It can be done. It will be done. AND WE WILL DO IT.

Yes, we in Mentalphysics will do it. But am I writing the Truth? WILL WE? As you read what I am writing to you -- and my beloved, this is a personal message direct from the Center of Light if ever anything came to you this way - do you feel within yourself that you have courage to renounce all your own selfishnesses and pettinesses and non-essentialities and "FOLLOW HIM," the Lord who doeth all things well? You can feel that I am writing to myself equally as to you. I am sitting in judgment not upon YOU, for that is not my right (the only one whom I should judge is myself), but upon myself. Nevertheless I AM YOU and YOU ARE ME, for there IS BUT ONE.

THIS SPACE IS FOR YOUR OWN NOTES

(d) A Heart to Heart Talk

And now a final word. Have you "enjoyed" this Commentary? Has it made you think? Has it brought up within you the Fire of the Fire? Do you feel that YOU have your part to play, and is the desire in your heart to play your part a REAL THING with you? I hear, coming through the waves of the spirit, striking upon my mind through the waves of the eternal ether, a decided "YEA". Then we are one in spirit. . . . . Now remains the question, HOW can we bring this to pass? I, you may say, am only an ordinary human being. My Influence is narrow, I have little substance. I seem to be hemmed in by things that keep me back from doing what I would do. . . . My Beloved, that may appear to be so --- but it is NOT so.

IF you feel what I am writing very strongly, I repeat it is because of what you have learned in Mentalphysics. Mentalphysics has opened the well springs within you - and nothing else has. Therefore, if you desire that others should enjoy the same delights of mind and spirit as have come to you, is it not reasonable for you to begin with others where I began with you? I, as the Founder of Mentalphysics, sought you . . . how did you come into Mentalphysics - I do not know ; but just as I sought you and began to impart to you the mysteries, so you may bring in others to the Light of Mentalphysics that you enjoy.

This week devote all the time and energy and prayer and joy that you know in bringing others into Mentalphysics. This is the greatest blessing that you can give to men, is it not? Is there anything better that you can give? - you may give of your money to people, but to give them knowledge is better . . . and so on, and so on.

If Mentalphysics means anything to us, let us LIVE IT. Let us do ALL what we can do, knowing that what WE do is the seed of the greater abundance that follows automatically. If you truly feel that Mentalphysics is the greatest thing in your life, and that the blessings that you enjoy have their origin in Mentalphysics - from the point of view that Mentalphysics has taught you more truly how to live - then Spread the Light. Let this be a week for you to SHOW your gratitude. Mentalphysics our Mother needs all that you can bestow upon her - she needs money and all kinds of substances, joy and all kinds of energy, faith that will bring all things into fruition. Let it never be said of you that you withheld your hand when it was within your power to give . . . . no matter what it is that you can give. Enrich your life by showing others how to enrich their own lives. Become more successful by helping others along the way.

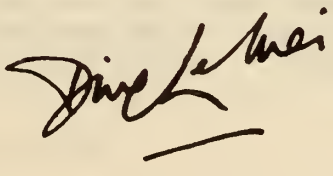
In a word, in the immortal words of our beloved Mother . . . BE HAPPY AND GIVE THANKS: May the Light of the Divine Wisdom show you not alone what is written in this Commentary in words, but may the fire of the Spirit that prompted its writing so quicken you that this may be a week of supreme joy and love and right activity and peace that passeth knowledge.

My peace I give unto you forever.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

DING LE MEI.

Written in Faith at
Los Angeles, California, U.S.A.



End of The Ninety-Fourth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

The Inner Chamber
of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY
95

THE WAY OF ATTAINMENT (11)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

I am writing this Commentary with my Heart to YOU. I wish that it would be possible for you to be here in Los Angeles with us on the occasion of our first Ten-Year Anniversary. Ten years! Yes, ten years ago that my first student came to me in Oakland, California. It happened in this way. One of the agencies - I think it was Dun's or Bradstreet's - sent a young man up to make inquiry as to my financial standing. I was working in my garden, a wonderful sunny California day. As the young man came down the path, I greeted him, and immediately "recognized" him. . I believe that he "recognized" me. Having given him the information he was seeking, I sat down with him on the garden steps, and within a minute or two we were talking philosophy. The time was two p.m. . . he left my study just before ten p.m.

As I look back, it seems like a dream. Years before this my Master in Tibet had told me that "There will come a time in your life when nothing will satisfy you but to teach!" For months before I had entertained friends in my living room with discussions and explanations on occult matters, but here was the first person who had asked me to teach him.

(a) My First Student

So we went to work. He used to come up to my study in Oakland and I taught him some of our breathings. I typed out a lesson and handed it to him, telling him what to do day by day. He came regularly to me twice a week, and sometimes our meeting would run well into the small hours of the morning. Three or four weeks after that, my second student came, and well do I remember typing out the lessons for them, with no small feeling of gratification. Then others came. I was as interested in these few students then as I am interested today in hundreds of students all over the world. Did I know what I was doing? Scarcely! I was teaching, but I was not conscious that I was a Teacher. The idea grew - I enjoyed the teaching - I reveled in the fact that what these students were getting from me were bringing good results to them - I was made happy in helping others, and my own joy increased the more enthusiasm I put into teaching them . . . they were great days!

And today as I look back, I repeat it seems like a dream.

THIS SPACE IS FOR YOUR OWN NOTES

Just a few weeks ago, "out of a clear sky", this first student came to see me in Los Angeles on his way to San Diego. When he saw the progress that Mentalphysics is making throughout the World, he was lifted on high - to him it seemed like a dream when he used to walk up the steep hill leading to my home for his "lesson." He could not find words to express his joy - he was "as proud as Lucifer" that he had been the first student in Mentalphysics. He rejoiced in the fact that, from himself as a single seed, Mentalphysics had grown to its present most gratifying proportions. At that time, of course, the name "Mentalphysics" had not been created.

(b) The Next Step - In New York

My mind goes back to my trip to New York. My first lecture, by invitation, was to the members of the N. Y. Psychological Society. It was a terrible failure, for I had "prepared" it. It left everyone cold. But at the end of the lecture, seven people came to me, all of them unknown to the others, asking me to "Teach" them. I consented. We hired a little room uptown, paid five dollars rental each evening for it . . by the end of the first week it had grown too small. Others came, and more, and more - thus was Mentalphysics born. I was compelled to acquire a classroom, and chose Steinway Hall, and as I look back to those days in Steinway Hall and that growing army of great souls who sought the Light through what I could teach them, my heart is exceedingly grateful. The "heart" that I speak of is the center of spiritual consciousness, as is the brain of intellectual. They took me to their heart - I took them to mine. How we worked! How we loved the work, and how greatly blessed we all were!

Then, when the time seemed ripe, I came out to the Pacific Coast again - this time to Los Angeles. I lived in Santa Monica, came in daily to my office and class rooms in the Trinity Dome in the heart of the city - but we were up in the sunshine . . . a garden roof, a beautiful circular room for our lectures and classes --- and Mentalphysics grew. In an outer sense - ups and downs, disappointments, heartbreaks, discouragements throughout the "depression" ; in the inner sense, the deep irrevocable belief that Mentalphysics had a great work to do and a growingly important part to play in the Spreading of The Light.

(c) Establishment of Home Study Division

We outgrew The Dome - where, then, to Go?

How we came into our beautiful home here - with its auditorium that will hold nearly a thousand, with pipe organ and all that is necessary for carrying on our work from the "church" and aggregation point of view . . . with its great three-storey educational building, and more than fifty offices and classrooms, the Senior Beacon room and the Inner Chamber, the Junior Beacon classroom and the Second Junior classroom. . . how we came here would make a great book, which someday may be written. Then the establishment of our rapidly growing Home Study Division, with students in almost every country of the world, and promises of world-wide recognition by the thinking people of the world . . . all this is the most inspiring story ever told.

Grateful? We have no words. The Divine Wisdom has guided our steps and used our energies in a manner that, ten years ago, would have been considered so fantastic as to be impossible.

It has all been one great glorious dream come true. (Again, let me say that I am talking to you with my heart.) Ten years ago, just one good student. Just going along, not knowing where . . . indeed, having knowledge of how to teach that was very scanty. Today, radiant and full of hope and confidence in the Divine Guidance to lead us on and on and on to the highest heights. Not without design does The Father write the music of our lives ; wise are we if we learn the tempo. By finding the tempo we become FREE. And the great comprehensive truths, written on every page of human history, are based on freedom. In Mentalphysics we become free from the ravages of time and from all negation of our own minds. In this freedom we find the sole security of human happiness. Freedom, too, has

THIS SPACE IS FOR YOUR OWN NOTES

no perfect security but virtue. Virtue's freedom is knowledge, and neither virtue nor freedom has any vigor unless established in the inviolable principles of Life Itself which Mentalphysics teaches.

Savonarola asked : "Do you wish to be free?" His answer is what Mentalphysics teaches us : "Above all things, Love God ; love your neighbor ; love one another ; love the common weal ; then you will have true liberty."

(d) The Home of True Liberty

And, My Beloved, true liberty is ours, here and now. We find it in service to The Whole (My Whole Body). Only this morning I received a letter from a student who sent in two enrollments for two of her friends ; the joy I felt as I read of the enthusiasm of this student was as great as that which came to me because two more had been brought into the fold. If you want to make a person happy, base your real urge upon some primary emotion! This student enjoyed the primary emotion of helping others - this is the tenth student she has brought to Mentalphysics . . . if YOU are not doing the same thing, you are not thrilled with the sense of everlasting Oneness that Mentalphysics has taught you. When you approach a prospective student you can declare to him - "Friend, I am offering you the Priceless Ingredient. A thing that is bought or sold has no value unless it contains that which cannot be bought or sold. I offer you this Priceless Ingredient." Your friend will doubtless ask, "What is the Priceless Ingredient?" You may reply - "My friend, the Priceless Ingredient of every product in the great market place of Life is the honor and integrity of him who offers it. For ten years Mentalphysics has been offered to the seeker. It is all beyond price. It will do for you what it has done for thousands. The question is, are you ready to receive the Priceless Ingredient?"

And the appeal of this Commentary goes to YOU to do NOW all that you can to bring in more students. My Beloved, as your Teacher I ask for your fidelity, for your loyalty. We in Mentalphysics should always be loyal to Mentalphysics, for only by our loyalty can our Mother's influence extend. A certain sober judgment linked with joyful enthusiasm and fearlessness should mark us as integral parts of Mentalphysics. We should be like the needle in the mariner's compass, not like the pendulum which within its limited range is always going from one extreme to the other.

(e) We Must All Do Our Share

During this celebration year I shall refer to this matter from time to time. Increase your own eternal joy by bringing others into the Light. Meantime I declare for you that the Wisdom of Life will make Mentalphysics stand out in your consciousness - the object of all your desires, the end of all your actions, the principle of all your affections, and the governing power of your whole life. To us Truth has come. We KNOW the Truth. "Know the Truth, and the Truth shall make you free." Well, My Beloved, we are free, and we should never rest until the whole human race is free in the knowledge of the Eternal Truth of Life as we are learning day by day to demonstrate it in our lives. Broadly speaking, an individual accepts Truth's verdict of freedom or man-made conceptions of life, which mean a sentence of bondage, and the nature of his acceptance determines the nature of his life and his experience.

How infinitely grateful we should be - and we are grateful, for having found in Mentalphysics THE WAY to freedom. So that you may thoroughly CONVINCE yourself that you are CHOSEN and of the ELECT, sit and think what your life would be WITHOUT Mentalphysics. We should be poor indeed. Having sat a little while and turned over in your mind the power of this great blessing we all in Mentalphysics enjoy, then turn your thought to OTHERS. There are people roundabout you whose hearts are aching just as yours was, just as mine was. WE MUST spread The Light - we MUST save the people.

THIS SPACE IS FOR YOUR OWN NOTES

I trust that this Commentary will bring to you the true feeling of a true Thanksgiving. You know what you feel at Thanksgiving time . . you are lifted up on high with gratitude. That is how we Nobles of The Light should feel all the time. Every day is Thanksgiving Day . . every day we are sure that we are going on further into the Light . . . every day we are sowing and reaping . . . every day we are giving and receiving. Every day we see to it that we contribute no discord to our environment, and if so unfortunate as to come into contact with it, we are no party to it. We ARE lifted up on high . . by every act of our life we set the example of poise, serenity and happy confidence in ultimate good. There are wars and rumors of wars - BUT NOT FOR US There is with us a passion that opposes pessimism with silent thought of divine optimism.

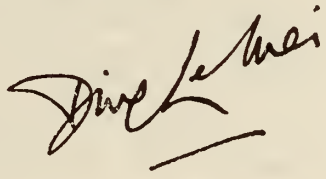
As we look around the world today, we can see that the present age not only suffers from many weaknesses resulting from the ignorance and wrong-doing of past generations, but has involved itself deeper and deeper in materialism, separating itself from the beneficent spiritual plane of its being, which has developed hitherto unknown diseases encroaching more and more upon the VITAL FORCE OF LIFE. . . . but this is not for us in Mentalphysics. We are FREE in LIFE ITSELF.

For us there is no bondage of any kind - we are FREE. We are as free as the tones and colors in Nature.

It is for us to appreciate this freedom from ignorance, for it was not always so. We Nobles of The Light have learned how to be loyal and true to yourself. You cooperate with the forces in which you live. You cooperate with men and with your God. You throw off the shackles of the past . . . you rise in the might of your own mind . . . you extend to your friends your invitation to our Fellowship with warmth of heart and open hand. At this moment, you realize that the Creator is within YOU reading these words through your eyes, . . . the Creator is within YOU pointing out the way . . the Creator is within you EXPRESSING THROUGH YOU . . . may you have the wisdom to recognize this truth, and, like all students who diligently learn how to work out their highest life purposes, realize continually how you may attain your inmost desires and hopes . . . NOMASTE.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

DING LE MEI.



Written in Faith at
Los Angeles, California, U.S.A.

End of The Ninety-Fifth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

The Inner Chamber
of the Science of Mentalphysics

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COMMENTARY
96

THE WAY OF ATTAINMENT (12)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

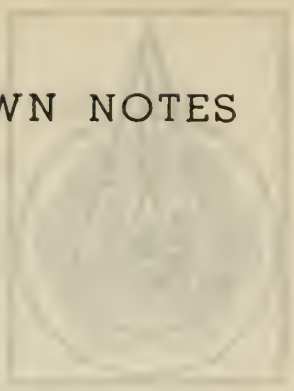
Greetings in The Bond.

I hope that you have studied and thought upon your last Commentary in such a manner that you are fired with inspiration to do all that you can for our beloved Mother Mentalphysics in bringing others into the Light. Everyone of us MUST realize that this is the ultimate . . forgetting ourselves for others.

I have for some time been interested in noticing several phases of scientific discoveries which appear to be quite new, but which, viewed from the point of Truth (or viewed occultly), are quite commonplace . . . . but most satisfactory nevertheless. Some years ago a student of mine, who was born in Sweden and was a most spiritual musician, developed such power in his physical body that the vibration set up by his own sound caused his body to throb in beautiful rhythm, and anyone standing near to him could feel the rhythm of the vibration whether he knew anything about the "mysteries" or not. Those who were spiritually tuned to him could easily read his mind and enter into a spiritual oneness with him that was quite remarkable. He told me that he was not able to do this at all times, but he found it necessary for him to go through his breathing exercises, and, in his breathing, he could tell exactly how strongly charged he was at any point in his breathing. Fully charged, he could experiment - the point I wish you to notice that breathing was necessary.

A similar experiment is being carried out in Europe by two young Czecho-Slovakians, who can use their bodies as radio-receiving apparatus. A most important article appeared some time ago in the "Die Koralle" of Berlin on this subject, and it may be that you have read a condensation of the article in the September issue of the "Magazine Digest". These two young Czecho-Slovakians have convinced coldly impersonal unimaginative European scientists of their ability to receive radio waves through the electricity in their bodies which can be heard merely with the aid of a loud-speaker. "No complex mechanism," says the article, "no tools, no instruments, or paraphernalia of any kind - just an ordinary loud-speaker. Moreover, they can choose whatever station in Europe their listeners wish to hear.

THIS SPACE IS FOR YOUR OWN NOTES



In my opinion this is a most important advance in the human understanding of sound. I quote from the magazine article :

"Being a somewhat sceptical newspaperman myself, I determined to conduct a few investigations on my own. I got in touch with a friend of mine who was acting as foreign correspondent for a German paper in Prague, and asked him about the authenticity of the reports. Fired by his enthusiastic substantiation of everything I had read or heard about these 'miracle-men,' I hopped a plane and flew to Prague from Vienna without a moment's delay. My friend and I arranged a joint interview with two well-known University professors, who had witnessed experiments of the living radio-sets and were convinced that there was no possibility of trickery involved. Dr. Ernest, chemist, chairman of the largest radio organization in Czecho-Slovakia, a courteous man about 55 years of age, and Dr. Jaroslav Schafranek, physicist, slightly younger, received us in the former's laboratory in the Chemistry Institute of the Prague University. We were surrounded by retorts and test-tubes and bottles; I felt immediately that here were two men who hardly gave the impression of people who could be easily duped by a clever swindle.

"'You are asking us for an explanation of something we ourselves can't explain,' were Professor Ernest's first words to us. 'But in any case the newspaper accounts are true.' He went on to tell us of tests he had made on the two young men with the voltmeter and the oscillograph: both of them showed a definite electric potential, one a stronger, one a weaker, so that it was possible, relatively, to speak of a positive and negative potential. Years spent in the practice of muscular contraction, it would seem, have created this electricity in their bodies, by which they are able among other things, to illuminate alternating-current bulbs.

"'What type of men would you say they are?' I asked. 'Frank Sykora is 21 years old, a welder in an iron foundry, and has never been out of Märisch-Ostrau in his life. Rudolph Vltavsky is 35, an engine-fitter in the same foundry. They are both poor, know little about radio in general and haven't tried to make a cent from their unusual talent. They scarcely seem the kind of men who would be able to conceive and carry out a hoax of such gigantic proportions.'

"'What precautionary measures did you take before witnessing the experiments?'
"'We searched their clothing, insulated both as much as was possible in that little room, made sure there was no hidden apparatus, and recorded the whole thing by phonograph. . .

"'And then. . . ?

"'And then,' broke in Professor Schafranek, 'music began to resound from the loud-speaker, we had brought with us ourselves!

"'They asked us what station we should like to hear, and we got them all in order as if we had turned the dial on a radio. As a physicist I say the thing is incredible, incomprehensible! And even if it is a trick, then the trick itself is a miracle!'

"We departed with the feeling that there were more things in heaven and on earth than were dreamt of in our philosophy. . . And as we packed our bags for the trip to Märisch-Ostrau we mused about the time when the whole radio

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industry would become superfluous and a simple muscle-contraction and thought concentration would bring us New York, Paris, Berlin. . . Eight hours later we were in Märisch-Ostrau, an industrial city of 125,000 people, where we were joined by Frank Kittler, the radio-dealer who had 'discovered' Sykora and Vltavsky. Soon we were on our way to watch one of the miraculous experiments with our own eyes.

"The modern three-story dwelling in the cellar of which the two young men conduct their experiments stands on the edge of the town near the great Witowsky iron-works where they are both employed. We entered the room; it is about 14' by 8', has a cement floor and plastered, unpapered walls, and is illuminated by two medium sized electric lights. One of the walls slopes a little, and is covered with strange caballistic symbols. 'That was done during some of their former spiritualistic seances,' said a local man who accompanied us, seeing me eye the queer letters and designs curiously.

"The room was almost bare of furniture, except for a few wooden chairs brought in for the occasion, a small sofa, and a table on which were several loud-speakers, devoid of any apparatus. I examined everything thoroughly to preclude the possibility of any hidden mechanical devices. And then the two 'mediums' appeared.

"Vltavsky, the elder, has a pale, furrowed face that bespeaks illness. Sykora also looks as though he were suffering from some malady, with his incredibly white face and lustreless eyes. Eight hours per day in an iron foundry doesn't seem to be doing either of them any good. A few words of greeting, one or two inconsequential questions and they took their places on two stools, then they began breathing exercises with which they always preface an experiment.

"First they inhaled as deeply as possible, and then exhaled very slowly; (at this period of the exercise their bodies seemed so relaxed that their chests threatened to cave in altogether.) Apparently the longer they breathe in this manner, the higher is their electric potential. At the end of twenty minutes or so light beads of perspiration began to form on their foreheads. Suddenly one of them reached towards his headphone, obviously to see if his body was functioning as a receiving apparatus. But he resumed his breathing exercises. A second attempt with the earphone, and he seemed satisfied with the results.

"Sykora grasped an electric bulb that was lying on the table, took the filament between his thumb and forefinger, extended his other hand to Vltavsky, who placed his index finger on the contact of the bulb. It lit up at the first touch. 'Now they are sufficiently charged with electricity,' said one of the initiated guests behind us. Several fellow-boarders of the two men had entered the cellar-room and were watching casually. They had seen it all a hundred times and were little impressed.

"I must confess that till now I myself was slightly disappointed. But when they began their experiments with radio reception a thrill of anticipation surged through me. The room was absolutely quiet. They held the loud-speaker contact in their left hands, and their right hands were interlocked

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thus establishing a conducting communication. I picked up one of the loud speakers - brought here previously by Professor Ernest - and waited. Suddenly it began to vibrate, and the room was filled with soft but perfectly distinct Czecho-Slovakian conversation. (Later we learned that we had heard part of the children's program from the local station). Sykora and Vltavsky released hands: there was silence again. But as soon as their hands touched, the program continued.

"'What would you like to hear now?' asked Vltavsky, obviously the mouthpiece of this strange pair, after we had listened a few moments longer to the station. As a matter of fact I felt so sorry for them that I would have been willing to take their word for the rest of the experiment. They made a pathetic picture with their perspiration-laden brows, their white faces and sunken eyes. But my companion was made of sterner stuff, 'Let's hear Breslau,' he cried enthusiastically.

"Renewed deep, labored, breathing exercises. Then: I take the loud speaker again, and the air is suddenly filled with beautiful music. The heavier Vltavsky breathes, the clearer the reception. Such depth of tone and felicity of sound! Every voice, every instrument could be clearly distinguished. Outside a thunderstorm was hovering over Märisch-Ostrau, but here was absolutely no hint of static. All of us who heard that music were wholly enthralled by its unusual, I had almost said, unearthly beauty. And somehow it did sound like a message from another world. . .

"Until the two men let go of the loud-speaker contact - and brought us back to reality."

* * * * *

This should be very interesting to us in Mentalphysics, especially to those of us who feel that we know that BREATH is ALL LIFE.

Let US charge ourselves so that we may be able to use the very Breath of us to DO in life that which we feel we desire rightly to do.

My peace I send to you.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

DING LE MEI.



Written in Faith at
Los Angeles, California, U.S.A.

End of The Ninety-Sixth Commentary,
Inner Chamber.

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COMMENTARY

97

THE WAY OF ATTAINMENT (14)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

I remember one evening, many years ago, sitting in judgment upon teachers. I felt that the work of the teacher would be far easier and productive of far more visible good if only he would make himself more simple. I felt that simplicity is essential to true understanding, and I am sure that you will agree with me that the greatest truths are the simplest, as the greatest men are of the simplest demeanor. Time went on, and I decided that, if ever I became a teacher, as my Master in Tibet told me I would become, I would teach things so simple that a child would understand them. Today, many years afterwards, with some years' experience behind me as a teacher, I still feel the same - that what the world is seeking is the simple understanding of the Creator and Creation.

Then, as I probably have remarked in your Commentaries before, I again sat thinking one night of two simple truths that would be all-embracive of the whole of Truth. . what were the two shortest simplest sentences that I could employ, as commands to the seeker, to portray the one simple idea of the way in which to proceed to understand the whole of Truth? Into my mind there came "BE HAPPY!" . . . then, as a natural corollary, "GIVE THANKS!" I believe that they are two of the greatest sentences that can be formed in the whole of the English language, no matter how many words you may employ. As advice - which is the cheapest thing to give - they cannot be excelled. As for true wisdom, no four words could possibly embrace greater wisdom. . . "BE HAPPY!" - "GIVE THANKS!"

I am writing this to you on the day after Thanksgiving Day, and I trust that yesterday you spent as happy a day as I was privileged to enjoy. I awoke in the morning, and before rising turned over in my mind some of the many hundreds of things for which I should (and I hope I do) give thanks . . . so many things rushed into my mind . . . I was filled with gratitude, but I noticed that those things for which I felt I should give greatest thanks were those that come to me continually but which pass, for the most part, unnoticed - such as my sight, my power to think, my power to feel, my power to judge and form opinions and decisions, my power to enjoy the light of the sun and moon and stars, my power of liberty and choice in everything that shall engage my thought --- and so on and on and on without cessation. My breath, my sensory powers, my thought, my hope, my belief, my firmness of decision and determination. As I lay there yesterday morning contemplating the mystery of Thanksgiving Day, and my own power to Give Thanks I was literally overwhelmed at the wondrous love of Life that flows ever me-wards . . . . and as a result "I am Happy." It must be the same with you. I defy

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anyone to sit and think for a moment or two on the matter without being lifted up on high in his own consciousness, and become increasingly willing to recognize the merciful essence of Life Itself towards every living thing. How wondrously are we made, but how much more wondrous that people like you and me, just ordinary "mortals", can grow to KNOW the "mysteries" and revel in our own kinship with the Lord of Life forever.

(a) Greatness the Essence of Simplicity

You must not think that, because I talk to you as one would talk to a child, that these SIMPLE things of life hardly justify my comment upon them. THEY ARE THE GREAT THINGS OF LIFE. These are the things that actually supply the lubrication to the wheels of life, for without them the wheels would soon cease to revolve. Our right education is to learn HOW to cause the eternal wheels of life to run so smoothly that we are transmuted into that heaven on earth which we all desire so strongly to know.

But some people - indeed, most of us - experience no difficulty in mentally understanding but do experience great difficulty in constantly FEELING these great principles, so that our consciousness is simply purged intellectually but not spiritually.

What do I mean? Well, as I was writing the above a special messenger brought me a letter from a Los Angeles student, and I think that parts of it will show you what I mean better than I can explain it. This student writes, in part :

> "Please may I take a little more of your time to tell you about the wonderful demonstration of healing that I experienced Wednesday night? I awoke Thanksgiving morning free from pain. I wanted to tell you about it immediately. . . . Of course, I know that to you this message about my sudden relief from the disturbance I have had for two weeks is not a surprise, but to me it is a great event in my life. At last I have the realization of the wondrous truth that you have been trying so hard these past weeks to make me understand that 'the Creator is within me.' I am so very thankful that I am beginning to grasp the meaning of this Divine Principle.
>
> ". . . And all my classes in college and all my degrees are as nothing compared to the joy I feel when I truthfully affirm 'WHATEVER THE CREATOR IS I AM.' Lessons nine and ten were meant just for me at this particular time when I was struggling and groping in the fog."

This student is a public school teacher, with many degrees and great learning, yet it was necessary for the realization of what is the simplest truth to change her whole life! And so it may be with YOU. Many people say, "Oh, yes, I have made some progress, and I am able to do more than I could do some time ago . . but I don't seem to make the progress that I should." How do YOU know what progress you should make? All that we have to do is to rest in the Lord, wait patiently for HIM, watching His Way, feeling the Truth, knowing the Spirit, living the Law.

Here is something from another letter brought in at the same time to me - it does us good to know what others are doing, for the Wisdom of Life can come to us from any direction - sometimes from the very simplest source. (One of the greatest truths ever opened in my own mind was when, draining my water from the bath tub I noticed that the water went down the drain in a sort of circle, from left to right - and try as I may I could not change it : it kept adjusting itself so that it drained down from left to right. That was in New York. Some years after I was watching the same thing in a hotel in Penang, south of the equator, and I noticed that the water would not drain that way, but drained from right to left, and I could not change it. What pulls the needle to the north?) Now, for this second letter - also dealing with Thanksgiving Day :

> ". . . All my life I have had cause to give thanks, and now I have an added blessing, for my hearing is perfect. I know that many of your students have

THIS SPACE IS FOR YOUR OWN NOTES

made more wonderful demonstrations, yet I tell you that nearly all my life I have been deaf. As a child I was very deaf in both ears. At the age of five, my parents, after consulting with our family physician, decided that I must have an operation, and then I would hear. As I see it now, it was somewhat of an instantaneous healing, due no doubt to my child faith, and of course the aid of the operation, for I do not remember being deaf again. . . . After I decided my school days were over I took up social service work, and it was then that I discovered the defective hearing in my left ear - however, with perfect hearing in my other ear, I gave it little thought. . . "

Then this student goes on to tell how she went through the world war as a nurse, with all the horrors of that time : how later she took a post-graduate course at "Mayo Brothers", and "was told that there was really nothing to be done" : and "after talking with you I knew that when I fully made up my mind that two perfect ears would be better than one I could do it - and IT IS DONE."

(b) Make Progress Slowly Through Incessant Practice

The lamentable fact of human life is that the great majority of human beings - almost ALL of us - are hypnotized into negation. What we need to do is to HYPNOTIZE OURSELVES INTO EQUILIBRIUM.

"I don't seem to make the progress that I should!"

WHY? Is it not because you do not understand and live the Law of Equilibrium - the equilibrium of the Creator? Swedenborg calls this the Law of Correspondences, which is a good term - though, so far as I have personally been able to discover, Swedenborg fails in showing us how to LIVE it. No matter what words we may use to define The Law, it is the same . . . in Mentalphysics we declare "Whatever the Creator is, I am:" and I feel that that is the absolute way of expressing to ourselves in consciousness what we truly ARE . . . all that we must do is to practise it, and so come unfailingly, in all that we do and think and say and know, to KNOW THAT I AM GOD.

When I was in Tibet I witnessed the magic of which my Master knew the mysteries, so that he could accomplish "unbelievable" things. Because I, after some years of faithful endeavor to Live the Law, am not able to do what he did, should I say "Oh, I am not making the progress that I should." I am making the progress that I do make, and have none to blame but myself for anything that I fall short in . . I live my life. But, looking back, I know today that I am able to do more, able to feel more, and able to know more than was possible to me twenty years ago. Which is the better part of Wisdom - to assail myself because I cannot do more, or to give thanks for that which I am able to do, knowing that it is MY OWN practice that will make me perfect as the Father which is in Heaven is perfect?

Is it not wiser for me to constantly give thanks that I now see, whereas before I was blind to, the Equilibrium of Life Itself . . . that I KNOW that I am God in human form, rather than to deplore the apparent fact that I cannot do what some others can do?

I daresay that, as I am thinking and writing now, so do YOU sometimes think about your own life. Sitting aside from your own life, so to speak, you can see many things that you wish were not there, and deplore the fact that much is not there that you would were there. Well, continue the practice of the Law, and the result is inevitable. You get up in the morning, and feel that Life is Glorious, and you intend that it shall be a perfect day for you. During the morning your joy is interrupted by something that you find yourself doing that you feel that you should not do, something that you unthinkingly say that you know you should not have said, something that you think which it is obvious to you would have been wiser for you not to have allowed to

THIS SPACE IS FOR YOUR OWN NOTES

come into your consciousness. Should you be disappointed? Not by any means! What you should do is to pull yourself still in your tracks, and declare "How foolish of me to do this, to feel this - to say this . . . I AM GOD IN HUMAN FORM. . . I give thanks that I am able to recognize these things today, whereas a year ago, ten years ago, they would have passed me by, and I would have continued to fill my consciousness with such ideas, but today I see the error of my ways. How thankful I am to the God Within Me that showeth me these things. It shall not happen again."

This way of thinking brings us strength, whereas if we deplore what experience we go through, that way lies weakness. We should be thankful for ALL that comes to us . . . knowing that slow, steady, reverent, patient, grateful PRACTICE of The Law brings us more and more into the Equilibrium of The Law.

(c) We Are God - Nothing Else Matters

I realize that I am not writing in this Commentary what I would write. But what I write matters little if it causes YOU to THINK on these things, knowing that "Whatever the Creator is, I am."

So I leave you in the great mystery of love. As you conclude this Commentary, you rest in your own divine spirit - "I am LIFE - I am Imperishable - I am INDIVISIBLE - I am ETERNAL - I AM GOD . . . I Give Thanks." Sit and rest. There will come into your consciousness the soft strains of the Celestial Music - all the poetry of life that you have ever known - all the joy you have ever felt - all the love you have ever conceived - all the Light that you have ever known . . . ALL THE GOOD (GOD) will overflow your soul, and you will be in the eternal peace. Oh, my Beloved, though you and I have never met in the physical form on this plane, we KNOW that we are linked in the Eternal Spirit of Life. The very words that go on this sheet are part of the magic of Wisdom. The throb of Joy that comes to you as you read is a part of the Love of Life Itself. We ARE linked in the eternal Oneness, and for this we are grateful.

WE ARE DIVINE, and we recognize our divinity as we are humble. If there were nothing of the divine in man, what would he be, after all, but a more intelligent animal? Do you think that a mere man wrote the best work of Shakespeare, or the sublime music of Beethoven? About all either of them did, after learning to get in touch with the Divine Source (the Law of Equilibrium) within them, was to listen to the poetry or music of that Inner Voice and write down what they heard. So is your life - so is my life. . . . truly to live merely requires that we wait on the Lord, ... "Reveal Thyself, O Lord of My Life . . Come! I wait . . . I Listen . . . I am still . . . I watch within me . . . and NOW I WILL TO SEE THE CREATOR WITHIN ME, MAKING ITSELF KNOWN TO MY CONSCIOUSNESS."

Therefore, My Beloved, on and on and on . . . and up and up and ever on and up - seeking the Pilgrim! May this week, as you contemplate this Commentary, be a week of transcending joy and bliss for you. No harm can come nigh unto you. You are bathed in Light. You lack for naught. ALL that is yours flows evenly and uninterruptedly to you, and you know the Great Peace. And from my heart to thy heart the mystic substance ebbs and flows - ALL IS WELL, for HE (than whom there is none other) doeth ALL THINGS WELL. I trust that you will be able to FEEL that which flows from me to thee, and when that Feeling is perfect, thy Heaven shall truly have come unto you.

Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The Ninety-Seventh Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

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COMMENTARY
98

THE WAY OF ATTAINMENT (15)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

It seems to me that the time has come for you to again carefully scrutinize your own growth in knowledge, remembering that there is no creature so beautiful as a man adorned by instruction. Though it does not in the present age seem to be so, the worth of instruction, like that of pure gold, passes current in every place. What you have learned in Mentalphysics has become a part of you, the very pulse of your life now and forever. And knowledge is the fruit of your life. You are exceedingly fortunate if what you have been instructed in has borne fruit in your own life, though I would say of good fortune - whether it be material or spiritual - as of ripe fruit, we must make the most of it while it lasts, . . for knowledge, like fruit, atrophies and is lost, if we do not USE it.

I was talking the other day to a person who was terribly afraid that he would lose his money . . . "I have saved and saved all my life," he said, "and now those human vultures will get it all from me." I endeavored to point out to him that the philosopher never "saves" . . . who can save? What can you save? God alone can save. What you and I have to do is to learn how rightly to USE that which we have . . otherwise, that which Jesus warned about will take place and we shall lose that which we have.

(a) You Are the Custodian of Life

In exhorting you to engage in silent scrutiny of your own life, constantly in grateful humility, I ask you always to remember this : THAT WHATEVER YOU HAVE, whether it be anything material such as money, anything spiritual, or no matter what the substance, YOU ARE THE CONSCIOUS CUSTODIAN OF IT.

And if you do not USE it you will LOSE it. When we REALIZE this, we can but feel that this is a very wise dispensation of Life Itself. Your consciousness is so tuned that you feel that then nothing can go "wrong", for if you use what you have and the effect of the using of it does not produce what you expect, then you must realize that it is simply because you do not know well enough (or do not use the knowledge that you have rightly enough, because you have not practised the use of it accurately enough) the LAW OF GOD, but have leaned too much to your own understanding. TRUTH is an immortal and eternal thing - and TRUTH is in everything, whether it be gross things like money

THIS SPACE IS FOR YOUR OWN NOTES

and all the things of commerce of which money is the symbol, or whether it be spiritual and subtle substance like harmony and music and love and joy.

WE ARE CUSTODIANS OF ALL THINGS. The Truth of ALL things is eternal, for all things live in the law of themselves, and Truth bestows not a beauty that time will wither, nor a knowledge that can fail, but only things just and lawful, from which it divides all that is unjust. Truth is Light and Wisdom, and instantaneously divides and destroys all that is dark and ignorant. Truth comes to you through your right thinking, through your mind : As in walking, you take care not to tread upon a nail, or turn your ankle, so likewise we must take care not to hurt the ruling faculty of your mind. And if we were to guard against this in every action, we should enter upon action more safely.

I am reminded of the Wisdom of Epictetus in his discourse concerning the comparative condition of the philosopher and of the crowd. "The first difference," he says, "between one of the crowd and a philosopher, is this : the one says, 'I am undone on account of my child, my brother, my father;' but the other, if ever he be obliged to say 'I am undone,' reflects and adds, 'on account of myself.' For the Will cannot be restrained or hurt by anything to which the Will does not extend, but only by itself. If, therefore, we would always incline this way, and whenever we are unsuccessful, would lay the fault on ourselves, and remember that there is no cause of perturbation and inconstancy but wrong principles, I pledge myself to you that we should make some proficiency. But we set out in a very different way from the very beginning. In infancy, for example, if we happen to stumble, our nurse does not chide us, but beats the stone. Why, what harm has the stone done? Was it to move out of its place for the folly of your child? Again, if we do not find something to eat when we come out of the bath, our tutor does not try to moderate our appetite, but beats the cook. Why, did we appoint you tutor of the cook, man? No; but of our child. It is he whom you are to correct and improve. By these means, even when we are grown up, we appear children. For an unmusical person is a child in music ; an illiterate person, a child in learning ; and an untaught one, a child in life."

(b) "I Am Undone On Account of Myself."

That is true wisdom. Whatever comes into our life is our own doing, though I admit that it does not appear to be so, nor is it easy, as we review our own life as we personally feel it should be reviewed, to ADMIT to ourselves that whatever comes into our life WE have brought. But it is true nonetheless.

Of course, one may say that I am affected by the stars . . another will say that the sunspots affect me, and my life is what the COSMOS makes it. Yes, that is true - yet NOT true ; for WE are the masters, and we are to live and learn that WE actually (the whole collective thought of mankind and of the universe) make the universe what it is, just as my individual thought makes my individual life.

Speaking of sunspots, one has to admit that the sunspots influence human behavior, I was interested recently in reading a book by Dr. Harlan True Stetson, astrophysicist of Harvard University and the Massachusetts Institute of Technology, entitled "Sunspots and Their Effects," in which he claims that business fluctuates up and down in more or less regular cycles of about ten years, and that sunspots fluctuate in numbers and in intensity in more or less regular cycles of a little over a decade's duration. He claims that with variations, in sunspots, the sun is known to vary the quantity and quality of its radiations sent to the earth. Variation in radiation, particularly in the ultra-violet, is known to be capable of profound biological and physiological changes (effect on plants and animals, and of course on all organized life forms).

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These variations in ultra-violet light of the sun are known to be accompanied by changes in the earth's atmosphere, with corresponding changes in the ions of life, which are productive of changes in the essential substance on the material plane of all life forms. The author of the book says that certain plants increase their vitamin contents when exposed to ultra-violet light, and we know that vitamins play an important part in the physiological functioning, particularly in regard to the functioning of the ductless glands.

So we see that sunspots affect the moods and emotions, affect the secretions of the ductless glands, and so Dr. Stetson claims (and rightly without question, as affecting the great masses of mankind) that sunspots are responsible for everything affecting the lives of human beings - buying and selling, fluctuations in commodity prices, births, marriages and deaths, and all activities of the whole human family.

One cannot deny the truth of this. But when WE, the Masters of Life, come to be able to FEEL the truth that "Whatever the Creator is, I am," then we are no longer affected by exterior conditions of climate or anything else, but we KNOW ourselves to be GOD -- and that is the highest Truth of Life.

(c) Look To Thyself for All Help or Harm

There is so much that we DO NOT know yet, is there not? But we are on our way, and the more we live in the inner plane, gaining knowledge from the inner which we put to the test, through right activity, in the outer, the more we come to the glorious REALIZATION that "I am God" and am not subject to aught below my own Essentiality.

The condition and characteristic of a deluded person, one who does not understand his true nature, is that he never looks for either help or harm from himself. He looks only at externals. Circumstances, environment, the "outer" all the time. Whereas the condition and characteristic of the philosopher is that he looks to himself --- knowing that he is the Creator in human form --- for all help or harm. The mark of the proficient man is that he censures no one, no condition, no circumstance ; he praises no one, he blames no one, accuses no one. When he is hindered, he blames himself --- it is because he DOES NOT KNOW ENOUGH, and so determines more and more to right practice of The Law. He knows that the "fear of the Lord is the beginning of wisdom," and so goes about with caution, wise as a serpent and harmless as a dove. He restrains his own desire, and watches the course of God's Law. He transfers his aversion to those things which thwart and abhort the proper use of his own will, and keeps watch over himself as he would over an enemy and one in ambush. He is ever the Silent Watcher.

And so, My Beloved, as week by week we study our Commentaries we must realize that Rome was not built in a day . . patience, dear heart, patience . . . . and Hope . . and Prayer without ceasing, . . . and the courage that causes us to dare to be silent.

As we look out today, no matter how little we may know about world affairs, we can see that man is faced with the colossal problem of transforming a chaotic world into an orderly one. Theories advanced as solutions abound, but man himself does not seem to be able to find the root of the trouble. Most of the theories which would introduce reforms strike at the externals of life, and few seem to acknowledge that it is no more possible to consider the true interests of man - economic and material, mental, spiritual - as separate and unrelated as it would be to consider the working of the population on a modern liner, as unrelated, or the economic existence of the farmer as disconnected from that of the manufacturer. But the great majority of mankind are dominated by the attitude of "separation" - human beings separate from each other, man separate from God -- that chaos and disorder in such an attitude of mind must ensue.

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The only alternative to this chaos is a new world order - born of KNOWLEDGE - based on the fundamental reality of the unity of mankind, and the Unity of Life Itself. The attitude of separation is opposed to reality ; the attitude of unity and universality harmonizes with the actual conditions of the world.

It is for us in Mentalphysics to become pioneers in universal thought - submission to God in a scientific manner. The only solution to man's dilemma is in his complete submission to the Wisdom of Life, and to the divine plan, which has never changed and cannot change, for the unification of the human race as revealed through the Higher Ones, the prophets of life, and the mouth-pieces of Divine Law.

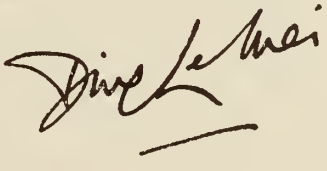
To those who have eyes to see it is so clear why all this trouble in the world today, and throughout man's history. Man is made in the image of God . . yes? When is a horse, a violin, a dog, a tree, preserved in existence? While each fulfills what its nature implies, while it is true to itself. Man has departed from his imageship, and so his life is filled with "troubles", and this must be so, for our lives are governed by the same law that makes water flow downhill and never up.

While I may seem to be using many words in this Commentary, I am sure you will agree with me that the average man rarely thinks of WHAT HE REALLY IS. Can YOU imagine yourself in a state of consciousness of the average man who believes that he is separate from Nature, separate from all other organized life form, separate from the Lord of Life, . . . separate, individualistic and --- consequently LOST ? You CANNOT imagine such a state of mind. Yet there are millions, ignorant of their own true nature, who believe that THAT which WE know ourselves to be is something away from them, far off and separate. Think what a change has been brought about in YOUR life since you KNEW that you are God in Human Form. Then IMAGINE what a change will come when ALL men know that they, too, are God in Human Form? Why, it staggers the imagination.

But that time is not yet. Man holds on to his own darkness. Until he has suffered enough, and hungered and thirsted enough, and banged his head against the brick wall of experience enough, he will not learn the TRUTH of his life.

Therefore, we who know must REALIZE our own immortality . . we ARE immortals among mortals. (Think much over what is in this Commentary. Read it and re-read it, and with every creative thought that comes from the reading of it, Give Thanks and Be Happy.) This shall be a week of profound peace for you . . no harm can come nigh unto you. YOU ARE THAT. Peace be unto you.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The Ninety-Eighth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY
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THE WAY OF ATTAINMENT (16)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

I write this Commentary as the end of the year 1937 draws near. At New Year Time we are always apt to look with a good deal of interest into what has passed, as we look forward to the New Year with hope. Hope is an amazing human quality. In the final analysis hope proves man deathless. Hope is the struggle of the soul, breaking loose from what is perishable and attesting her eternity. Hope also has some brave companions - Humility, and Penitence, and Joy, and Beauty, to name only four. While we know that there is no time, and that what is called the New Year is merely a measure of man's mind, it is nevertheless a fitting thing to stand and ponder one's path. What has gone we are familiar with already, . . what is to come we know not, though in our minds we are able to picture, and we do picture, greater things than have already gone. Hope rises triumphant, and beckons us onward, and hope is the magic artist that rises eternally in her eternal work of inspiration.

As <u>each day</u> is New Year's Day, let us reason together.

At this New Year, then, let US look at things as we think we know them. What of the year that has gone? Can you truthfully affirm, and does the affirmation bring you great joy in declaring that the year that has past has been a year of increased knowledge? . . do you feel that you have learned something regarding the laws of your physical existence? . . are you happier and more contented in the knowledge that you know a little more truly that you are God in human form? . . . do you feel that, with your own life, there is much more knowledge of the ordered Law of Life Itself than there used to be, and, with the life of man in general; that you see more clearly the causes of his unrest and general chaotic understanding of Life?

<u>(a) Let Us Answer With A Confident "Yea!"</u>

I hope with all my heart that you can answer with a distinct and conquering "YEA!" Surely, with every one of us Nobles of The Light, it <u>must</u> be so. Surely we can gratefully declare that we are more than we used to be, do more than we used to do, and consequently KNOW more than we used to know . . . and that we DO GIVE THANKS. As we have gone along together during the year that is gone, I doubt not that at times it must have seemed that Life was still somewhat non-understandable, with all its ramifications in the outer spheres, but there must at the same time have been many occasions when your heart lifted you up in song for the growing knowledge slowly vouchsafed to you, and for the increased Wisdom that moves and rules your life.

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If I were you, I would carry out that analysis and scrutiny that you were advised to undertake in your last Commentary. We learn much by looking outward, but how very much more when we look with scrutinizing justice within. Self-scrutiny teaches us justice . . teaches us that there is nothing juster than absolute justice - and as we practise justice to ourselves, so we know a wider justice for every other living thing.

I would suggest that you honestly and reverently place yourself before the bar of your own justice in three different ways -

First - THE PHYSICAL YOU - During the past year, have you improved physically? Is your physical body stronger, more an answering servant to your Higher Self, more lithe and pleasant to look upon, more tireless and painless, and so on? Are you younger than you were a year ago? - you should be!

This question of YOUTH is preeminently important. Why? Because the outer man is a picture of the inner, and your face an expression and revelation of your whole character. In the outer realm of life, the appearance of me is what others see and consequently think of me; and what they think of me is important to me because their thoughts affect me. Have you ever noticed how anxious people are to see someone who has made himself famous, or the author of some extraordinary work - they clamor to get a glimpse of him, or to learn from others what he looks like. How important this is (for example) to the movie star . . . how people flock into Hollywood merely to see the movie stars, and are often quite content to look at the homes in which they live. So with you and me - we must look the part of Mentalphysics in relation to YOUTH, particularly in our faces, and if we succeed in keeping the face looking youthful we succeed altogether, for the face of a man gives us more accurate information than his tongue in this regard. A man's face is a compendium of all that he will ever say, as it is the one record of all his thoughts and actions. And, as pessimistic Schopenhauer once wrote somewhere, the tongue tells the thought of one man only, while the face expresses a thought of nature itself. And if every individual is worth observation as a single thought of nature - or an idea of God - how much more so is Youth (and all its attributes : beauty, strength, love, fire, speed, power and confidence and so on), since Youth is the highest conception of Life Itself. Therefore, BE SURE THAT YOU ARE YOUNGER! . . . And YOUTH, of course, embodies all that makes for the true expression of LIFE, for it is Life's first reflection.

Second - THE MENTAL YOU - During the past year, have you improved mentally -- that is, are you happier? . . are you more vigorous and confident in your thinking? . . is there greater hope, greater joy, greater understanding, keener creative thought, greater reasoning powers, greater ambition, more true operation of intellect and so on? Greater courage, tranquillity, less fear, less anxiety and concern about things that seem to directly affect your life through your own thinking, and those things which seem to affect you because of a wider outlook into life?

Our own true wealth, of course, is in our mind, and as a country is fortunate that requires few imports, so the happiest man is one who has enough in his own inner wealth. Have YOU come to expect little from the external world - less than you used to expect ; if so, you will know what I am writing, and will know already that which it is not necessary for me to write to you regarding this apparent paradox. What a man IS contributes much more to his happiness than what a man HAS, or how he is regarded by others. We hear people say : "He enjoys New York" ; and also "He enjoys himself in New York." Better to enjoy Life and know that you are Life than to enjoy one's self in life. To a man possessed of an ill-conditioned individuality, all pleasure is like wine in a mouth made bitter with gall.

Third - THE SPIRITUAL YOU - Can you declare and know that you have entered into THE GREAT PEACE, which passes all understanding? I will not speak of it. I write you to think of it and give thanks for it.

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(b) Let Us Hypnotize Ourselves Into LIFE!

Better far to be than to have, but when we ARE we attract to ourselves all that which we need - and so HAVE all, giving what we have to have even more. And it is a matter of right thinking all the time, is it not? . . . a matter of hypnotizing ourselves into that state of mind that sees things as they truly are.

In reference to my remark concerning the HYPNOTIZING OURSELVES into the right frame of mind, I was interested in reading recently that a murder convict in Chicago willed himself to sleep. He could not be awakened, and the atrocity of hanging him took place while he was yet asleep. Sometimes people "will to die" . . . and of course they die. In the report to which I refer I read : "Such things have been taken to be remarkable exceptions to the normal powers of human beings. But now, from England's foremost university, comes a statement by the Director of the Institute of Experimental Psychology that anybody can hypnotize himself or herself, into doing the exceptional." We in Mentalphysics either know this already, or have to learn it - we are constantly hypnotizing ourselves . . into poverty, then we are poor ; into ill-health, then we are ill; into success, then we succeed. Before anesthesia was known, people hypnotized themselves (though they did not know it perhaps) before they underwent operations. By hypnotizing one's self, we can cure the mind of all its ailments, but not very many know that hypnotism can be self-administered.

"Hypnotism," said Dr. Brown, of Oxford, "is basically, an effort of the will to break the nerve circuits, during which time suggestion can be practiced. By putting himself under self-control, a person may be able to cure many ailments and solve many everyday problems. How can the mind cure its ailments by self-hypnotism? All that has to be done, according to the eminent doctor - and we in Mentalphysics know it to be true is to "concentrate your mind on a point on the far-distant horizon. Relax your muscles completely and start saying to yourself, 'I am getting drowsy'."

And he continues: "The best way to accept one's own hypnotism is to lie on a couch and breathe rhythmically, or to relax in a chair and stare steadily at one's eyes reflected in a mirror. In releasing the muscles, one begins with those of the toes and hands, and works up to the face and back which it is most important to have resting. The patient should lie thus quiet for a period of time ranging up to an hour. It is possible, in the trance-like state thus induced, to 'visualize' personal success.

"While in this state you must make suggestions to yourself of increased powers - such as you will have a good night's rest tonight, or you are going to make a speech tonight without stammering. You can do that without harm to yourself and with great benefit.

"The thing is to tell oneself what to do. There is no sense in specifying what not to do. This seems to indicate that it is easier for the mind to follow, than to keep itself from following, an indicated course. Of course, hypnotism cannot force one to anything he or she does not want to do. By means of hypnosis it is also possible to change a mental attitude about something, such as being afraid of dogs. It is even possible to increase concentration above normal. The 'will' to ignore noises or outside disturbances can often be observed at work in oneself. One way of not being distracted is to concentrate on the work at hand. Thus many a pianist will forget the cold room, or an artist the gathering darkness, in the passion of what he is doing.

"Of such simple materials, apparently, are the principles of hypnotism formed. A removal can be effected of unhealthy restraints, conflicts, doubts and fears. Personal

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failure, for instance, can be made to lose its 'bugaboo' character for one by monotonous self-persuasion. The 'down and outer' can hypnotize himself into believing he is a success; and once this is done success may soon follow."

All this, of course, is not new to us in Mentalphysics, for we have our secret in meditation. It is interesting nonetheless to see that forward-looking medical men are coming to see the power of the mind -- and Man IS Mind, he is what his thought is.

Let us ponder these things in our heart. May you know Peace forevermore.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The Ninety-Ninth Commentary,
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COMMENTARY
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THE WAY OF ATTAINMENT (17)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

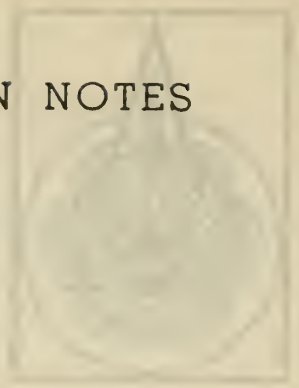
I wonder whether all of us in The Inner Chamber of Mentalphysics truly realize what a priceless possession has come our way. I do not wish to mould your personality - that you will do through what you learn, and through what you do ; but as for myself I find that the more experience I go through the more inclined am I to the essential simplicities of life. I am compelled more and more to stand in wonder at the BEAUTY that shines through all that comes to me. My life is increasingly filled with sunshine as I realize the very MAGIC of the very mechanism of Life's Laws that bring me the countless blessings that flow to me, unfolding as they come the eternal BEAUTY of Life.

Beauty is the image of the infinite. Time was when I looked for beauty outwardly; now I know beauty to be within, and not elsewhere.

"Where shall you seek beauty, and how shall you find her unless she herself be your way and your guide?" Here lies the secret. During this week I counsel you to seek her within your own heart, and as your mind will rest upon one point of beauty in your own life, so will another be unfolded, and another, and so on without end, for ALL LIFE is embosomed in Beauty. What wisdom lies in the earth, truly the reflection of heaven! What things of beauty come out of the earth! As we contemplate Nature and her work, the voice of Beauty yields to our silence the song of joy in exactly the same way as Beauty comes with the dawn, and as we see her through the windows of the sunset. Roundabout us we see Beauty dancing over the earth in the spring to the shimmer of a thousand colors, leaping upon the hills in her strength. In the summertime, toilers and the wayfarers rest at noon to gaze upon Nature growing beauty, promising the full bounty of the autumn. At the turn of the summer, when the autumn leaves strike the earth, and when the harvest is gathered, soon there will come a drift of snow as the promise of rest and preparation for another journey.

All these things you have seen and thought about, but you and I now know not only HOW Life expresses itself, but WHY. A mechanic knows how, the engineer knows why ; a soldier knows how, the general knows why ; the average workman knows how, the superintendent knows why. The great masses know how Nature unfolds, you and I know why. Savages used to watch other savages make a fire by rubbing two sticks together. Then they would repeat the process and produce the same reaction ; they merely imitated, they did not know why. One day a thinking man analyzed this process, and learned why friction produces fire ; that was the beginning of our modern match . . . You and I

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know what our latent capacities and possibilities are, and wise are we if we know why they exist, and that they exist within us, embosomed in the infinite beauty of that Eternal Life which we truly are.

And not until we realize BEAUTY do we fully understand. When you look upon Nature at work and marvel at the beauty of a sunrise or a sunset, a wide outstretching landscape or a sweep of the open sky or sea, you are not looking so much at "Beauty" as at needs of the soul unsatisfied. "Beauty," wrote a great soul, "is not a mouth thirsting nor an empty hand stretched forth, but rather a heart enflamed and a soul enchanted. . It is not the image you would see nor the song you would hear, but rather an image you see though you close your eyes, and a song that you hear though you shut your ears. . . It is not the sap within the furrowed bark, nor a wing attached to a claw, but rather a garden forever in bloom and a flock of angels forever in flight. . . Beauty is life when life unveils her holy face, but you are life and you are the veil."

How beautiful the thought in those words! Yea, beauty is eternity gazing at itself in a mirror, and you and I are eternity, and you and I are the mirror.

(a) The Secret of Resting in the Beauty of Life

Quite obvious is it that we can never come to our Home until we know Beauty - therefore, we should ne'er see aught but Beauty. We know that there is naught but God, and when our eyes are trained, through seeing, rightly to see, then come we to KNOW that there is naught but God, and we are God; there is naught but the All, and we are the All in human form, that there is naught but the One - and in the loving arms of the One we rest eternally in the embrace of Life.

But how are we to remain resting in The Law, you ask? Ah, Candidate, that is indeed the question.

No answer have I more concise and true than in these simple words -- BE HAPPY, GIVE THANKS, HAVE NO TONGUE ; and the first two depend for their unfoldment in the life of you and me upon the latter. How hard a lesson it is to learn to Have No Tongue! Through practice we have to some degree attained knowledge through following this great law. Maybe we have discovered that when we talk we cease to be at peace with our own thoughts . . . that when we can no longer dwell in the solitude of our own heart we live in our lips, finding sound a diversion and a pastime. Few people realize that in much of their talking, their thinking is half murdered. Some people love to talk for fear of being alone, for the silence of aloneness reveals to their eyes their naked selves, and they would escape.

But, as we silently watch human beings, we recognize always the great soul because of his cautious trend in speech. There are those who have the truth within them, but they tell it not in words, yet they know that within them the Spirit dwells in rhythmic silence. And this is how we Nobles of The Light should be . . . when we meet our friend, the spirit in us should move our lips and direct our tongue, for then the voice within our voice speaks to the ear of his ear, and the truth of our heart will remain in his soul, long remembered, as the taste of good wine after the color is forgotten.

We all realize that we should live our life as if in the presence of Life Itself - seeing, hearing, speaking, knowing no evil . . . seeing only God, hearing only God, speaking the Word of God, only knowing God. No phase of life expression will help us along the road of right practice more than right speech. The clever man, when he converses, will think less of what he is saying than of the person with whom he is speaking ; for then he is sure to say nothing that he will afterwards regret ; he is sure not to lay himself open, nor to commit an indiscretion. But his conversation

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will never be particularly interesting. An intellectual man, as Schopenhauer has remarked in his Essays, readily does the opposite, and with him the person with whom he converses is often no more than the mere occasion of a monologue ; and it often happens that the other then makes up for his subordinate role by lying in wait for the man of intellect, and drawing his secrets out of him. Thus, as we grow into the practice of knowing that we are always in the Presence of Life, our influence widens among others, we spread more Light, and by using what we have add to our own power to use it.

"Talk health : the dreary, never-ending tale
Of mortal maladies is worn and stale.
You cannot charm, or interest, or please
By harping on that minor chord, disease.

"Talk happiness! The world is sad enough
Without your woes. No path is wholly rough!
Look for the places that are smooth and clear
And speak of those to rest the weary ear."

(b) Your Hope Is The Echo Of Experience

I feel that sometimes it is easy to write to you in your Commentaries - when the ideas that form in the mind are those of Experience it is with ease that the words come. But when the ideas that form in the mind are brought in by Hope alone, without any actual experience in actual outer activity and expression, I find difficulty in formulating them - though I may never have felt so sure of what they mean. You will notice that as you contemplate your own life, certain aspirations will take shape because of something that has gone before in your life, and because of this experience which seems like a seed from which you know full growth may come - you are fired with pictures of what you believe you can achieve. You may be sitting still . . you seem to float away from ordinary consciousness into something much more refined and sharp . . in your mind you are doing the things that you are "seeing", and then, when you come back again you notice that over the whole body of you there has come a glow of radiance that you fully understand but which you cannot explain. This shows you how you may benefit on the lower planes of existence by recalling on the higher planes the effect of the experience that has gone before.

At other times you may be sitting still, and into the mind there will float pictures and impressions and visions of things of which you have no practical conscious knowledge ; and, though everything will be perfectly clear and sharp, you realize that you have had no actual experience, but you are held spellbound by what you see . . . it may be the making of something new, it may be the deep thrill of something that you have never felt before, and so on. Yet, as you watch it in your mind, you feel that it surely is too good to be true. . . "It cannot be possible!" . . "It is transcending!" . . "Why, I never saw anything so wonderful . . ." ---- and then you "come back" and the picture is gone, though its memory lingers on and gives you hope (for it was Hope that introduced the picture to you). These pictures are the ones that you should watch for.

I am often asked "I saw such and such a thing - what is its meaning?" My Beloved, who knows but you - YOU know, but all that is wrong is that you do not know that you know. What you have seen or felt or in any other way experienced is the echo of experience in the past. You do not fully remember it because you did not undergo the necessary experience and activity to bring it into actuality in your life. But to the exact degree that you did have experience, so you know it now ; and the way for you to develop greater knowledge of it is by watching in your mind its action when it comes.

THIS SPACE IS FOR YOUR OWN NOTES

Well, what is the VERY HIGHEST that you have ever visualized of Life? Ah, you will say, I have visualized indeed the very highest of all! "I can visualize a state of existence on this earth where there shall be no more war - no disease - no pain or human misery and woe - no corruption whatsoever anywhere. I can visualize heaven on earth, when ALL men shall realize that 'I AM GOD'." . . . Well, My Beloved, these are the pictures that you should dwell upon in the cadence of the deep silence of your own spirit. For, who knows but what YOU are to be the Savior of Mankind? - a great leader and teacher . . . a chosen one for the spreading of the Light to millions . . a great regenerator and transmuter . . . a holy Sun (Son) of Righteousness?

Therefore, waste not your hour! As the New Day breaks with every moment, with every breath, for you know that there is a reason for me writing like this to you, as there is a reason for you to read with sincerity and humility the message that comes direct from the heart of the Eternal.

(c) Do Your Part - Leave the Rest

EVERY DAY and every hour of every day DO what you can do. The agency through which you may work is the channel through which much has already flown to thyself -- that channel is Mentalphysics. Oh, how we are blessed! Right now Mentalphysics is spreading her sacred light to the ends of the earth. The day will come, after you and I have been tested for our sincerity of purpose and integrity of heart, and when we have PROVED to the Higher Ones who direct our ways that we are worthy, when Mentalphysics shall be the Living Word of Life to millions of men and women now on this earth. The time will come when we shall count our earnest ones not by hundreds but by hundreds of thousands, and the sweet melody of the Voice of Our Mother shall resound throughout the Cosmos.

In this great world movement of Mentalphysics do you realize what part you are to play? Are you CHOSEN? . . . or are you to find yourself in your next incarnation, if not in this, to be still the shrivelled seed on the border of the field of harvest? . . . Oh, My Beloved Noble of The Light, work while yet ye may. Work for your Mother! She needs more and more of everything. She needs substance and right administrators of the substance, so that it may multiply for good for all time and until time shall be no more. She needs money, for it is symbol of power and capable of infinite good. She needs worthy sons and daughters who will rise up and, ever working for her purification and protection, call her blessed. We shall want more buildings - schools for the children, homes for the fatherless and motherless, workshops for the new workers who will found industry on Love, all kinds of equipment and materials, -- all the forerunners of the building of our New City of Mentalphysics. My Beloved, this is no idle dream - we are on the threshold, and only lack of faith in you as an integral part of the great whole can keep back our progress . . . and not for OUR glory, but for the glory of Our Father Which Is in Heaven.

So, thou Noble of The Light, arise in the majesty and the magic of thine own power for good . . . arise and SHINE, for Thy Light IS COME!

Do something big for Mentalphysics this week, and in doing so be grateful, and above all BE HAPPY! Peace be unto you, for Peace is within thee - and Beauty - and Joy forevermore.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope

Written in Faith at
Los Angeles, California, U.S.A.

End of The Hundredth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY
101

THE WAY OF ATTAINMENT (18)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

As I hand to you your Hundred and First Commentary, I wish to compliment you upon your zeal - you could not offer me any greater gift than your appreciation of what Mentalphysics means in your own life. I know what it means to remain steadfast in anything that we undertake, and the fact that you are now entering upon the "second hundred" is proof to me that you are established, and that I am safe in opening my very soul as week by week I impart to you knowledge that you may use with increasing power in your own life. I feel now that, no matter what I may write, you will be gripped at once by the Spirit as well as, possibly, by the letter of the message. In a few weeks I shall commence another stage in taking you on to more advanced practices in Mentalphysics, and I would that you could make these weekly Commentaries your inmost strength on your Way of Attainment and Mastery, so that you may be ready.

Of course, I would that it were possible for all of us Nobles of the Light - whether we live in Africa, Australia or the United States - to meet physically together in the beauty and solemnity of our sacred Inner Chamber at The Institute ; but that is not possible, unless you make Thursday evening (between seven-thirty and nine-thirty Pacific Standard time) your own holy time alone in your own home. However, my own personal experience has been . . and I have noticed it repeatedly . . that when I truly desire anything with all my heart, the apparent obstacles are removed so that it shall come freely to me. Therefore, though you have never met your Teacher on the physical plane, realize that you may come into the most sacred spiritual contact with him through your Lessons. All is well.

(a) You Are Beyond the Kindergarten.

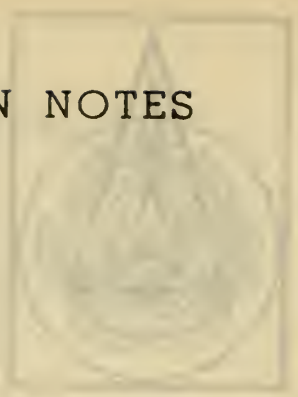
There is no need now for me to talk to you as was necessary at the commencement of **Mentalphysics** :

* You have gone beyond the kindergarten stage.

* You have ceased to look at Life through a glass darkly, but you know now that, as a philosopher, you need no longer be concerned about the materialistic side of life - for ALL substance is yours.

* You have no fear that Life will "let you down", for you ARE the Master.

THIS SPACE IS FOR YOUR OWN NOTES



* YOU HAVE COME INTO THE KNOWLEDGE THAT YOU ARE THE MASTER, and that, though you may still make mistakes because you have not yet practised The Law sufficiently, you **are** definitely on your way to MASTERY.

* You know that you are the Silent Watcher, and the more perfectly you watch the operation of The Law, the more perfectly will you be able to DO the Perfect Will of Life.

Therefore, I am to assume, as I DO assume, that you and I are workers in the "vineyard" - all our life activity and thought are devoted to the WHOLE, not the detached part. Still, we may from time to time be disappointed. What we do, though with the clearest intentions in the world of achieving a definite object and result, may not bring that result. WHY, we may ask of Life? . . . . We have to learn that "God's ways are not always our ways." Some of the greatest men who have ever lived have not seen and known the EFFECT of their work.

I know that this is a hard lesson . . we naturally wish to see and know the good effect of what we do. But why should we worry - if we do all that we can do, then it is not wisdom to look for the result. If we give, we should not tarry to listen to the message of thanks from the giver, for in that way we belittle ourselves. Mozart (to quote only one) had to struggle along, giving music lessons, gambling on personal concert appearances, writing potboilers for mechanical music boxes; his operas made money for everyone concerned in them, but not for the composer himself. Franz Schubert is another : he sometimes wrote as many as six songs in a single day, and sold many of them outright for twenty cents apiece ; he never received adequate return for his work, and seldom had even the satisfaction of knowing that the public appreciated his genius. A story is told of Schubert (about whom Schumann said, "He could have set a placard to music") of how he composed "Hark, Hark, the Lark!" He was walking past an outdoor restaurant in a small village, and saw some friends at a table. Schubert joined them, and picked up a volume of Shakespeare lying on the table. Glancing idly through the pages of Cymbeline, his eye caught the lines "Hark, Hark, the Lark!" Immediately he was enraptured. "Such a lovely melody has come into my head," he cried, - "if I only had some music paper!"

Hastily his friends drew lines across the back of the bill of fare. Schubert jotted down the notes as fast as he could, and another immortal song was born · but he made nothing much out of it, though others did. He took the volume home with him, and that very evening composed another epic, "Who Is Sylvia?" - but again, he sold it for a piffling amount.

THEN, JESUS, YOU REMEMBER, HAD NOWHERE TO LAY HIS HEAD.

Look how much money has been made out of the Buick car - yet the engineer called Buick, who made the first car of that name died in penury. And so it goes. Those who are nearest to the celestial life are least concerned about the material though there should be a balance between the two, as there will be when we know enough.

I write the above to you because my observation has shown me that many people, when they give themselves to eternal things, often find that temporal things seem to go awry. A good supply of resignation is of the first importance in providing for the journey of Life.

The reasonable man is the model of culture, and his religion is one of good sense. Jesus was a reasonable man - he never expected to himself receive aught, considered himself as naught - yet he gave all. So it must be with us. And when we are engaged in giving our life that we may have it, losing it that we may find it, fear can never assail us as the desert apparently widens before us, and the brightness cannot dazzle us as we face the dawn beyond the hill. The sweet peace of the holy wisdom of life

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that ebbs and flows within us bears the outward token of resignation. When the Holy Spirit of Life dwells within our consciousness everything seems bright and beautiful.

* My deeds are the result of my will . . . not Mine, but Thine in me.
* My hope is the seed of inspiration within me . . . Thy inspiration through me.
* My life is service for all, but without ostentation or having any knowledge of it . . . for Thou, the One, livest in me and expressest Thyself through me.
* My words are zealous without affectation, encouraging, consoling, peaceful, joyful, loving . . . . Thy word through my throat.
* My works are service rendered by alms, by industry, by influence - ills remedied, by excusing, justifying, protecting, defending, concealing faults and mistakes ; . . joys provided - for the mind, by a joyous manner ; for the heart, by loving thanks ; for the soul, by the breath of heaven . . . Thou and Thy Life through me.

(b) The Great Secret of All

As you read the above, what do you FEEL? Do the ideas in your mind seem to go OUTWARD as unto "God" . . . or do they seem to settle deeper and deeper in your own inner SELF? Constantly you should analyze to see that "I AM I" - "I AM THAT I AM" - "I AM THAT I AM THAT I FEEL THAT I AM," for the old anthropomorphic conception dies slowly.

"I AM GOD *** I AM GOD *** I AM GOD"

That must be the feeling all the time, and gradually we shall KNOW that we ARE God in human form. First, the Recognition ; second, the Realization ; Third, the Manifestation. And when we begin to notice the true Manifestation - what a glory life then becomes! How surpassingly wonderful! The manifested PERFECTION OF GOD IN ME! Nothing evermore can go wrong. ALL IS WELL, for HE - that which I AM - doeth ALL THINGS WELL.

How simple are these words, but how pregnant with dynamic meaning . . . "I AM GOD."

My Beloved, be very reverent this week as you contemplate and assert in the power of the Spirit of you this Truth of Truths. Be happy - give thanks - praise the wondrous Spirit within for the revelation. Then set to work every moment of every day. No matter what the thought that comes into your mind, ACT IT - bring it into MANIFESTATION. Oh, let this week be a week of majestic living. The thoughts that come (your thoughts are the spirit of The Law in transit) may seem to be entirely beyond your power to bring into manifestation . . BUT TRY! The Spirit that brings them to you will supply the force and energy to enable you to DO what is necessary for them to blossom in your life. If you fail, the spirit will inspire you again - the very power that you use in your attempt will be strengthened for the next endeavor. And none shall blame thee. . . . .

"AND ONLY THE MASTER SHALL PRAISE THEE, AND ONLY THE MASTER SHALL BLAME ;
AND NO ONE SHALL WORK FOR MONEY, AND NO ONE SHALL WORK FOR FAME,
BUT EACH FOR THE JOY OF THE WORKING, AND EACH, IN HIS SEPARATE STAR,
SHALL DRAW THE THING AS HE SEES IT FOR THE GOD OF THINGS AS THEY ARE."

You can gather the meaning of what I am writing through watching Nature at her work. Watch her in the spring - how busy she is, and yet how slow seems the growth of the seeds that you planted when the snows melted. You do not DOUBT that the seeds will manifest themselves - but how slow, how slow! Exactly the same in the garden of your own life. You cannot see what is taking place with the seeds under the earth, and you cannot see the immediate effect of the seeds in your own life, but the growth slowly and surely goes on. Nevertheless, though the growth be slow, you and I are already aware that the inner forces are at work, for the effects and the results are showing their tender shoots. You are aware that, beneath the surface of the present activities

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certain tendencies are developing that in due process of activity will manifest themselves fully in mastership. Your increased efficiency and joy, showing themselves in an improved grasp on the secrets of life, are already proving their power with you. "I AM I" is true. I am, and what I Am is the All - I am the full quality and nature of the ALL . . . What more can I ask? . . what more can I ever hope to live?

So, be not downcast, My Beloved ; but REJOICE EXCEEDINGLY! I AM THAT.

(c) Onward, Then, to Manifestation!

During this week, realize this in your breathing, in your talking, in your walking, in your thinking, in your working, in your hoping, in your planning, in your spending, in your acquiring, but particularly in your giving, in your waking, in your sleeping, in your coming in and your going out, in your activity, in your rest, in your whole life. Keep notes during the week about the things that particularly strike you - as true or as false - and then use them for future reference in adjudging your own advancement into IT, the God that you are. Experiment with yourself.

(d) A Simple Story of Undaunted Faith

A simple story : A young student called upon me the other day. She had no money, and asked how I could help her. Then and there I wrote out for her some affirmations, regarding her supply, about which her knowledge was apparently very weak. Only this morning I received from her a wonderful letter. She had been able to pay bills because friends had put work in her hands. She had bought new materials for dresses badly needed. She had thought she would like a radio, but that seemed impossible. Then a lady for whom she had worked previously phoned and asked her to come and cook the Christmas dinner ; she went, and everybody enjoyed the dinner, and the master of the house asked her to come around again on New Year's day and repeat the performance. She went. The master of the house was in the radio-selling business. She did her work well. When she was leaving, the lady of the house paid her her wages, and the master of the house gave her a beautiful radio. "But," said the student, "I cannot take both the money and the radio the radio is far more than fair payment." An argument ensued, and the student lost the argument. Not only was she paid in money, but a taxi was called, and she was sent home in high glee holding the radio so that the jolting of the taxi would not damage it.

HER FAITH HAD BROUGHT IT ALL TO HER. I could tell you of literally hundreds of similar examples. Well, why should YOU not do the same . . . EXPECT that it is coming . . . BELIEVE that ye have it!!

How exalting the thought! God bless you this week, and may it be a week of advancing mastership. "I AM THAT I AM THAT I FEEL THAT I AM" . . . and my life is my FEELING put into ACTION . . that is manifestation.

Peace be unto you today - and all the days.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

Dino Lenei

Written in Faith at
Los Angeles, California, U.S.A.

End of The Hundred and First Commentary,
Inner Chamber.

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OM MANI PADME HUM

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COMMENTARY
102

THE WAY OF ATTAINMENT (19)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In your last Commentary I remarked that "YOU KNOW THAT YOU ARE THE SILENT WATCHER, AND THE MORE PERFECTLY YOU WATCH THE OPERATION, THE MORE PERFECTLY WILL YOU BE ABLE TO DO THE PERFECT WILL OF LIFE."

Few people attach the right importance to what they are doing - that is, what work they follow. Only yesterday I interviewed a man who was obviously a cultured soul, but he was a plasterer ; not that plastering is dishonorable, but the man had known all through his life that he detested that kind of work, had always wished to get away from it, felt that he would not develop until he did, and yet had not done anything to free himself from it. His knowledge of classical literature was profound, he was a refined natural musician, was developed much more than usual along intellectual lines . . yet had elected all his life to work with his hands. Why was he surprised to feel continually the urge to do something different? It was because he had already gone through all the experience necessary for him to work with his hands - and should now begin to work with his head. People like ourselves in Mentalphysics should remember that you can always buy hands, but not so easily heads. True it is that, in the "depression" or "recession" (according to the ideas people hold), human brains can be bought for ten cents on the dollar ; but this is because the possessors of the brains have not learned how to USE their heads and the creative ability which it has taken so long to develop.

On the other hand, there are many other people who believe that they can work with their heads, but who are equally unsuccessful . . . why? Because they have not yet gone through the experience necessary to their development of working with their hands.

The Elected Ones are the spiritual directors of the universe, and are not called upon to do much manual labor - though, of course, we must all do enough to keep the instrument in perfect balance. All of us must aim at achieving the highest cultural work that we are capable of. We must work on the earth that we may keep pace with the earth and the soul of the earth, and also that we may keep step in the process of Life towards the Infinite. The man without work is certainly to be pitied, but not more so than the man engaged in the wrong work, for all work is empty save when the urge behind the work comes from the heart of love. When our work is impelled by love, there is peace - the peace of healing, the peace of motion, the peace of non-motion, the peace of health and joy and beauty . . . the Peace that Passeth Understanding. WATCH, THEN, THAT YOU ARE RIGHTFULLY ENGAGED IN THE WORK THAT YOU FOLLOW.

(a) Gain the Right Experience!

All terrestrial fortunes or misfortunes with which we may possibly meet do not concern our real divine self but merely the personality with which we are connected during our

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earthly life. The personality exists for the purpose of our gaining experience, and we are unwise if we do not gain the highest experience possible to us.

As an illustration of how people refuse to go forward, I may mention the following : At the Healing Circle conducted by Ding Le Mei at The Institute every Wednesday afternoon, a lady spoke with me, declaring that she "wondered why God did not heal her of poor eyesight and also poor hearing." She was not a student in Mentalphysics, but had followed a highly popular and spectacular form of teaching that has recently swept the whole of the United States. "I have 'said my affirmations' faithfully," she told me, " . . I have prayed morning and night, I have tithed myself, I have done all that I could . . . WHY, then, DOES NOT GOD HEAL ME?"

As I in my consulting room sat opposite to her, I wished to turn from her because her breath was literally vile. She had suffered from constipation all her life. She was a great flesh eater, very fat and prematurely 'old', told me that she did not like salads, that fruit "upset" her. . . and so on, and so on. "I have come to you to 'HEAL' me," she said, and when I began to talk to her about the simplest laws of LIFE, she replied, "Yes, I know, but when God heals, He heals 'like that'," and she snapped her fingers to show how quickly it can be done. "Jesus healed - why can't you heal me?"

I learned from the lady that she had no work to do, that she was "comfortably fixed", and literally did nothing of a constructive nature in life. "All I do," she told me, "Is study. I read my bible all day, and I pray a great deal," . . and, wringing her hands in great feeling of despair, she repeated again and again, "Oh, why does not God HEAL me?"

Now, what would YOU have told that lady? In spite of all her reading of the bible and so on, she KNOWS NOTHING ABOUT LIFE. She is simply in delusion. How true it is that no one truly knows himself until he finds his true self in the unity of the All. To this lady God is a great and clever Person . . . but why waste words in talking about how much she does not know ? What is important to you and me is to recognize how much we do know, and then to see how much we live of what we know. Clever is he who knows others, but if he knows himself he is illumined. But there are millions of people who know no more about themselves than the lady I refer to - and what darkness there must be all the time!! Whence can come the inspiration to live at all? What is the incentive, other than the incentive that an animal possesses, that is far less evolved than a human should be! They know not what they are made of, and if they were to read the following passage from Paracelsus, it would have no meaning for them, and leave them stunned. Referring to the "stuff out of which man is made", Paracelsus wrote :

** "It is an extract of all beings that exist in heaven and upon the earth, of the souls of all things, all creatures, spirits, elements, and minds, attracted to a focus by means of the spiritual center residing within each form.

** "It is the quintessence of all things and man is a macrocosm, differing from the Macrocosm only insofar as in his constitution the things which constitute the Macrocosm appear in another image, order or shape. In him are all the potentialities and qualities that exist in the universe, active or latent.

** "His terrestrial substance is from the earth, his mental faculties from the universal mind, his worldly wisdom is from the light of nature ; but the divine wisdom within him belongs to God."

(b) Human Race Only Learning Its Alphabet

But the lady of whom I speak above is hardly different from hundreds of thousands of others. The race is only in its alphabetical exercises of living - children in the early stages of kindergarten work, molding plaster clay into crude and grotesque forms.

As Henry Wood once remarked with rare sagacity : "We unwittingly shape images of fear, weakness, disorder, decreptitude and old age, and then fall down before the works of our own hands and do them homage, and grow into their likenesses."

THIS SPACE IS FOR YOUR OWN NOTES

The inner vision of the great majority of human beings is so blurred, they see these images so dimly that they think God formed them for them. But the world is a grand old studio, and Nature is a grand old teacher, and we are all artists, chiselling forms and breathing into them quickening, palpitating life. IN PROPORTION AS WE SHAPE THEM TO THE LAWS OF LIFE THAT WE KNOW, ALWAYS REACHING THE HIGHEST POINT OF OUR OWN UNDERSTANDING, SO DO WE PROGRESS IN KNOWLEDGE, INCREASINGLY FINDING GREATER AND GREATER POWER AS WE ASCEND THROUGH THE INSPIRATION OF OUR OWN WORKS.

"Then welcome each rebuff
That turns earth's smoothness rough,
Each sting that bids nor sit, nor stand, but go!
Be our joys three parts pain!
Strive, and hold cheap the strain:
Learn, nor account the pang ; dare, never grudge the throe!"

(c) Imagination the Key to Action

If I were you, I would go immediately to your file and read again the Seventeenth Lesson in the Initiate Group Course. Then go on the Eighteenth Lesson, and compare your own impressions as you read those Lessons today with what you felt at the time that you read them before. I feel that I MUST quote this passage for you :

"ANYTHING that you can imagine is possible, and the Creative Spirit KNOWS that it is possible. It also knows HOW TO DO. When you meditate, the Creative Spirit, which YOU ARE, will tell you how to do.

"In Meditation it is as if your Mind will tell and inform the Mind : When you learn properly to 'tune in' to the Voice That Speaks in The Silence you certainly will hear the Creative Spirit urging you on and showing you what and how to do.

"The seed in the moist soil makes no noise that we can hear. The rolling of the orbs of heaven makes no noises that we can hear. But possibly, if our ears were attuned, we might hear the grass grow . . . Just as there are rays of light above and below our range of vision, so there may be -- in fact, there are -- tones of vibration that we cannot hear. But in the Silence we can 'tune in' -- actually tune in."

Feel that you inspired when you realize that you have the power to FEEL AFTER HIM IF HAPLY YE MAY FIND HIM. Then . . . .

"Think this ALL THE TIME. SING IT TO EVERY TUNE YOU KNOW. REVEL IN THE TRUTH OF IT . . . . AND ALWAYS REJOICE INWARDLY. There may be a gloomy side to life, but not for YOU. All the gloom is for the Other Fellow, who has not been so fortunate as you to get out of the gloom into the Sunshine of the Divine Light, as you are in Mentalphysics."

My personal feeling is that all your old Lessons contain such transcendental truths that it is well to go back over them fairly consistently. For example, two nights ago, as I was teaching one of the younger classes here at The Institute, I read to the students (and made comments as I went along) our Second Lesson, and I felt that IT IS TRUE - IT IS TRUE -- IT IS TRUE!!! Never in my life did I feel such inspiration over any of our Lessons as I did that night, and the result was that we all enjoyed a great uplifting evening, for when once we R * E * A * L * I * Z * E that our Imagination is the divine faculty within us of the Eternal Creator, and that our Reason is the faculty that we may train to direct the Imagination to do whatever we will to do, then we are already over the top of all our troubles, and stand ready to tackle in life's action precisely to the full that which we are evolutionarily developed to undertake and achieve.

THIS SPACE IS FOR YOUR OWN NOTES

(d) Do Not Falter - You Are God!

Therefore, My Beloved, do not falter! Remember every moment of the day that YOU ARE GOD, and that every moment of your life you are carrying out the WILL of GOD and doing the WORK OF GOD. What else matters?

The time is to come when Mentalphysics will cover the earth, and you and I are to have an active part in spreading The Light. Nothing else will satisfy us. And let there be no doubt in our minds as to this. WE ARE THE CHOSEN! "Thou, Oh Lord, who art the Life and the Support of the Universe, who art dearer than Life, PURIFY THOU MY HEAD." Well may we pray this prayer, that our head may be so pure in its action that we err not and that we fail not. Our faculty to imagine brought us first the divine idea that we ARE GOD. Now, our REASON confirms it - so that we KNOW IT TO BE TRUE. As it is true, and as we cannot conceive of any "sin" other than NOT LIVING WHAT WE KNOW TO BE TRUTH, let us go ahead in absolute faith.

Let us every moment that we can imagine what the whole human race will be like when it knows even the little that we at present know . . when the common will of man will be to do the will of GOD . . . when there shall be no more negation of thought, but the whole world shall resound with the celestial song of the Eternal TRUTH OF LIFE ITSELF.

We cannot even IMAGINE what a world this will be! . . . Coming? Of course, it is coming, for you and I are working for it -- we are the builders, and already we are privileged to see the result of our good work well done.

The joy that you and I feel in doing the work of LIFE ITSELF shall be known by millions of others, who will be brought into that eternal bliss which we now know by the net result of your life and my life. Great learning is not essentially in books : he who hath learned to harmonize with his Creator hath great learning, and as he transforms his learning into action, so doth he lead his erring brother. The behavior of one good man, even in a sparse country, is of more avail than a thousand preachers. Men who lead their fellows into knowledge of the harmony of living, dwelling together in peace and love, doing good toward one another and to every living thing, manifest greater wisdom than all the books of the world.

To magnify one's soul so as to realize in our daily conduct the brotherhood of man is a great virtue.

* LET THIS WEEK, THEN, BE AGAIN A WEEK OF SERVICE TO THE UNIVERSAL ONE
* THAT WE KNOW TO BE IN EVERY LIVING THING, BE HAPPY . . GIVE THANKS
* . . . HELP EVERYONE WHOM YOU MEET . . . LET YOUR HEART SING IN YOUR
* SERVICE . . . AND AS A HUMBLE CHORISTER IN THE ETERNAL CHOIR OF ELDER
* BROTHERS, KNOW THAT ALL IS WELL FOR EVERMORE.

Peace be unto you every moment of the coming week - and joy - and strength - and power - and youth - and charity - and forbearance - and mercy - and love . . . and ALL THAT THERE IS. Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The Hundred and Second Commentary.
Inner Chamber.

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COMMENTARY
103

THE WAY OF ATTAINMENT (20)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

I daresay that most of us have come to feel that there IS a bond between us. "Greetings in The Bond" is no idle phrase, for right up through the lanes of our own lives we have been unconsciously planning that this Bond shall hold us together. No matter where you go, no matter what you do, no matter what "changes" may come, this Bond shall remain. The knowledge that has come to you through Mentalphysics had to come. Many students, out of the gratitude of their hearts, write to me, their Teacher, thanking me for what has come to them . . . but "I" have had little to do with it. We understand, do we not, that this inner knowledge has been held safe in the keeping of the Elected Ones down through the ages - it can never perish from the earth, for, to the degree of our understanding, we are ALL the Elected Ones. Yet millions of human beings come in and go out, come in and go out, living lives of usefulness or otherwise, and seem to make little progress as they live upon the earth. This, too, is precisely as it must be, as for them it should be. Their time will come, and then -- just as in the case of you and me -- they will suddenly awaken. Possibly some trivial affair will take place in their lives -- they will meet someone, will listen to something, will suddenly see something or realize something as being true ; this will make them feel something that they have never felt before, and, as if by some magic of their own minds, they will have started on their way. Then, and not till then, everything that they do and say and (more important) think, will be colored by an INNER reasoning ; new friends will come to them, new opportunities will have arrived and they will notice them, new implements will fall into their hands, new vistas of unimaginable beauty will spread out before their minds . . . the "pupil will be ready", the "Master will appear".

In the foregoing I probably have not used the exact words that I would like to use to perfectly portray what is in my mind . . . but your spirit will understand.

(a) An Illustration from My Own Life.

An illustration : Throughout my boyhood I was ever a seeker ; how hard I tried to find? What was I trying to find? Consciously I did not know, but the soul knew. I was trying to find God, I told myself . . and my search was constant. I noticed, however, that when I tried hardest to find, I realized least, whereas when into the heart of Life Itself I gazed in reverence I seemed to FEEL more and thus

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to realize more. This went on for some years, and then, apparently out of a clear sky, I met a man. Instinctively I felt that he knew what I was seeking, and he knew that he could teach me, but there was some insignificant thing about what appeared to be his personality that I didn't like --- so I passed him by, myself the loser. Time passed. Again, feeling ever the urge to find this God that I felt existed; I sought again, and met another man. By this time I was so filled with ideas that had come from incessant reading and discussion, that I failed to recognize the guide that he was -- so on again. Then, after having been "punished" by Life in the form of illness and much weariness of the flesh, mind and spirit, I met another man -- My Master in Tibet. . . . Need I regret all the suffering and pain and disappointment and anguish of spirit that I obviously brought upon myself? NO . . . I (yea, it was I) had written all this into my own life, and it had to come to me. At the present time, having tasted and tested the sweets of the spiritual life, I naturally "regret" that I "wasted" so much "time", . . . but nothing could change it -- it was necessary for me to go through what I myself had created on my path.

And it is the same with you. It was impossible that we could have MISSED each other. It "was written".

Then, you might ask, if everything is preordained, why should I worry about my own self-development? For this reason: most people are like I was - they do not recognize easily what they are looking at, they do not easily hear what they are listening to -- and so pass by the opportunities that come to them to make progress along The Path, they fail to find their God. A lady once in New York came to me to cure herself of deafness - she was a very "pious" person, had been in Christian Science for many years . . at the end of four months, she came to me, radiantly happy because she had regained her hearing, "but," she said, "Ding Le Mei, I have done more than that -- I have FOUND MY GOD."

One snowy Sunday afternoon, in New York, a boy was walking down 57th Street, and, hands in his trousers pockets, turned over a circular lying in the snow at his feet. The circular announced a lecture that I was to give that afternoon. He thought he would go in to get out of the cold. He came, and that very afternoon, he recognized something, came into Mentalphysics, and in a short time his life changed completely. He found his right work, he found his soul mate, life unfolded much good for him, he FOUND HIS GOD, and is now teaching in Australia.

(b) To Find God Our Sole Hope.

Finding our God - that is the only thing we face in life. No subject, of course, has engaged human thought more than the eternal question of WHO or WHAT is God, but men fail to see that that which hinders the grasping of the Infinite God is the illusive conception of the limited Self. That which aids in the realization of the True Self is the comprehension that God is not only outside of us, but also within us, and that although the world may be full of the Principle of Life or Divinity, we cannot live or attain divine attributes unless that Principle BECOMES ACTIVE AND MANIFESTED IN OURSELVES.

*** WITHOUT THIS, THE ATTAINMENT OF OUR DIVINE NATURE OR IMMORTALITY, TO SAY NAUGHT OF THE FACT THAT WE ARE GOD IN HUMAN FORM, REMAINS MERELY A THEORY.

So many fail -- I failed myself for a long time, and I daresay that the same is true of you . . .

*** BECAUSE WE FAIL TO REALIZE THAT IT IS NOT THE MORAL INTELLECT, BUT THE DIVINITY IN MAN - THAT WHICH MAN REALLY IS - WHICH IS IN POSSESSION OF DIVINE KNOWLEDGE.

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*** BECAUSE WE FAIL TO REALIZE THAT KNOWLEDGE OF GOD DOES NOT EXIST IN GATHERING INFORMATION OR OPINIONS, OR IN PREACHING FINE SERMONS, OR IN LISTENING TO DISCUSSIONS FROM BOOKS OR SUPPOSED AUTHORITIES, BUT ITS FOUNDATION IS THE RECOGNITION BY YOU AND ME OF THE DIVINE WILL IN MAN.

*** BECAUSE WE FAIL TO REALIZE THAT GOD IS THE WHOLE ETERNAL UNITY, YOU AND I A PART OF IT, THE IMMEASURABLE ONE GOOD, HAVING NOTHING BEFORE IT OR AFTER IT THAT COULD POSSIBLY ADD TO IT OR ENDOW IT WITH SOMETHING, OR MOVE IT OR CHANGE IT.

*** BECAUSE WE FAIL TO REALIZE THAT GOD IS THE ORIGIN OF ALL THINGS, THAT THE SUM TOTALITY OF THE COSMOS IS THE WORK OF GOD, THE BOOK OF LIFE FOR YOU AND ME TO READ, and BECAUSE WE FAIL TO SEE THAT THE ONLY WAY TO FIND GOD IS TO RIGHTLY READ THE BOOK OF LIFE (Not necessarily the bible or any other sacred book of words), BUT THE BOOK OF LIFE, which is within each one of us, and WHICH WE ARE. WE ARE THE BOOK, THE WRITER and the READER.

The Mathematician is not the Metaphysician. Said Madame Blavatsky : "The Mathematician without spirituality, however great he may be, will not reach metaphysics : but the Metaphysician will master the highest conceptions of mathematics, and will apply them, without learning the latter." As mathematicians we learn to understand the works of God, and in the process of learning we raise our consciousness to spiritual consciousness, and come to recognize that all that we can read from the Book of Life (God's works -- the whole of Nature, with all the powers therein, its depth, length, heighth and breadth, and all that is above the heavens, is the body of God, and that all living things are the arteries in the natural body of God) is the promise that God had eternally made with man to come into a knowledge of his own true divine nature as part of the works of God.

To understand God we must understand ourselves. To Understand God we must understand his works - part of which we are. Your every body - even your physical body - is the Book of Life for you, from which alone you can read the secrets of God, and gradually you find that the works of God, the body of God, is not God any more than the body of man is man. . . BUT THAT ALL NATURE ECHOES AND IMAGES ETERNAL NATURE AND DECLARES THE ETERNAL COMMAND OF GOD TO MAN . . . FROM GOD IN MAN TO MAN IN GOD FOR EVERMORE.

(c) There Is Naught But God.

I wonder whether you will think, as you read what I am writing to you, that all this is elementary. I do not think you will; but there are some, who, not having come into any degree of enlightenment, would say, "Oh, yes, I know that!" . . whereas they do NOT know. For you will remember that you must never say that you KNOW anything unless you can demonstrate it. You demonstrate anything whatever by THE LIGHT THAT IS WITHIN YOU.

LIGHT . . . LIGHT . . . LIGHT - what a marvelous word! If you will take a modern dictionary and compare it with an ancient one, you will find that the lexicographer has added many meanings to this word in recent times. As a matter of fact, just as there is naught but God, there is NAUGHT BUT LIGHT -- for it is in LIGHT that GOD REVEALS HIMSELF TO OUR UNDERSTANDING, and it is by means of LIGHT that we understand all that we do understand -- as our light, so our understanding.

The time is coming when science will discover that all living things are made of LIGHT. You would not think that in your BLOOD there was light, would you? Yet such is true -- your BLOOD is made of LIGHT. The other day I was in a well-appointed library, and saw what to me was a very remarkable experiment. A well-versed student of mine, himself a chemist, asked me to take a little blood from his ear on my finger. I succeeded in taking the merest smear of blood, not more than a tenth of a single

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drop. I then rubbed my finger over the mouth of a test tube which contained a liquid used for determining whether what appears to be human blood is really blood. Then the room was made quite dark. I shook the liquid in the test tube, and immediately it became alight as if it were a tiny well-lighted electric bulb. The more I shook the liquid, containing the smear of blood, the brighter it shone. Had that test tube contained all the blood that is in my body in the right amount of liquid, it would have produced a LIGHT that would have been sufficient to light a city, had the test tube been lifted high enough. It was a remarkable proof of the light that is in the blood.

And so, when we look at life as philosophers, and as spiritual scientists, we see that the whole of the works of God are made of Light, for they are the emanations that come from the Inmost Center of Light. The whole of the works of God are made of Light, created in Light, and exist by Light. . . and the Light Shines of Itself. Let us give thanks that we dwell in the Light -- the Light of the Divine Wisdom that is in every Living Thing.

**** AND THAT IS THE ETERNAL SPIRIT OF LIFE ITSELF. ****

The highest form of Light that you know in the outer universe is the SUN - look up to the Sun!

(d) The Light of God's Life is Love.

In your last Commentary, at the bottom of the first page, I wrote :

*** "When our work is impelled by love, there is peace - the peace of healing, the peace of motion, the peace of non-motion, the peace of health and joy and beauty . . the Peace That Passeth Understanding. . . WATCH, THEN, that you ARE RIGHTFULLY ENGAGED IN THE WORK THAT YOU FOLLOW".

LIGHT is that which impels your work by Love, for LIGHT IS LOVE. Love is the emblem of eternity, confounding all notion of time, effacing all memory of a beginning and all fear of an end. Love is that elixir that gushes for all, and where we recognize it and use it there is full life - no old age or the feeling of age, but only of youth and beauty, and BEAUTY IS TRUTH, than which there is naught higher.

As you finish this Commentary, I ask you to imagine.

*** Imagine that as this Commentary goes out to others, who dwell in its thought at the same time with you, that you are a part of a great Mystic Circle of Light. . . you imagine that around you is a Great Wall of Golden Light - nothing can penetrate it or pierce it, and it holds you protectingly in its own essence.

*** Imagine that the Higher Ones in the Great Universal Hierarchy of Wisdom are holding above you a gossamer substance of peace, and that under the panoply thus formed you rest in the Great Peace.

*** Imagine that within the circle, ever moving within its own substance, is Wisdom, the Divine Wisdom that is in every living thing.

*** And finally, you Imagine that beneath the circle there is Love.

(This is one of the opening statements that we make when our classes meet here at the Institute. You may, therefore, imagine that you are here with us - that we are breaking the sacred Bread of Wisdom together in the Light.)

During the coming week no harm can come nigh unto thee -- all is well. You are in the Light, and you are that can be expressed in and through the Light, for where Light is darkness cannot ever come. You are bathed in the Light.

Peace be unto you now at this instant, and for all time, and until time shall be no more.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope

Written in Faith at
Los Angeles, California, U.S.A.
End of The One Hundred and Third Commentary.
Inner Chamber.



THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

The Inner Chamber
of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY
104

THE WAY OF ATTAINMENT (21)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In this Commentary I would that we could both together sit down and find sweet REASON entertaining us. So many people who feel the urge of the soul to break through into Light, imagine that the whole wide Cosmos is waiting for them to pander to their shilly-shally desires, imagine that (since they have for once in their lives felt the desire to get out of the darkness of their own ignorance) every phase of Cosmic Force will minister to their own needs and forget all that has gone before. This Commentary, therefore, shall be a plea for correct reasoning. Shakespeare, you may remember, referred to the common curse of mankind as ignorance and folly, and you will yourself have noticed that ignorance never settles a question. Also you will have noticed (since you have come to see that the fear of The Lord is the beginning of WISDOM) those who know least often assume the most, and in their own lives prove ignorance to be the only spiritual poison. Confucius said that "Ignorance is the night of the mind, but a night without moon or star" . . though when you read this in the Chinese it is far, far more pungently expressed.

However, ignorance stalks abroad very often garbed as wisdom. Among my mail I often receive letters of aching complaint from people who declare that Mentalphysics should be GIVEN to them . . that they should not be called upon to GIVE anything for it . . that Jesus did this and Jesus did that (which he did NOT do, and COULD NOT do), . . showing that they hold a grudge against Life for not bringing to them the harvest of Wisdom, whereas they are so misguided that, sowing the seed of ignorance, they expect to reap the harvest of knowledge, power and wisdom.

> "In the last ten years," writes a lady to me under date of February 21, 1938, "I have made it a rule that I will never accept a teaching that I must pay (give anything) for. If it is a true law of God it must also have power over finance. If it is a true law of God it must reach the people who need it most, the poor ; the rich already have everything that money can buy, and if your teachings really have power then by merely buying a bit of knowledge they can have beauty of form and face, power to express or master others, keep young and even laugh at death. . . The poor, on the other hand, must still keep their noses . . . . ."

There was a great deal more of this kind of false reasoning in the letter, which was typical of many received at The Institute from people who, while nevertheless

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unconsciously feeling the urge of the Creative Spirit within them to better their own lives, feel quite righteously to themselves that the world is constantly fighting them. "If it is a true law of God, it must reach the people who need it most, the poor!!!" . . DID 'GOD' EVER DECLARE THAT THERE WERE ANY 'POOR'? WHY are they poor? It is a hard thing to say, but we Nobles of The Light will understand that, through the LAW of Cause and EFFECT, they have made themselves poor. (The writer of the very letter from which I quote made herself just so much "poorer" by writing what she wrote - though she wrote what she wrote because of her own ignorance of THE LAW.

(a) None of Us Can Escape THE LAW.

No, we CANNOT - simply CANNOT ESCAPE THE LAW, hard though it may appear to be to one who has not yet sufficiently awakened to recognize that we are ourselves the CREATOR of our own Universe. The Law is inexorable, unavoidable, pitiless, impersonal, compelling . . and inescapable.

All that we can ever learn, all that there is to be learned, is now written in The Book of Life, and we must read no other book which we vainly think that we may our selves be able to write. God is not mocked - "thou shalt have no other gods before me". The LAW of Life is that we must make the effort, that we must sow the seed, that we must pay the price, that we must make the offering, that we must give the equivalent BEFORE the LAW begins to do its work according to our highest thought. Thought . . merely sitting down thinking of a thing, does not get the thing done. We must make the effort. Taking to ourselves the substance necessary, we find within the substance all the energy necessary . . THE NEXT THING IS RIGHTLY TO USE THE ENERGY WITHIN THE SUBSTANCE TO ATTAIN TO THE END DESIRED.

No matter how beautiful a field a farmer may have, HE MUST DO HIS SHARE. The land may be known to be the finest plot of land in the whole country, but of itself it will produce nothing -- or, worse still, nothing but weeds - if the farmer refuses to look after it. He may reason that the "Law of God" (as the writer refers to in her letter) will produce the harvest . . so it will, for nothing else can. BUT the farmer has to come along, whether he desires to or not, and sow the seed, giving of his first fruits to the Law . . and there is no other way.

Should you, My Beloved, find that you entertain lingering thoughts that LIFE IS HARD ON YOU, think this matter out. It is the commonest cause for poverty - for illness - for unhappiness - for discontent - for darkness - for ignorance in the human mind. WE MUST . . WE MUST . . WE M - U - S - T do our part, and we must do it BEFORE WE EXPECT THE CULMINATION OR THE MANIFESTATION. The Law of Life, the Creator, God, is simply not interested -- cannot be interested -- UNTIL and UNLESS we do our part FIRST. The wise farmer protects his land, protects his implements, protects his energy, but above all he PROTECTS HIS SEED, for he has enough good sense which comes to him through the spirit of The Law Itself to know that his crop cannot be better than his seed. HAVE YOU LEARNED THIS, MY BELOVED?

Once we grasp this transcending idea, we lead ourselves rapidly into the fulfilment of the Truth of Life. Watch a baby at its birth . . it MUST make the effort to BREATHE, for unless it breathes it goes back again, but once it breathes it sets in motion The Eternal Law which will not stop until, as an old man, the last gasp is taken and the Breath of Life stops expressing itself in that particular organism.

How entirely ignorant is he who sits down by the side of a garden expecting flowers to appear without the seed having been sown! . . "Oh, but I INTENDED to sow the seed . . I assure you that I was entirely in earnest, I really did MEAN TO SOW the seed" . . yes, what is the answer that comes to you from Life Itself? You did not obey the Law - no seed, no flowers; no effort, no wisdom; no breathing, no life; no light, then darkness . . and if the Light is in thee be darkness, how great is that darkness.

THIS SPACE IS FOR YOUR OWN NOTES

(b) We Must Learn How to Give to Life.

But not only must we learn that we must GIVE BEFORE THAT WHICH WE DESIRE CAN COME to US, but we must also learn HOW to give . . for God has not done things haphazardly. If you will turn back to your Commentary No. 4, you will find there enumerated what LIFE expects of you. How wonderful it would be if only I could take this knowledge and put it in the lap of this lady whose letter I have quoted. Suppose that I could, at one fell swoop, drop into her lap all the knowledge that you and I have so reverently, and possibly so painfully, struggled to attain to. What then? I suppose that she would be very happy. "Oh, how easy it is to get," she would exclaim; and it would certainly look easy enough. If I were so dangerously ignorant I might even try to give it to her this way, and possibly plume myself on what a wonderful person I am to give to a fellow being. But LIFE ITSELF has something to say. The Voice of the Lord of Life would resound down through the secret lanes of the universe, declaring that this thing shall not be - that it CANNOT be. "Each must serve the Lord", would come the eternal command, and even if I were never more anxious to give to her, I could not . . WHY? Because she would not be ready to take. You see, LIFE says that we shall not take, says that we shall not be entrusted with anything that we have not deservedly come by . . and the cosmic command cannot be changed simply because it SEEMS to be unjust to those who are POOR - OR weary of their own folly - or angry with life - or jealous - or anything else. NO, NO, NO! The LAW is established.

*** "Before the soul can see, the harmony within must be attained, and fleshly eyes be rendered blind to all illusion.

*** "Before the soul can hear, the Image (Man) has to become as deaf to roarings as to whispers, to cries of bellowing elephants as to silvery buzzing of the golden fire-fly.

*** "Before the soul can comprehend and may remember, she must unto the silent speaker be united, just as the form to which the clay is modelled is first united with the potter's mind.

*** "For then the soul will hear, and will remember.

*** "And then to the inner ear will speak the Voice of the Silence."

-From the Voice of the Silence.

(c) "Lend Me A Heart Replete With Thankfulness!"

To learn that WE are the arbiters of our "Fate", and that there is no other fundamental truth is a little hard to learn . . Mankind is so steeped in traditional thinking on "religion" and "God" that it takes us a long time usually to find that we are even ready to take the new knowledge of ourselves being God in Human Form, even if we are fortunate as we flounder through life to have the truth brought to our attention. Thereafter it is even harder to learn, though recognizing that Man Is God in Human Form, that we must obey a very intricate LAW OF LIVING. Having learned this, it is harder still to GIVE TO LIFE that it may return - that we may be able to receive what is truly ours to receive.

But all this we MUST learn; and there is no alibi that we can create that will stand. WE MUST LEARN - that is "all that there is to it." But oh, how we rebel! How we think we know better! How we think that God is unjust . . and that life is hard . . and that a hundred other things are "wrong" -- WHEN IT IS SIMPLY OURSELVES WHO ARE "WRONG"! BECAUSE WE HAVE NOT LEARNED TO LIVE BY LAW.

"OH LORD, THAT LENDS ME LIFE, LEND ME A HEART REPLETE WITH THANKFULNESS."

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Are YOU grateful that YOU know these things - that there is none who can help you but yourself - that YOU alone are the master of your life, but that mastery can only come through the Love of God (so difficult sometimes to understand).

What can be said of Love? Who can measure it, or define it? None, save thyself, but it, too, has its LAW. I quote this beautiful passage which you doubtless have read in "The Prophet", by Kahil Gibran :

"When Love beckons to you, follow him. . . Though his ways are hard and steep, and when his wings enfold you yield to him, though the sword hidden among his pinions may wound you. . . And when he speaks to you, believe in him, though his voice may shatter your dreams as the north wind lays waste the garden.

"For even as Love crowns you, so shall he crucify you. Even as he is for your growth, so is he for your pruning. . . Even as he ascends to your height and caresses your tenderest branches that quiver in the sun, so shall he descend to your roots and shake them in their clinging to the earth.

"Like sheaves of corn he gathers you unto himself. He threshes you to make you naked. . . He sifts you to free you from your husks. . . He grinds you to whiteness. . . He kneads you until you are pliant; and then he assigns you to his sacred fire that you may become sacred bread for God's sacred feast.

"All these things shall Love do unto you that you may know the secrets of your heart, and in that knowledge become a fragment of Life's heart. But if in your fear you would seek only love's peace and love's pleasure, then it is better for you that you cover your nakedness and pass out of life's threshing floor into the seasonless world where you shall laugh, but not all of your laughter, and weep, but not all of your tears. . .

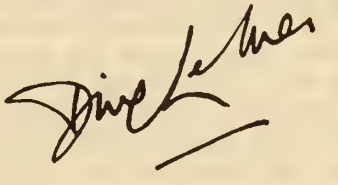
"Love gives naught but itself and takes naught but from itself. . . Love possesses not, nor would it be possessed - for Love is sufficient unto Love.

"When you love you should not say, 'God is in my heart', but rather, 'I am in the heart of God'. And think not you can direct the course of love, for Love, if it finds you worthy, directs your course. . . Love has no other desire but to fulfil itself. . . But if you love and must needs have desires, let these be your desires: To melt and be like a running brook that sings its melody to the night - To know the pain of too much tenderness - To be wounded by your own understanding of love, and to bleed willingly and joyfully. . . To wake at dawn with a winged heart and give thanks for another day of loving: To rest at the noon hour and meditate love's ecstasy ; To return home at eventide with gratitude ; And then to sleep with a prayer for the beloved in your heart and a song of praise upon your lips."

This week, think on these things. Be happy - Give Thanks!

Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Fourth Commentary.
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY
105

THE WAY OF ATTAINMENT (22)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

So many people have asked me in various ways lately the answer to their problems of supply - principally problems of an economic nature. It seems that wherever we look we find people who declare that they have not enough of this world's goods. So pressing are the problems of SUPPLY that I feel that it would be well for us all in The Inner Chamber to have set before us the manner in which we may help those who come to us with their troubles in this respect. Of course

*** "You cannot talk of the ocean to a frog in a well - the creature of narrow bounds . . Nor of ice to summer flies - the ephemera of a day. You cannot speak of The Law to a pedant - his limits are narrow. But now that you have emerged, that you have seen the great ocean, you know your narrowness, and I may speak of great principles."

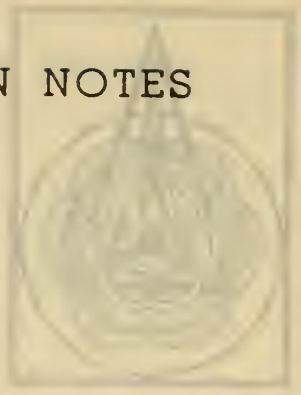
One of the special lessons issued by our Book Department is entitled "Supply," and it is from this Lesson that I take much that appears in this Commentary.

Most people are dissatisfied with what they have - there is a DIVINE discontent, and there is the other kind . most people suffer from the "Other Kind." The laborer and the millionaire are similarly besmirched. Though the working man cries out against the capitalist, my observation leads me to believe that there is not a single working man who would not, if he had the chance, change places with the capitalist. Rarely do we find a man contented with his "Lot", and so it has ever been with the whole human family.

(a) Can We Find What We Truly Desire?

I answer categorically - and I hear your echo coming to me - that we CAN find what we truly desire. I am right when I say that it should not be beyond the skill of Man to find a solution to the problems that press so heavily upon the whole human family. But most people say . . . "I am interested in the problems of MY OWN SUPPLY," not knowing that what affects the ONE affects the WHOLE. The old system of ideas, however, has demonstrated moral and material bankruptcy. No system is morally sound that is mainly motivated by the idea of "get what you can regardless of its effect upon the other

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fellow." No system is economically sound when nearly half our population are the victims of poverty, underconsumption, the fear of poverty and insecurity. I know that it is easy to TALK about what is not right - it is quite another matter to MAKE IT RIGHT. No matter what may appear wrong in this statement, I make it boldly : That the ONLY way to relieve the distresses of the whole human family is by giving KNOWLEDGE to individuals, which they will USE as individuals, for the benefit of themselves, but that they will then know that they cannot live unto themselves alone, but can only benefit themselves AS THEY BENEFIT THEIR FELLOWS.

But WE EACH must learn the way. I cannot do it for you, you cannot do it for me . . . we EACH FOR HIMSELF, and BY HIS OWN EFFORTS, must transform his life.

But it is, as we in Mentalphysics are learning, a simple affair. SUPPLY IS STRICTLY A PERSONAL AFFAIR. What we all need to learn is HOW TO DO IT, and we will now proceed to investigate the means by which we may come into conscious control of this all-absorbing question of Supply.

If anyone asks for your advice, say this :

"Look around you. Nature is smiling, and happy, and quiet, and orderly. But there is WORK going on everywhere. God, the Giver of All Supply, is IN Nature. God is in everything . . God is everywhere . . . THERE IS NAUGHT BUT GOD. (Try to cause your hearer to get away from the old anthropomorphic idea of God, and see God as a Creating God, a CREATOR, a Creative Spirit. As we look into Nature we see this Creative Spirit ever at work ; never ceasing in its activity ; possessing ABSOLUTE knowledge of what to do, and how to do it. (Refer to the illustration of an oak tree, an animal, a plant, or anything else.)

"Take that rosebush, with all its beautiful rosebuds forcing themselves open for self-expression, shouting, 'We must have room . . we must open ourselves . . we must become full-blown roses!' Self-expression throughout all Nature is demanded, and those buds have not the slightest idea of what they are finally to express. But the CREATIVE SPIRIT is there within each one of them, equally distributed, so to say, and doing the work of making perfect roses.

"Take a blade of grass it also cries out for self-expression. The tree that keeps you in the shade - just the same. Your dog, your cat, your child - EVERYTHING . . all in Nature is the same.

"Consider this Creativeness. It is

* IT IS INCESSANTLY AT WORK ... expressing with unfaltering exactitude.
* IT IS EVERYWHERE AT WORK .... in Every Living Thing in Nature and Super-Nature.
* IT KNOWS ITS WORK ..... Intelligence is within it Everywhere.

AND IT HAS ALL THE SUBSTANCE NECESSARY TO MAKE EVERYTHING IN NATURE.

"You see that the PRINCIPLE of Nature is perfect. There is

* ALWAYS THE SUBSTANCE NECESSARY TO MAKE THE EMBODIMENT.
* ALWAYS THE ENERGY NECESSARY TO DO THE WORK.
* ALWAYS THE WISDOM NECESSARY TO DIRECT THE ENERGY ACCURATELY THROUGH THE SUBSTANCE.

"The essential truth that I wish to convey to you is that WHATEVER WE LOOK AT IN LIFE THROUGHOUT NATURE WE FIND THERE IS ALWAYS A SUPER-ABUNDANCE OF SUPPLY. Just think of the amount that Nature has to waste (seemingly) . . think of a single poppy - the hundreds of seeds that one plant will give to you, EACH SEED having all the substance,

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all the energy and all the wisdom to make a poppy plant, and EACH ONE HAS ALL THE POWER WITHIN ITSELF. Everywhere we look Nature emphasizes her abundance of Supply."

(b) Nature's Simple Message.

Such a simple message, it seems to me, is entirely convincing to the doubter. When your friends come to you complaining about what Life is doing to them, just settle down and tell them this little story - it will help them, but, more important, IT WILL HELP YOU.

To those of you who do not live on the Pacific Coast, it will be interesting very likely to know that your Teacher under the title of The Voice of Two Worlds speaks over the radio (over Station KEHE, 780 kilocycles, from Los Angeles) on Mondays, Wednesdays and Fridays, at 8:30 a.m., Pacific Standard Time. After one of my talks a few days ago, a man sent me a six page letter telling me that I really should deliver a "real" message.

> "Why don't you tell audiences eager for enlightenment (he wrote) that individual or corporate wealth must be limited by Constitutional amendment, and laws for enforcement? . . Why don't you say that yearly incomes must be limited? Why don't you advocate submission to our voters of reform measures that show and prove your claims to God-given knowledge and the ability to teach it? Why don't you advise our voters to pass on the size of individual fortunes, for which our soldiers must fight, die and suffer? . . Why not advocate double taxes on all property held for speculation? . . . Why not advocate appointment of three new Supreme Court judges, whose first duties would be to see that Congressmen and Senators vote according to election pledges, or lose their votes on bills in question? . . Why not advocate . . . ? --- Why not Advocate ? . and so on."

While I may agree with this gentleman, what is MY duty? You see, HE was telling ME what to do, trying to make a politician out of me, when he clearly saw in his own mind what was his OWN duty to perform No, I am a Teacher, and I feel increasingly with the greater experience that I am blessed to attain that MY work must be to teach. And I feel, moreover, that teaching is the highest duty to mankind. Political systems, man made plans and every form of public utilitarianism can never satisfy the human need unless it is founded on the LAW OF LIFE ITSELF. A most wise Creator has placed within every living thing the pattern of perfection, and if we think that others can make our happiness, we are in utter delusion.

So I counsel you to teach wherever you can and help by giving TRUE VALUES to your fellow man You may do a wise thing by giving a person some material substance then, again, it may be the most unwise thing to do. Whereas, when you give of the things of the Spirit, it is a gift immortal and eternal . . it can never die.

(c) Mystery of Your Breath and Your Word.

To all of us who have reached this Commentary, it will not be difficult to see that your life and my life can be enriched in no other way. We have gone through the miasma and the fogs, we have come to the place where we realize that we must, through SPREADING THE LIGHT, and in no other way, bring the Kingdom of Heaven into reality. How foolish of men to think that they can create anything whatever, when THE LAW is it is established, it is done.

Therefore, no matter how hard may appear to be the experiences through which we must pass, rest in the Lord and wait patiently for him. The storms will pass.

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And the more storms that we go through ourselves, the more correctly can we guide others though the gentleman from whom I quote does not yet know this. As I woke this morning, I lay for awhile thinking of the mystery of The Breath . . . it is the basic mystery of Life Itself. Then, I thought, there is a mystery even greater than that and that is THE WORD. The word that we speak to others, though casually, has a power the potency of which staggers our imagination. "THE WORD was made flesh, and dwelt among us, and we beheld his glory, the glory of the only begotten of the Father, full of grace and truth." These words will be familiar to you. And I trust that you understand their MEANING. The whole power of The Father speaks out of all the qualities of The Word - The Word is the Son of God. As The Father speaks The Word out of himself, . . as Sound comes from all movement from The Absolute, . . so The Word has the glory of all the Absolute power. After The Word is spoken out, however, it no longer is contained within the powers of The Father, but sings and rings in all the works of The Father. The Word of The Father - the Word of God - outspoken by The Father within me, outspoken by The Father within Every Living Thing, penetrates throughout the whole depth of the Works of The Father - the whole universe - AND IS THE MAJESTIC COMMAND OF ALL CREATION. Because The Word - YOUR Word, - my Word, the Word that issues through Every Living Thing - executes the command of The Father in us and through us.

In the Spirit of The Word, then, is to be understood the whole of Divinity, with all its powers and effects, and with its whole essence - the whole action of Life, the whole generation, the whole REgeneration.

Thus every creature has its own center for its own outspeaking, and it speaks the Eternal Word of The Father. We CREATE when we use The Word. Explained otherwise, we become, and we make our life become, what we speak - we ARE as we USE THE WORD . . . the Word of Truth - to Wisdom ; the Word of Falsehood - to ignorance, darkness and damnation. And, my Beloved, The Word is ever near to thee - the greatest of all mysteries ; ever within thy mind, thy heart, thy lips. GOD HIMSELF IS THE WORD WHICH IS IN THY HEART AND LIPS. This is the Truth of Truths. How to be pitied is the man who is full of beliefs alone, and so empty of Truth.

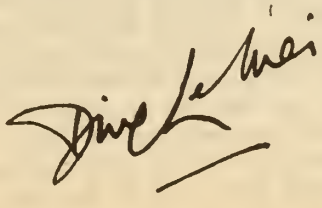
Therefore, watch the words of your mouth. See that you tell the Truth alone. See that when you speak to another, the words that you use are conveyors of light and love and inspiration and peace and power for good.

Pity the man who raises his voice only when he walks to a funeral, when his own word might have prevented the funeral.

Your sound will raise the world. That may not seem to be logical, but you do every day of your life MOVE THE WORLD, for good or ill, as you speak - you uplift it when you utter the Truth, you dash it to the abyss when you utter un-Truth. Practise, then, this week, and see how fascinating is the game of using right words. Watch others, and notice how often they fall. Learn as you watch them.

This week shall be a week for you of great and increasing JOY - if you will watch the effect of the vibration upon your body and mind as you speak, it will be a week of great enlightenment. Peace be unto you always.

Sincerely your Teacher in Fraternal
Bonds of Joy and Hope



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Fifth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES





OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY

106

THE WAY OF ATTAINMENT (23)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In your last Commentary, I remarked that "YOUR SOUND WILL RAISE THE WORLD . . . YOU DO EVERY DAY OF YOUR LIFE MOVE THE WORLD, FOR GOOD OR ILL, AS YOU SPEAK. YOU UP-LIFT IT WHEN YOU UTTER THE TRUTH, YOU DASH IT TO THE ABYSS WHEN YOU UTTER un-TRUTH." I wonder whether these words passed you by - did you consider them to be mere words, or did you glimpse the TRUTH in them?

Any advanced student who has experimented with the sound of his own voice will know that it has tremendous power. Its EFFECT is almost immediately seen in the body - for when we chant a sound and keep it on the same even rhythmic note of harmony, it harmonizes our body and our mind. This is the easiest thing to find out. Then, we notice that when we speak to other people, we either inspire them and raise their spirits, or we depress them . . . perhaps it is not so easy to notice the effect of our own sound upon others, but we can easily note the effect of their voices upon us. A foolish person, meeting his friend in the street, may say, "Oh, you are not looking very well today, what is the matter?" Instantaneously the man addressed has set up within him the vibration of strong thought in a negative manner, and he says to himself, "Ah, I m not looking very well, . . and I am not feeling very well either." And so he goes on only to find himself after an hour or two literally feeling not at all well! Better if his friend had passed him by rather than rob him in this manner. . . We listen to speakers, we read newspapers and magazines. The speaker tells of some terrible happening, and in a way we revive the happening and re-live it within. The magazine article sets forward criticism on something political or social or philosophical, or in any other way ; and we find ourselves agreeing with him, imbibing all the negation until we unconsciously work ourselves up about it to the degree of feeling at which we make ourselves entirely disspirited . . . the effect of The Word.

(a) Recent Scientific "Discovery".

By way of showing the extreme POWER of The WORD, I noticed the other day that a scientist in California claims that he has discovered the fulcrum "which may enable orators to move the earth with their voices." As if this is any new thing! It has been known in the occult schools for ages. Stand in front of a building, chant a tone and maintain it so that its vibration does not change, and hold behind the sound the thought, and you could destroy the building before you. Of course, if we had the power we would not destroy ANYTHING of LIFE - we could not ; but we can destroy the enemies of life, such as fear and inferiority complex, pain and sorrow, greed and envy, jealousy and bitterness - WE know that it can be done, and that WE DO IT ; but there are thousands who have not the slightest idea that there is any power at all in sound - and so

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they run recklessly and ignorantly destroying their own, but not knowing that they do so - and would be highly amused, probably, if you were to tell them HOW they do it.

Referring to the California scientist, I take the following from the Los Angeles Times:

> "Turning off the water in a bathtub by singing and starting or stopping an electric motor by shouting at it are possibilities suggested by sound research conducted by W. F. Alder, Altadena inventor. With sound from a phonograph record, he lifted a pound weight more than an inch in less than one minute. It also was demonstrated that the weight can be lifted by the energy produced by the singing of one person in the laboratory.
>
> "'I am very surprised,' Alder said, 'by the amount of work sound will do. Although we could never harness sound power to run our factories, there are many possible practical uses of sound energy that have been neglected.' The experimenter has rigged up an apparatus which makes it possible to start or stop an electric motor by producing or interrupting a 'beam' of sound. 'Everyone knows,' he says, 'that light, with the aid of the electric 'eye' is used in countless ways to make or break electric circuits and thus control the operation of every sort of machine. In a somewhat similar manner, beams of sound could be used to control machinery, for I have proved that sound can be harnessed to open or close electric relays . The apparatus by which the physicist raises weights with sound is simple. Any relatively loud sound, including the human voice, was effective to some extent although the most lifting work appeared to be accomplished when a natural C note was sounded continuously by a special phonograph through a radio speaker.'"

Yes, we have much to learn But we in Mentalphysics have the secret in our control as we practise chanting. We may not seemingly be able to do much, but the more we chant the more do we not only cleanse and heal and make perfect our own bodies and minds, but THE LIGHT SHINETH OF ITSELF out through and from us, doing its work according to OUR THOUGHT by which it is directed.

(b) Harmony vs. Discord.

There would be naught at all without SOUND, the Word, which was in the beginning. Matter is the vehicle for the manifestation of that sound that causes it to be matter, held together, so to speak, by its own sound and the effect of what appears to be outer sound in perfect magnetic contact with itself. When we understand this statement, we also can understand the following :

> *** "Matter is the vehicle for the manifestation of Soul on this plane of existence, and Soul is the vehicle on a higher plane for the manifestation of Spirit, and these three are a Trinity synthetized by Life, which pervades them all." Secret Doctrine, Vol. 1, p. 80.

Your sound, with its ever inseparable associate rhythm, is ever building or disintegrating, and is a powerful force that man has urgent need to understand and learn to control, and use with intelligence. You can see that, did man understand, our whole life the life of the whole human race would be so changed that earth would truly be heaven. Harmonious sounds are upbuilding and life giving, therefore constructive, while all sounds that we may characterize as noise are disintegrating, for there is dissonance and broken rhythm, and bring consequent suffering - though unconsciously to the sufferer on the physical and mental plane of life. That is why we see all round us "sensitive" people who are broken in health, suffering from nerves, have periodical "nervous breakdowns" which only retirement to the quiet of the countryside can eliminate. Discordant noises are like the drops that wear away the stone. He was

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not altogether unwise who declared that his greatest blessing was his deafness, for, he said, "I am free from the riots in the air."

Just as we see clearly the death-dealing power of discord, so we can see the life-giving power of sound in harmony.

(c) Advice on Talking.

All the world stays silent when Love Speaks. I am very fond of the writings of that poetic philosopher, Kahlil Gibran, whose writings express the deepest impulses of man's heart and mind. He went so far as to say that when we talk we cease to be at peace with our thoughts, and that we live in our lips because we can no longer dwell in the solitude of our hearts - thus we make sound a diversion and a pastime. I quote from this prophet's beautiful poem in prose, "The Prophet" :

*** "In much of your talking, thinking is half murdered. For thought is a bird of space, that in a cage of words may indeed unfold its wings but cannot fly. There are those among you who seek the talkative through fear of being alone. The silence of aloneness reveals to their eyes their naked selves and they would escape. And there are those who talk, and without knowledge or afore-thought reveal a truth which they themselves do not understand. And there are those who have the truth within them, but they tell it not in words. In the bosom of such as these the spirit dwells in rhythmic silence. When you meet your friend on the roadside or in the market place, let the spirit in you move your lips and direct your tongue. Let the voice within your voice speak to the ear of his ear ; for his soul will keep the truth of your heart as the taste of the wine is remembered, when the color is forgotten and the vessel is no more."

Read the above quotation many times, and light will break through. And if you would hear the rhythm of life, listen within your own mind, and you will hear the eternal Song of Life. But if you have not learned enough to be able to enter the song of the Silence, sit beside a running river, or a babbling brook, or go out to sea and listen to the formless with the waters telling you of Life's harmonies.

Sound - your sound, my sound, the sound of Life - is indeed the mystery of mysteries . . The Quickener, the Upbuilder, the Destroyer, the uninterferably flowing MOTION of God.

(d) The Seven Magic Words.

When we are worthy to have revealed to us knowledge of the Tattvas of Life, we shall know that, just as there are seven kingdoms - the names of which are familiar to us - so are there seven rays of light, of sound, of life. During the last few Sundays I have been speaking in the church on the Seven Magic Words.

JOY - The Eternal Quickener
GRATITUDE - The Eternal Sustainer
REVERENCE - The Eternal Ennobler
BREATH - The Eternal Mother
SOUND - The Eternal Father
LIGHT - The Son of Righteousness
SILENCE - The Eternal Giver

When speaking to a mixed assembly, it is not possible for one to go very deeply into the mysteries, but I have been agreeably impressed with the interest that this series

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has elicited, and when speaking of "Sound - The Eternal Father" you could have heard a pin drop, so great was the feeling of the audience. We all FEEL within ourselves that these great mysteries of life exist - we all desire to be given the knowledge - but how few are prepared through practice to pay the price for the Knowledge!

How very fortunate we are in Mentalphysics that the way to see has been made so easy for us. It was not easy, probably, at first to realize that "Whatever the Creator is, I am," but now that we are aware of this, and through right practice have come somewhat to the realization of it in our own lives, we can see how easy it would be to reform humanity - if only people would pay the price and do the work necessary.

Once we have this Truth embedded in our consciousness, we see

(1) The Seven Kingdoms ;
(2) The Noble Pathway of Enlightenment ;
(3) The Seven Virtues (the magic words).

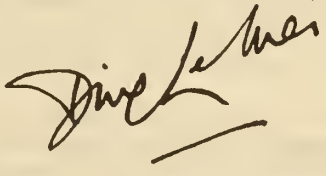
Then we come to see so clearly how the Universe is constructed and sustained. And what a joy it is to know that we ARE truly on our way. So much to be learned? Why, of course. So much to be lived? Naturally, there is ; but how grateful I am that I have been led behind the veil so that I can see a little more clearly than was possible for me some years ago. How grateful I am, realizing that what I know today bears fruit for me now, and that if with the little I now know I gather so much fruit, how great is to be my harvest when I know more - and more - and more. How shall we be able to "contain ourselves" when all is revealed to us. So be happy, My Beloved, and know that the Truth DOES make us FREE.

This shall be a week of quiet restful peace of the spirit. You shall know no evil, and no harm shall come nigh thy dwelling.

Do all that you can for our Mother If you are anywhere near Los Angeles - particularly on the coast tune in and hear your Teacher as "The Voice of Two Worlds" over KEHE in Los Angeles (Monday, Wednesday and Friday at 8:30 a.m. Pacific Standard Time). As soon as it is indicated that we should go on other stations, we shall do so ; but we must all train ourselves to provide the seed that will enable us to gather in the great harvest in due time.

All that is good and holy and of good report I send to you - now and always. You are at peace.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A

End of The One Hundred and Sixth Commentary,
Inner Chamber.

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COMMENTARY

107

THE WAY OF ATTAINMENT (24)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of the Light :

Greetings in The Bond.

As I use this salutation in commencing these Commentaries, I wonder, as this Commentary comes to your hands, whether you are beginning to realize what THE BOND really is.

You have, these many months advanced with me and your fellow students over what is to you a new road, steadily mounting the grade. You have perhaps slipped at times, yet, having so zealously and determinedly built into your consciousness the conviction that nothing but yourself can prevent your success, you have recovered, 'girded your loins' anew and resumed your journey with me to The Heights.

I know that you feel the indissoluble bond that exists for all eternity between me and you, as teacher and student. Are you conscious in a similar way of the Bond that links you to every other student in Mentalphysics? I would counsel you to think upon this, for there is an invisible Bond in the Spirit which, while it links you to all humanity, binds you closer to your fellow students.

The pattern of the human race is ever being woven. In the dim and distant future the Creator's Plan will be fully revealed. In the process of the weaving, brighter threads than others appear. You and your fellow Nobles of the Light stand out as these brighter threads, and with your presence some of the beauty of the finished pattern is beginning to appear. Thus I would have you recognize that we are destined to stand out from the background. We, as a group, linked together in the Bond, have a work to do.

In your One Hundred and Sixth Commentary you were shown the power of sound, and just as your sound will "raise the world", so also will your habitual thought. Your habitual thought is now controlled by the new consciousness to which you have raised yourself in your studies and practices of Mentalphysics. You are different. You know it and you feel it. Think of the tremendous power that you and thousands of your fellow students in Mentalphysics all over the world are wielding.

You have by now fully learned, of course, that we live in a "sea of thought". It impinges upon us at all times, whether we are asleep or awake. According as we are positive or negative, so do we unconsciously "tune in" to our own kind of thought. You have so raised your consciousness that negative thoughts cannot find entrance, though you are fine enough now to sense their existence without permitting them entry. On the contrary, you now radiate such power that all with whom you come into contact are lifted towards your Light.

Linked together in the Bond of our Mother Mentalphysics, we are all making the pattern of the race more beautiful. Again I counsel you to think on this. We are a

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great organization doing a great work, yet we work, as do all true occultists, in the invisible. No greater work can be given by the Higher Ones for any group to do. We have, I am firmly convinced, been chosen. Let us see that our shields are ever bright and our escutcheons ever unsullied.

I often feel as I write to you in your Commentaries that I would like to disclose to you the glorious vision that sometimes comes before me as to our ultimate destiny. But the time is not yet. All that I can meantime hope is that you as one of the chosen ones will maintain your zeal, continue your loyalty to your Mother until the time comes for you to step out with your brothers and sisters in the Bond and join hands in the great world work that undoubtedly awaits us.

(a) The New Age.

We are, as you know, at the beginning of a new age. Only the Higher Ones in the Hierarchy of Eternal Wisdom, who have the destiny of the race to guide, know what the Plan is for us, but there is no doubt that their influence and their power is being felt. As we look out on the happenings going on in the world today, we cannot but come to the conclusion that changes are occurring rapidly. New formations are appearing. New ideals and new ideas are appearing.

Now, we, as scientific philosophers should "stand aside in the coming battle" and observe, if we can, what is going on and if possible interpret it for our own guidance. One of the most obvious things that appears everywhere is a new grouping of nations within themselves. Old things are passing and new appear. As we know, nothing just 'happens' This drawing together into closer bonds among the peoples must be caused by some force hitherto not so powerfully felt. We know that the one Power in the Universe which is the only power that binds it together is the Love of the Creator. By IT is linked every cell in the seen and the unseen in the indissoluble bonds of its own unity. So I feel that there is being shed upon this globe and upon the whole human race a greater influx of Love than has yet come to it in other ages.

Yet you may say that there appears everywhere to be effects that are the opposite to those which might be expected when more Love is being poured out. Yes, it appears to be so. We must not forget, however, that, as occultists, the basis of all our work is the concept that we are dealing with energy - energy embodied in forms, energy streams in flow, energy units. These streams of energy, the powers of the Creator, we use and embody by means of our thought.

You have been taught in Mentalphysics how to generate within yourself and use these "streams of energy!" From the very first lesson you were warned that you were literally playing with fire. You have been seeking, and to some extent have found the Light within yourself and have learned how to circulate it, to concentrate it and use it to produce within you those effects you desire. . . You have been given the priceless methods whereby the energies of the Creator are controlled by you, thus revealing to YOU YOUR POWER IN MASTERY. A lightning bolt, uncontrolled electricity, can do terrific damage. The same voltage, controlled in a power plant produces an infinite number of blessings.

Love, the greatest of the energies of the Creator to be felt by the human race, controlled and used in the right way can be made to revolutionize the race. Entering as it now appears to be, with greater intensity, into the planetary sphere of our earth, it is felt by and influences the whole race. But the individual is unconscious of the influx except insofar as he seems to be influenced to follow new ideas or is led downward by his own previous misinterpretation of the force to depravity. Love is the great integrating force which attracts and binds together. Just insofar as the life which it enters is evolved, so is its entry in every way beneficial to that life. If, however, this potent energy is transmuted in its passage, it is easy to see that it may

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be misused and so cause destruction instead of integration. So we see new ideas being brought to the fore and accepted by groups of people, causing them to draw together in thought and then into form. They have a common bond. Can you not see that if they were as far along The Path in understanding as you have gone by using what you have been taught under the wings of our Mother, what tremendous strides could be made towards "drawing all men together" into the promised Brotherhood of Man?

This is the reason for the revolutions we see going on in every phase of human activity. The energy makes itself felt, but the race does not have the knowledge whereby it can be used for its intended will and purpose. I hope that I have given you an idea which you can take into your 'Inner Chamber' and unfold for your further enlightenment and unfoldment. I hope too, that you have an inkling of the bond which binds us and all students in golden chains. In mathematics we say that "things which are equal to the same thing are equal to one another." I can also say to you that Souls which are bound to the same Soul are bound to one another. Because of the Bond between you and me, you are bound to every other student. It must be so.

Here, then, is food for thought as to the ultimate goal towards which this Mentalphysics is heading. Count yourself a private in the new army, maintain your zeal, practice faithfully and so prepare to enter the lists when the call is sounded. "Let your Light so shine before men, that they may see your good works and glorify your Father which is in Heaven". Mentalphysics, the Gospel of the New Age, can save the race. Yours is the privilege to spread it. Are you doing all that you can? Have you aggregated your 'Nine'? Have you reached the selflessness of the true Initiate, always ready to give his all without thinking of return; yet knowing that it comes back multiplied to him? If you have then you can truly say of yourself, reverently and without pride, "I have found the Beloved. He and I are One".

(b) The Bond in Sound. The Spirit of the Word.

In the One Hundred and Fifth Commentary on page four I wrote:

*** "The whole power of the Father speaks out of all the qualities of The Word - The Word is the Son of God. As the Father speaks the word out of Himself....as Sound comes from all movement from The Absolute,.... so the Word has the glory of all The Absolute power. After the Word is spoken out, however, it no longer is contained within the powers of the Father, but sings and rings in all the works of the Father. The Word of the Father - the Word of God - outspoken by the Father within me, outspoken by the Father within Every Living Thing, penetrates throughout the whole depth of the Works of the Father - the whole Universe; AND IS THE MAJESTIC COMMAND OF ALL CREATION. Because The Word - Your Word - my Word, the Word that issues through Every Living Thing - executes the command of the Father in us and through us.

"In the Spirit of the Word, then is to be understood the whole of Divinity, with all its powers and effects, and with its whole essence - the whole action of Life, the whole generation, the whole REgeneration."

Read and reread these paragraphs until a glimpse of the profundity of the thought embodied in them is found. The mystery of creation is hidden in The Sound; we are going to lead ourselves by further practice to a deeper understanding of the Word, and from there to "the Spirit of the Word" which reveals to us the whole of Divinity.

(c) Finding The Spirit.

These exercises may seem at first to be simple, but so, perhaps did your first few practices of your breaths You now know, however, that what appeared to be "just physical exercises" have taken on a sublimely different meaning. So, too, will these

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higher spiritual exercises if you search diligently for the hidden meaning behind them. For example:

(1) Listen to your radio. Get, if you can, a program in which there is either a violin solo of good music or a string quartette, the latter preferably. Now train your ear to pick out, first, the first violin. This should be easy, as it will be carrying the melody or theme. Try to blot out the other instruments so that you can hear only the violin. This will take a few days practice to become proficient. It will be a good physical and mental exercise in concentration and control.

(2) Having become proficient in this exercise, listen now to a violin solo and train your ear to distinguish the myriad qualities in the tones that come with the sound of the instrument. Now try the same exercise listening to a violin in a quartette. When you have reached this point rest and listen to the solo.

(3) a. Take another instrument and follow the sound of it as you did that of the violin. b. Practice the same exercises listening to a full orchestra. Remember always to choose good music.

(4) Having somewhat mastered the training of the outer ear, sit and listen to any good music. Close the eyes and see what you feel. What emotions are stirred by The Sound? Look deep within and see if the Light corresponding to THE Sound appears. Analyse your feelings in their response to the sounds, and feel into the Spirit of the Composer which created the Sound. If you can do this with some degree of satisfaction, you will have established a bond with the Spirit which sang through that of the composer. If you are fortunate in being able to listen to a maestro performing, feel into His Spirit as he interprets the composer's spirit voiced in the composition.

We are leading ourselves through the outer portals of the chambers of The Sound to the Inner Chamber, where we find The Spirit of the Sound. When we find our contact with the Spirit of the Sound then shall we be able, as we become more in tune, to interpret all Sound. When we can interpret the Sound, then shall we feel to a greater degree the Presence of the Spirit from which the Word IS, within our Spirit. We become conscious of the Bond which links us with The Father, through our Bond with THE SON which is THE WORD . . . "In the Spirit of the Word, then, is to be understood the whole of Divinity, with all its powers and effects, and with its whole essence - the whole action of Life, the whole generation, the whole REgeneration."

I wish you all joy in taking another step this week on The Path. I counsel you to PATIENCE and more PATIENCE. In THE Bond we march triumphantly upward to The Heights, ever remembering that the only road to the Father's mansions is the road of service. I am doing my best and I pray that you, too, recognizing yourself as a link in OUR OWN Golden Chain, are helping to bring more links to the chain which binds us all in The ONE.

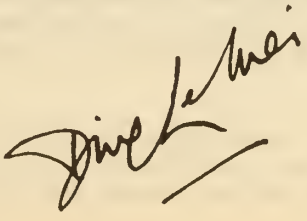
This week SHALL be to you a week of greater joy and peace than ever. See that you share it with the world in The Sound of the Music of Your Spirit, as it issues through your voice in every word you speak. May all men say "Your voice is benediction to my soul."

Peace be unto you!

Sincerely your Teacher in Fraternal
Bonds of Joy and Hope.

Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Seventh Commentary.
Inner Chamber.



THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY
108

THE WAY OF ATTAINMENT (25)
Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of the Light :

Greetings in the Bond

As I sit in my study communing with you and preparing for this Commentary, there comes to me, through the open window the medley of sounds, emitted from the treble throats of the children let loose for play from the school opposite to The Institute. I listen to the sounds as they strike my ear. Behind them I can feel the joy of children at play. There are sounds of protest, surprise, glee, command, ridicule, anger, approbation, disapproval and so on. All the gamut of human emotions in their infancy. The Word - The Son - coming from The Father and playing through these little human instruments expresses music or discord in exact relation to the degree with which the instrument is <u>in tune</u>.

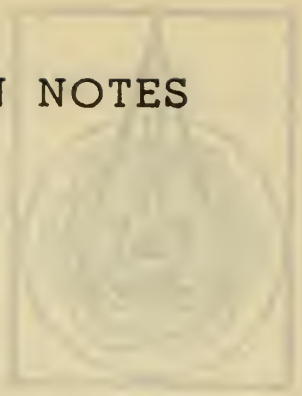
To the physicist these sound are but the percussion of air upon the vocal chords causing them to vibrate at different rates of speed and setting up similar vibrations in the surrounding air These vibrations striking the physical ear of the listener are interpreted by his brain, and he hears the sound. All this is very true, but to us who see beneath and beyond the manifestation as it is interpreted by our physical senses there is a deeper meaning to be found beneath the manifestation. We remember that "In the beginning was the Word". <u>The Word is the Father's creative fiat</u>. It is the command 'I AM'; from it <u>The</u> I AM appears - this wide Universe, My body.

The physicist confines his researches to appearances. We seek the Spirit, the Cause, and in our search, if we are diligent and faint not, <u>we find the Cause</u> and <u>discover that we are THAT</u>. Thus in our practices we lead ourselves into the realm of the soul, where all is revealed to us We hear the sound; we feel the emotion which caused the sound. It strikes a responsive chord in our own emotions. We watch it and feeling to the Spirit of the emotion we become able to link ourselves with our own Spirit and become one with the ALL SPIRIT.

The Father speaks The Word. We, the instrument, as it were, relay it in our expression of life. The Word becomes the flesh. Then it through the expression of our life echoes back again to the Source whence it came and the circle is complete. Our life, then, is the sum total of our efforts to be good instruments, and as our life is the result of our word, we see that according to the way we use the word so can we measure our progress in the inevitable, but perhaps weary journey back to THAT whence we came.

Be patient, Candidate. Do not think that I am laboring this subject. I am firmly convinced that if the use of right speech were understood by every human and practised as we practice it, there would speedily appear on earth that Peace that the race is seeking, and which passes understanding

THIS SPACE IS FOR YOUR OWN NOTES



Since writing you last, I have been up into the mountains for two or three days communing with Nature. There in the silence, away from the busy city, I have listened to Life echoing the Celestial music of the Creator. I listened to the many happy songs of the birds. The clear flute of the mocking bird, every note perfection, found a responsive joy within myself. I felt myself to be the Spirit of the bird, voicing joy and gratitude to Life. I heard the voice of mother earth in the sigh of the gentle breeze as it came up the valley. I lost myself in the Spirit of Nature and was NEARER. The music of the water in the creek spoke to me as it sped away to join again its source, the ocean, and my Spirit went with it to the SOURCE. Thus may we, in quiet contemplation, find "in the Spirit of the Word" the understanding of the whole of Divinity and thus the understanding of OURSELF, and the Bond in sound.

(a) Feeling Into The Spirit Of The Word.

I hope that you have made some progress in the exercises which were given in your last Commentary. I suggest that you continue them. Your radio programmes will become more than a mere amusement to you.

And now we will continue this practice in a more advanced phase. Just as you have been listening to and feeling into the Spirit of the sound of musical instruments, so now will you practice feeling into the sound of human spirits. First, listen to speech generally. (Note, as I did while listening to the children at play, the result of the various emotions as they come out on the voice). When you have become somewhat proficient in this, watch for an opportunity to listen to someone whom you feel often expresses some particular emotion. Some people are always grumbling, for example. Others are always expressing sorrow. Few unfortunately habitually express joy. Some are always hopeful, others habitually despondent. Listen to their voices. Now, try to feel into the Spirit of the Sound and with your soul register the Spirit of the emotion. You will by practice be able to become conscious of the emotion within yourself and its effect as you feel it, yet you must, of course, not feel the emotion as your own. You are merely becoming sensitive to the spirit of the sound.

You have found in your previous practices that your physical ear has become by training extremely sensitive and discriminating. You will now find that the ear of your soul will become similarly sensitive. Because of the fact that you have travelled a long way on the path through Mentalphysics, you will find that you are already sensitive in this way. Beginning with the physical, we learn to go back and back beyond and above it to the spirit of us, and find that we lose ourselves in the Spirit of the All. We find that we are IN THE BOND.

These practises in sound may be continued with your others. They, like your own spiritual breathings, can never be fully interpreted nor fully understood. But as you have discovered and continue to discover new revelations every day in your breath, so will the sound of you reveal to you new vistas of life and new vision to see them.

(b) The Omnific WORD.

"Om mani padme Om! Om mani padme Om".

Many thousands of times in my travels in Asia; on the road, in the market places, and in the Temples, have I heard the chant above sounded. Its origin is lost in the ages of antiquity. It cannot be interpreted, still less can it be put into English.

Like our Mentalphysics breaths, it cannot be explained. Yet to each individual chanting it, it means everything. It is the embodiment in sound of all sounds. IT embodies the wisdom that is contained in all sound. When we understand 'I AM THAT I AM', we perhaps shall understand the meaning that is expressed in the eternal "OM (or "AUM").

THIS SPACE IS FOR YOUR OWN NOTES

Just as we can unfold to ourselves the Spirit in our affirmations, and as they finally become a part of our consciousness, by repetition, so does the Asiatic devotee keep himself "in the Presence" through The Sound, which is THE Word, by chanting. The physical sound, just as the physical breath, becomes lost in the Spirit of the sound. The physical instrument merges into the Spirit of itself and a degree of Spiritual realization is felt according to the evolution of the individual.

The Word OM, or as it is used in some occult schools AUM, is said to embrace every sound that the human voice can utter. It embraces every sound in the Universe. It is the Omnific word Within it is the meaning of all sounds It contains the hidden wisdom of the Sound of the Universe. This is what the devout seeker tries to realize. This is how he is able to be in a constant and habitual state of mind where his use of "The Word" in everyday speech is always governed by the Spirit of purity, of conscious At ONE ment with the Creater. Grateful should we be that we in some measure know the value of 'Right Speech'.

In the Inner Chamber here at the Institute, I am privileged to teach the chanting of the Omnific Word to your brother and sister Nobles. The Chamber reverberates with the combined voices as solemnly they chant, as it does when our great Chinese gong is struck The vibration becomes powerful and rhythmic. (We KNOW that "we raise the world with our sound.") And then from the sound we go into the Silence, which is the womb of all Sound. In it we embrace you and all our fellow Nobles, and thus commune with you in the Spirit and under the wings of our Mother, and in the Bond.

The single chant is two notes, making what is known in music as the interval a minor third If you have an instrument, sound note "A" natural; then, ascending, sound "C" natural, and you will have the two sounds that make the single chant. The AUM is held on the note "C", the AU on the "A" and the UM on the "C" You may be able to chant from this attempt to explain it, but fortunate will you be if and when you can visit The Chamber here in person and join with us . A consummation devoutly to be wished. But, even though you are not with us in person, you now know that the Bond invisible is nonetheless firmly established, that you are conscious of it, as are all Nobles of the Light You, in that consciousness steadily maintained, wait for the call to outward action, when the time is ordered ready to join in leading the race to peace and brotherhood Meanwhile, neglect not to do your part by spreading the Light of Mentalphysics and showing the way to the weary traveller who is seeking the Light that you have found. Use the Word in this way to "raise the world"

(c) The Powers of the Creator.

In the One Hundred and Seventh Commentary, I said:

> *** "We must not forget that, as occultists, the basis of all our work is the concept that we are dealing with energy energy embodied in forms, energy streams in flow, energy units. These streams of energy, the powers of the Creator, we use and embody by means of our thought".

Now, we are so accustomed to the use of such words as "Power", "Energy", "Force", etc., in connection with materialistic ideas, and man made things that their use in connection with higher things may bring a reaction in your mind perhaps that this use is irreverent.

This may be because there is still in the consciousness remnants of the old religious ideas, which separate ideas of the soul and the spirit from those of mundane existence; which look upon the earth and things of the earth as lower than things Spiritual.

We, however, are gradually weaning our minds from these old fashioned concepts, and are beginning to see and feel that God and his manifestation on all planes is all that there is. "The earth is the Lord's and the fullness thereof". Man is a Spiritual being.

THIS SPACE IS FOR YOUR OWN NOTES

There is nothing high or low. All is the One in different phases of its being and appearance. GOD IS ALL THAT THERE IS. So, no matter what great and high ideas come to our minds we have only human words to use to clothe them in, and many ideas, as you are finding out, cannot be expressed in human language. Then the powers of the Creator can be expressed as 'energy', 'force', etc., without irreverence, or disrespect to the Creator, who cares not anyway.

Now, the most common words we use to express the powers of the Creator - its energies in flow, its living streams of power - are Love, Wisdom, Intelligence, Will - etc., - and from these lesser energies, as we see them in the sphere of earth - Idealism, Devotion, Harmony. If we are observant enough we shall see all of these powers at work throughout creation, but not in the form of our highest concept of them. Let me illustrate from everyday experience. We know that the energy we call electricity flows to our houses over wires, and by means of special apparatus it is converted for our use into light and heat. Thus, there is a mechanized transmutation of electricity into light. But electricity has its origin in a greater force with which we are not yet acquainted, and that again may be but a transmutation of a higher force. If we let our minds follow such a train of thought we shall always come to the point where we see that all comes from the one SOURCE which we call GOD, but in every such attempt we stagger in our effort to compass THE INFINITE in our little finite minds. It cannot be done Yet the attempt will always bring some enlightenment, and this is what we are seeking. In the diligent use of our power to think, and in its skilful use as Mentalphysics teaches, we gain greater power to think. So faint not! Let us be patient, and remember the Great Master's promise "In my Father's house are many mansions. I go to prepare a place for you".

We know that the sun is the source of all life on this planet. If it disappeared the solar system and all the life in it would also cease to be. It would melt into God, but would not be manifest. In everyday language, everything would die - (We know that there is no death). The life energy that we are conscious of which keeps us and all the kingdoms "alive", we call light and heat. Yet we are told that when we get beyond the stratosphere, all is intense cold and there is no light, all is darkness, that the sun appears as a disk in space. If this be true, and there is no reason to imagine that it is not, then we see that the sun and the power of the sun whatever it is, becomes transmuted into light and heat and those modifications of these energies that are necessary to sustain what is called life on the earth.

With these preliminary thoughts I advise you to turn back to your Commentary Number Thirty Three and those following which deal with Transmutation There should come to you further enlightenment and perhaps new knowledge and a greater conviction of the indissoluble Bond which links every living thing to you and to every other living thing. That Bond, which is Divine Love, is an energy of the Father, transmuted through "the Sun behind the sun," to the Sun and thence to the earth. When we live in the Christ consciousness we shall know somewhat the meaning of the Father's love which binds us through the Son to HIM.

To you this week shall come greater wisdom and understanding of YOURSELF. In it you shall find that you ARE joy, you are peace. Let your joy be shared and your peace be given to all with whom you come into contact.

Sincerely your Teacher in Fraternal
Bonds of Joy and Hope,

Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Eighth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



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The Inner Chamber

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COMMENTARY

109

THE WAY OF ATTAINMENT (26)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of the Light :

Greetings in The Bond.

Has there come to you since reading the last two Commentaries a greater realization of the indissoluble link, the Bond, which Love has welded for you between you and me? Do you feel that with me, you are, through the energy called Love, bound to every other Noble of the Light travelling The Path which has been revealed to you by Our Mother Mentalphysics? Following the writing of these Commentaries, there came greater inspiration, more power and yet an indescribable sense of benevolent sweetness towards all my Students, which, overflowing, embraced Every Living Thing. I would that you could share it with me.

Such feelings, as they make themselves felt by us, should be carefully nurtured. Devoid of sentimentality, for we have long outgrown just human sentiment, they reveal the static state of THAT LOVE Force which holds the planets in their orbits. They are like the gentle caress of the water as we bathe in the lake above the dam. Hidden within them is power to move the earth, as the released water has the power within it to move mighty industries, or change the barren desert into the Garden of Eden.

Thus, under the loving discipline that Our Mother has placed upon us, do we learn to melt and mix and fix within us the revelation of the PRESENCE with its Power and Wisdom and Active Intelligence.

Let us remember, however, that we must use, and never more diligently than now, the Power we have generated. We must link ourselves with all humanity. We must "seek the toiling pilgrim," and show him the way. This is the ONLY way to ATTAINMENT.

> Says The Tibetan in "The Treatise on the Seven Rays": "Man comes forth, as do all the lives within the radius of a solar system, upon the inspiration of love, expressed in wisdom. Love is not a sentiment. Love is the great principle of attraction, of desire, of magnetic pull and (within our solar system) that principle demonstrates as the attraction and the interplay between the pairs of opposites. This interplay provides every needed grade of type of unfoldment of consciousness. Conscious response is first made to the most potent and to the densest kind of attraction in matter, that of the mineral kingdom. Dense as it is and heavy as is that type of vibration, it is nevertheless an expression of embryonic love. Response again comes, with greater facility and more true awareness and sensitivity, in the next kingdom and the consciousness of the vegetable world emerges. But this too is love. It responds more freely and reacts to a far wider range of contacts in the animal kingdom, and the basic instinctual desires emerge and can be recognized. They in due time become the motivation of the life, yet still it is only the love of God which is manifested.

THIS SPACE IS FOR YOUR OWN NOTES



It is love between conscious life and conscious form, it is love between the pairs of opposites, leading to an eventual synthesis or marriage; it is relationship between the basic dualities; it is not sentiment, but a fact in a great natural process. Always there is the emerging glory and radiance of a growing love, until we come to the human kingdom wherein love enters another plane.

"Then responsiveness and sensitivity and human sentimental action developes into a rudimentary mind. The consciousness of loving and being loved, of attracting and being attracted enters through the door of the intelligence and expands into the human state of awareness. Pleasure and pain become definite factors in unfoldment, and the long agony of humanity commences. Love then is seen in its naked selfishness, but also its potential glory can be sensed. Love or attractive desire then attracts to itself that which it feels that it needs, but later that is changed into that which it thinks it should have, and this in time is transmuted into that which it knows is the divine non-material heritage of a son of God."

Ponder on these last few words, for in the true understanding of love as feeling, love as thinking, love as aspiration will come a clarification of man's problems and his liberation from the thralldom of the lower loves into the liberty of love itself, and into the freedom of the one who possesses all things, and yet desires nothing for the "separated self."

(a) Becoming the Spirit.

If you have made progress with the practices in "Feeling into the Spirit of the Sound", you will have discovered that there is within you a response, faint at first, but there has developed a new feeling which hitherto you have not experienced.

It is, like all feelings of the Soul, impossible to describe, but if you will faithfully carry out your practices, it will gradually unfold. With it, just as in all our practices, will come greater powers and new senses. As we "feel after Him," so there comes a greater sensitiveness to Its Presence. So, Candidate, faint not and do not grow weary in the search. The rewards cannot compare with the slight efforts we make.

Now, as we have for the last two weeks been feeling into the Spirit of the sound, it will be well for us to go back over our previous efforts to find and experience the Bond in the Spirit. You are no doubt continuing your entry into the "Cave of the Moon". If not, then go back over the Commentaries and begin again.

If you will compare your experiences of the last two weeks, with your feelings which follow your "Cave of the Moon" exercise, you may have revealed to you more Light on the Path. It is not for me to tell you what you will discover; I cannot do that. You must "Go and find out"! I can promise you, however, that if you faithfully continue, your success is assured.

After you have read this Commentary, read and re-read all the Commentaries which deal with Your Own Spiritual Breath and the Cave of the Moon. Then, continuing your practices in the Bond in the Sound as outlined in Commentaries Numbers One Hundred and Seven and One Hundred and Eight, try to find the connection, that lies hidden, between these three simple yet sublime practices.

The above will be your work for the coming weeks, for there is so much to be uncovered, that we cannot hurry. Let us build our house on the sure foundations of wisdom slowly but surely revealed, for that is the only way.

"Remember that the entire story of evolution is the story of consciousness, and of a growing expansion of the 'becoming aware' principle. Man in evolution is really only becoming aware of the unity which already exists."

THIS SPACE IS FOR YOUR OWN NOTES

Thus we feel for the Spirit which is within the Light in our own Spiritual Breath, we feel for the Spirit which is hidden in the darkness of the Cave, and we feel for and become conscious of the Spirit within the Sound and having felt IT we become One with IT. Having thus gloriously merged ourselves in ITS unity, we KNOW that THE BOND IS, and is holding us and all students in golden chains.

Let us keep our own golden link untarnished, that the beauty of our own Golden Chain of Mentalphysics may radiate its Light and attract to it the "toiling pilgrim" who seeks the Light that we have found.

I am purposely emphasizing and stressing the importance of the search for the FEELING of the Bond. 'Evolution is the story of consciousness'. We know that every Noble of the Light is many grades of Spiritual Consciousness beyond the average human. We can say this without having any sense of pride or egotism. We have found THE method whereby we can leave the masses, toiling slowly up the "screw thread" of race evolution and knowing the way, can as it were enter the greener fields which they may not see for many ages to come.

When we realize the stronger Bond that links us Nobles of the Light, then will the Path to the realization of the Unity in th ONE which is the ALL be made easier. As our consciousness expands so will the Light shine brighter of itself and readily embrace every living thing.

This is THE GOAL. To discard all sense of separateness and separation; to know that there is not you and me; to know that there is nothing that is mine, nothing that is yours or his or theirs; to know that there is not God and me, or God and you, but that ALL IS and I AM.

Does the road sometimes seem steep and hazardous? Do the obstacles seem insurmountable? Does fear prevent a bold attempt to go on and up? Then it is because of that same sense of separateness. Instead of looking on every step on the way as a part of the goal which has been attained, we see it as separate from the goal. The road and the goal are ONE. Seek inspiration by remembering the conquests you have made. Look down into the valley from whence you started.

(b) Watch and Pray!

Saith the Great Law:-

*** "In order to become the Knower of ALL SELF thou hast first of Self to be the Knower."

*** "To reach the knowledge of that Self, thou hast to give up Self to Non-Self, Being to Non-Being, and then thou canst repose between the wings of the GREAT BIRD. Aye, sweet is the rest between the wings of that which is not born, nor dies, but is the AUM throughout eternal ages."

In my many contacts with students, both personally and by correspondence, I find that many are still very, very human. I mean that the great truths that they are supposedly receiving and using through Mentalphysics have been apprehended but not comprehended. The intellect has received and recorded these great lessons, but the individual is not putting them into practice by trying to live them. Above all things this great teaching leads the earnest student to become a REAL HUMAN BEING. But a real human being is rarely met with. A real human being is God walking the Earth, perfect in body, controlling and using a perfect instrument through which I AM acts and expresses; powerful, poised and supremely intelligent in mind; blissfully at peace in Spirit.

THIS SPACE IS FOR YOUR OWN NOTES

NOBLE OF THE LIGHT, THOU ART THAT, BUT CANST THOU EXPRESS IT? ALL THAT I CAN DO IS TO SHOW YOU THE WAY. REMEMBER THE GREAT MASTER NOT ONLY SAID, "THIS IS THE WAY;" BUT HE ADDED, "WALK YE IN IT!" MENTALPHYSICS SAYS, "I AM THE SCIENCE OF LIVING, LIVE IT!"

Now, the merchant periodically takes stock of his wares and disposes promptly and vigorously of stock which is out of date, or which has not a ready sale. He knows that valuable space is taken up by such merchandise. Its presence in his store clogs the free flow of more profitable goods. The wise merchant is always 'taking stock' and always cleaning house. I find that most of the troubles of students are due to the fact that they are not good merchants. They still nurse many of their old mental habits. The emotions are in many cases still in control. Pride, the intellect, the human ego are still occupying the mind and influencing the thought streams.

Now, for the coming weeks I suggest that you "take stock". How to do it? Watch yourself. Watch every reaction that your mind takes in your contacts with other humans. Are you easily offended by the words or acts of others? Then see that you fortify yourself so that you are above taking offense. Says that wonderful old philosopher, the slave Epictetus, "If, then, thou art provoked, remember, it is thine own opinion that doth provoke thee." Go back to your Fourteenth Lesson in the Initiate Group Course and read there the answer. Then discard the retarding cause of your reactions and put Love in its place.

Are you an employer? Then see that your employees love you. Do not be the "Boss". No man is ever born with the right to be a "boss"! All great men have been leaders. Be the elder brother of your employees - that is your responsibility as an employer. Are you an employee? Then be a great co-operator. Your own thought determines whether your job is pleasant and remunerative, or hard and thankless. You and you alone, as you already have learned, make your own job. Is there still down in your consciousness a lurking fear that refuses to go? Remember that YOU ARE LIFE, Eternal, changeless; you will never die; you cannot. Most fear comes from the great fear that grips humanity, the fear of death. Banish it as you have been taught how. Have you overcome all physical disabilities? If not then seek for an old mental habit that is the cause. Be not afraid to hold the little self up to the Light of true knowledge.

*** "When to the World's turmoil thy budding soul lends ear; when to the roaring voice of the great illusion thy Soul responds; when frightened at the sight of the hot tears of pain, when deafened by the cries of distress, thy soul withdraws like the shy turtle into the carapace of SELFHOOD, learn, O Disciple, of her silent "God", thy Soul is an unworthy Shrine."

To you this week shall come greater peace, greater joy, greater love than you have ever felt, for you will be more conscious of the Love within the Bond.

Sincerely your Teacher in Fraternal
Bonds of Joy and Hope



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Ninth Commentary.
Inner Chamber.

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OM MANI PADME HUM

The Inner Chamber

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COMMENTARY

110

THE WAY OF ATTAINMENT (27)

Practice of the Royal Art.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

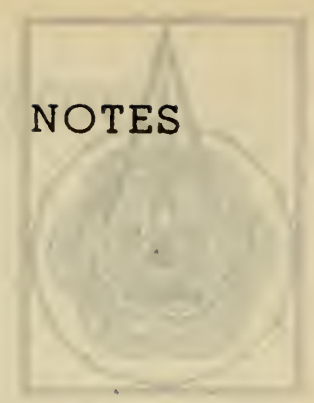
It is my hope that from your last Commentary you have gained a simple idea, which may lead you to profound discoveries within yourself, from the contemplation of the use of the eternal "O M." Speaking to an advanced student yesterday, who lives in the state of Washington, I was gratified to hear him say, "Ding Le Mei, everything that you teach confirms what I have read in scientific works - with this difference, that your explanations from the spiritual angle make it clear to me that Mentalphysics will one day become the great practical explanation of the scientific problems that today face the material scientist, and which he cannot completely explain because he does not know the basic reality of Life." This man is a professor of physics, and a widely read man. He went on to state that he had come to understand so much more of what he himself had been teaching through the central fact that is given us in Mentalphysics - that ALL expressions of life start from, and we have to go back to find them, at the central hypothesis that "GOD is ALL that there is."

Is it not true? When once we can unconsciously and consciously hold in mind the fact that "we see nothing BUT GOD" (For there is naught but God), then ALL is explained. WE know it; but while we know, we cannot define or explain it to others who do not know it, knowing that just as we had to work and sow the seed of the central Truth of Life in our own consciousness, so do they have to do the same. Take the simplest illustration: A dead body differs from a live body by the absence of a force which maintains its material arrangement or organization. After the removal of this force, the body, which has always been changing in minor degrees through life, starts to make drastic and rapid changes. YOU CALL THE FORCE WHICH CREATED AND MAINTAINED THAT BODY, LIFE. Of life there can be no question. You will not argue that a live body has not a very real difference from a dead one. If LIFE is real, then, ALL LIFE is related to the basic reality that men call God. In life, also, there is an attribute of Eternity, which is apparently absent in organized forms of matter which express the Life which is eternal. LIFE exists before its association with the matter which it quickens, . . it continues to exist after its association with matter.

Realizing this simple Truth --

**** We can then let our minds inform us on multitudinous phases of life. We can see that the LIFE of us - the ego, if you will - existed BEFORE we were born in this life and BEFORE it became associated with our present bodies of matter, just as you will continue to exist after that association . . . Thinking clearly on this simple Truth, we solve what seems to be the problem of "death" and "reincarnation."

THIS SPACE IS FOR YOUR OWN NOTES



**** We can see why there are so many distinguishing characteristics in different human beings - why our mental attributes and our physical expressions are different. The same LIFE, but different expressions of the One Eternal Force of Life, because we now have different individuality, and because we NOW have different individuality is because we HAVE ALWAYS HAD different individuality.

**** Human "death" is merely the termination of the association of an indivídual organizing force with a given quantity of matter.

**** Science has shown that matter, as human beings know it, is indestructible - it can only be changed, but never destroyed. This is known as the conservation of matter. A further step, the CONSERVATION OF ENERGY, is not yet universally accepted, but will in time be recognized as a basic truth.

**** In face of this, IS IT POSSIBLE TO BELIEVE THAT A FORCE OR ENERGY, WHICH IS CAPABLE OF ORGANIZING THE INDESTRUCTIBLE, IS ITSELF DESTRUCTIBLE? (In other words, it is easier to accept the conservation of life than not to accept it. . . LIFE MAY CHANGE IN FORM, BUT IT CANNOT BE DESTROYED!!) From this it is a logical step to the conservation of INDIVIDUAL LIFE. Here we see the proof of reincarnation and the eternal life of man.

(a) I Am in Eternity Now.

So much has been written on this subject that it is of the utmost importance that we work out for ourselves, through correct thinking, that we are actually here and now IN ETERNITY. I believe that every Noble of The Light will have so built this into his consciousness that there will not be any doubt in the matter; but if there be any lingering doubt about the destruction or change of individuality, consider how LIFE, by the infinite variety of ways in which it can organize identical matter, proves its own individuality. Individuality obviously is an essential characteristic of life - you are different from me, I from you - yet we are organized from identical matter. No two living men or women are identical, though their dead bodies have the same chemical formulae.

IF LIFE IS INDESTRUCTIBLE, NO REASON CAN BE ADVANCED FOR SUPPOSING THAT ITS MOST ESSENTIAL CHARACTERISTIC - INDIVIDUALITY - IS DESTRUCTIBLE.

Whether one calls this individuality the "ego" or the "soul" or the "spirit" - names do not matter - you can see that it is an essential of human life (a part of the Great Essentiality of Life Itself), and of course as permanent and indestructible as LIFE ITSELF . . . and we must surely at once admit that LIFE is indestructible. When I speak of individuality - your individuality, my individuality - I refer to the capacity for separate existence, manifested through matter. Just as when you are "alive", or associated with matter, you exist in a separate body, and I exist in a separate body, so, when you are "dead", or have served your connection with matter, you - that is, the individual organizing forces - exist as separate units. Of course, a good many people will follow me thus far and agree with me thus far, but they are inclined to ask, "Well, in what form do I exist after death so that I am distinguishable from others? What am I like? Why cannot I be seen, weighed, or detected by any human instrument?"

This seems to be a logical argument. Well, let us see. Every schoolboy knows that it is possible to create waves in the ether, or space, or whatever you may call the all-pervading medium of life. You can measure these waves - their length - and they

THIS SPACE IS FOR YOUR OWN NOTES

work your radio every day. Yet you cannot see them or touch them or hear them or weigh them. They can only be made perceptible to your senses by an instrument made of matter and called a radio or wireless set. Though they are all in this all-pervading medium, these waves have individuality. Waves from one station will cause your radio to express sounds different from those that come from another station, but the matter of which your set is made remains the same.

Just as the matter of which your radio is made is capable of expressing the individuality of any kind of wireless wave, so the matter of which all human bodies and brains are composed is capable of expressing the individuality of the life that is controlling it. While you are "Alive", your bodies and brains are analogous to a radio set permanently tuned to one station. THEY ARE EXPRESSING ONE INDIVIDUAL ORGANIZING AND CONTROLLING FORCE . . . What is the difference between matter and the force that controls it? (It is the Spirit that quickeneth.)

That which is called "space" is an all-pervading substance of which the Universe is "made", and through which wireless waves travel. Take this IDEA, if you will, and put it into any words that you care to use, but when once you have the idea, then you can see how Life expresses itself, and how Life cannot be destroyed.

YOU THEN CAN SEE THAT YOUR BODY, - AND IF IT APPLIES TO YOUR BODY, IT APPLIES EQUALLY TO EVERY ORGANIZED LIFE FORM IN THE UNIVERSE - IS "MADE" OF "CHANGED SPACE". THE "MAKING" IS THE CHEMISTRY OF LIFE ITSELF. LIKE CREATES LIKE. If we can see this idea in relation to the gross individualized forms of life such as a human body, we can imagine the same process in ALL the more subtle forms of life, so that we see that the process never stops, though the form may change - yet it need not change until we decide that it shall change, when we know the way to control the process of change. So, if it will help you, you may get your idea of "Space", and the "all-pervasion" of "space." But space is changed through the chemistry of life, and here we see a tree, there a star, there a human being, there a mineral, and so on . . . BUT ALL LIFE FORMS, IN BOTH THE "ANIMATE" AND THE "INANIMATE" WORLD ARE "CHANGED SPACE" - THROUGH WHICH RUNS ETERNALLY THE SPIRIT OF LIFE WHICH QUICKENS ALL INTO ITS DIFFERING FORMS.

This may be a clumsy way, and I admit not a technically scientific way of expressing it, but if we can gain the IDEA we shall gain the knowledge. All forms of life are changing, from the lower to the higher -- WE are human beings, made in the Image of God, and as such we retain our individuality for evermore, gradually growing, through the highest practices of human life, into celestial beings. But the Individuality changes not.

(b) We Are Now in the "Next World".

The "next world," you can see, actually pervades the earth, and is less gross and consequently more beautiful than the limitations of coarse matter permit. WHY? Because all the limitations imposed on us by matter are absent. If your lover "dies", you are desolate; if she goes away for a couple of days, you think nothing of it. In the case where she "dies", your grief is due to your sense of "time", and to nothing else. There is no time, we are in eternity NOW.

On earth, thought is our only creative force, but it is indirectly creative. It has to work on matter, through brains and hands and bodies and tools made out of matter. With matter removed, it is able to create direct. See, then, the importance of "losing ourselves to find ourselves"? We live in God, and God lives in us - we ARE God, but subject to the limitation of matter, if we elect to give matter that power;

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but when we cease to recognize the matter and know only the spirit, when we cease to be bound by earth but live in heaven, when we learn how to transmute our humanity into divinity, then we ARE what GOD IS, and express as God expresses.

(c) Think - and Enlightenment Will Come.

My advice to you is to think on the truths that are embodied in words in this Commentary. Think upon them, and enlightenment will come.

When we begin to trace the truth of life, we find that our bodies are the Book of Life. When we have studied the Book and learned its truths, the body fades away into comparative non-importance . . as we proceed into The LIGHT of LIFE'S WISDOM, knowing that we ARE God in human form, we live then not on the earth, but in a world so far above the ordinary conceptions of ordinary human beings that this earth life, and all in it that is complex and apparently non understandable to the uninitiated mind, becomes "melted" for us by Wisdom, so that we come to see that WE ARE DIVINE BEINGS, not of the earth earthy, but of Heaven heavenly. We are the chosen ones, chosen to read the Truth of Life, and to live the Truth of Life, and by living it, to lift human beings out of their earth-bound dominion into regal co-partnership with the Lord of the Universe.

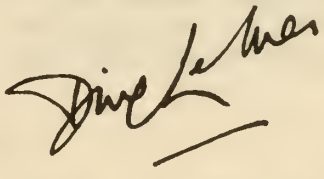
"AND HE SAID UNTO THEM, UNTO YOU IS GIVEN TO KNOW THE MYSTERY OF THE KINGDOM OF GOD BUT UNTO THEM THAT ARE WITHOUT ALL THESE THINGS ARE DONE IN PARABLES."

Change is the reality which lies in all forms and events which constitute the environment of evolving life And change in the Life Itself is consciousness.

This week spend much time in reading over and over again this Commentary, and then doing your own thinking into the secrets and feeling into the Truth. You will be able to amplify for yourself some of the conceptions which I have roughly outlined. I wish that it were possible for me to use words to explain ALL, but this cannot be done. But if I COULD rightly use words to express what is in my own mind, I am sure that I could, taking these rough ideas, coordinate them in such a manner as to prove to you that ALL IS GOD -- and that there is NAUGHT BUT God. This you must do for yourself, but when once you have come irrevocably to this conclusion, and have worked out the principle in your own consciousness, I feel sure that you will give grateful thanks to the Lord of Light for the impulses that strike into your consciousness and cause you to search into the wisdom of ALL THINGS, and hold fast to that which is true.

Peace be unto you. Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Tenth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY

111

THE TRUE REALIZATION (1)

God—The Absolute.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In commencing this Commentary, I will, during the next few weeks, endeavor to lead you to a great crystallization of what we have been for so many months learning together. We have trod The Path in that courageous and invincible spirit which is superior to every weapon. Proof that you have come so far in Mentalphysics is proof of your courage and modesty, the unequivocal virtues which hypocrisy cannot imitate, and in the whole range of earthly experience no quality is more attractive and ennobling than moral courage. I am proud of you, and grateful . . . "I Give Thanks" for you.

And now that we are entering upon the final chapters of the Fourth Volume of your Commentaries, I know that we shall enjoy together the elaboration of the Great Scheme. I ask you at this moment to let these sheets fall in your lap . . . I ask you to hear the eternal hosannas ringing through your soul . . from out your memory, the guardian and treasure-house of all things, will come to you the celestial music to wash away the dust of every day life . . . the music of the soul before whose spell all language fades. You are happy and glad. You are grateful. You are reverent in adoration before the Wisdom that has guided us thus far together.

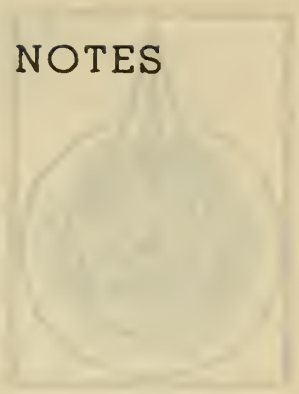
And in the quiet of your spirit, the only language you will hear, as you prepare yourself to consider the Mystery of Mysteries, will be the eternal command of Life Itself . . . LET THERE BE LIGHT - LET THERE BE LIGHT! The people who sat in darkness have seen a great light ; and to them that sat in the region and shadow of death light is sprung up.

(a) Let There, Then, BE LIGHT!!

THE LIGHT comes to us in three ways : (1) THE LIGHT OF THE SENSES ; (2) THE LIGHT OF REASON ; (3) THE LIGHT OF THE ILLUMINATION OF THE SPIRIT. And when all is said that can be said, and all done that can be done, the result will be that we come finally to read the Book of Life, in its seven Eternal Chapters, namely -

(1) GOD - The Absolute - God alone is true ; God alone is great ; alone is God. God the Changeless : All but God is changing day by day. God said : "Let us make Man in Our Image."

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(2) LOVE – THE FIRST QUALITY – God is Love, and God is everything. When WE love we know God through his moving spirit in us. Love finds out all ways, for Love is the Mother of Wisdom. Without love, your life is less than nothing ; with love pouring through your heart, through right deeds, life is lacking nothing of the Light of Wisdom. Love is precisely to the moral nature of man what the Sun is to the Earth, and, while to love for the sake of being loved is human, to love for the sake of love is angelic. Riches take wings, comforts vanish, hope withers, courage falters, BUT LOVE STAYS WITH US, for LOVE IS GOD ; and when you and I come to KNOW that LOVE is ever with us, then riches are eternal, comforts overwhelm us, hope rises to cause courage ever to fly onward on the wings of our faith. Humble Love, and not Proud Science, keeps the door of heaven.

"Love is a child that talks in broken language,
Yet then he speaks most plain."

Love levels ALL things ; Love takes the shepherd's crook and lays it everlastingly beside the scepter. Love, being God, never reasons, but profoundly gives – gives, like a thoughtless prodigal, its all, then trembles lest it has done too little.

(3) LIGHT – Light is LIFE ; it is the symbol of Truth ; light, once kindled, spreads till all is luminous. As Light is Life, there is naught BUT Light, and Light thus is the first emanation (of God). It comes to us, as remarked above, First – In the light of the senses ; Second – In the Light of the Reason ; and Third – In the Light of the illumination of the Spirit.

Thus : God, the Absolute.
Love, the First Quality of God, whose universal motion makes Light.
Light, expression in and through Life, whose essence is TRUTH.

(4) TRUTH – The Essence of LIFE – The Truth of Life is God's works, embodied in HIS ESTABLISHED LAW. Truth means Freedom ; truth is ever-present, impossible of being besmirched or changed by any outward touch as is the sunbeam (or ray of LIGHT) ; consequently Truth never turns to rebuke falsehood, for one is eternal and of God, the other temporal and of man. AND TRUTH IS THE MEASURE OF YOUR KNOWLEDGE, leading you to WISDOM.

(5) WISDOM – Wisdom is the Silent Director of the ENERGY OF THE LAW. Wisdom is only found in Truth ; Wisdom is a science of all other sciences, and of itself ; Wisdom is of the heart, guiding the intellect ; and what health is to the body, wisdom is to the soul.

"Happy is the man that findeth wisdom, and the man that getteth understanding ; for the merchandise of it is better than the merchandise of silver, and the gain thereof than fine gold. She is more precious than rubies, and ALL THE THINGS THOU CANST DESIRE ARE NOT TO BE COMPARED UNTO HER. Length of days is in her right hand ; and in her left hand riches and honor. Her ways are ways of pleasantness, and all her paths are peace. SHE IS A TREE OF LIFE TO THEM THAT LAY HOLD UPON HER ; and happy is everyone that retaineth her."

(6) ENERGY – Energy, universal and unchangeable, is LIFE'S sole MOTIVATING PRINCIPLE. The universal energy of life (Think of Prana) comes to us in (1) Thought, (2) Feeling, and (3) Action, the three redeemers of human life. You see that

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ENERGY is never detached, and can never be separated, from LIFE ; and as LIFE is self-manifesting and self-perpetuating, so Energy multiplies itself by using itself, just as Light Shines of itself.

(7) MANIFESTATION - This is the culmination of Life, the "Works of God," visible and "invisible." Manifestation is Truth Made Visible ; it is heaven on earth - "the manna comes down out of heaven" ; it is Love made known ; it is God seen in Human Form ; it is the realization by Man of what he truly is - God in the form of his true divine being.

(b) The Seven Eternal Chapters.

These, then, my Beloved, are the seven eternal chapters of Life Itself. You can use other WORDS if you wish. If you have another word for "God", you may use it ; if you have another word for "Life", or "Truth", or "Light", or "Manifestation", you may use it, for I have no quarrel with you. But, no matter what words you use, the eternal sequence of the Eternal Idea must constantly emerge - and we shall ever be in equality of The Spirit.

Having placed before us the Book of Life, and seeing its seven chapters, how then am I to READ THE BOOK? Let us see.

This and the next six Commentaries will deal with the chapters ; thereafter we shall lay down instructions for ourselves as to the reading of the book, by going gratefully again over and over the blessings that come to us from The Father by which we may read . . . . thus --

(1) GOD, THE ONE IN ALL, THE FATHER, THAT :

(a) God IN You . . Known through your Imagination, your Source of Creation.
(b) God WITHOUT You . . Known through Your Subconscious Mind, Your Source of Power.

(You are advised to refer to your Commentaries in which the Seven Kingdoms are explained. Here you see that we have "God" and the "God Quality" . . the Ethereal Kingdom, which leads us on to the next step, under (2).)

(2) GOD IN MAN - and - MAN IN GOD :

(a) REASON and WILL . . . . . Your Source of Direction.
(b) Emotions . . . . . Your Source of Inspiration.

(This is where Man may triumph, for both the REASON and the WILL are under his OWN direction and control. We may, by virtue of the fact that Man is IN GOD, make of our OWN lives what they should be, and so LIVE IN GOD, and BE WHAT GOD IS. But the "enemies stand threatening around," and they come to us through FEAR. They need not be recognized, however ("non-recognition"), for that FAITH rises triumphant, causing us to rightly USE THE ENERGY, rightly DIRECTED BY THE WISDOM.)

(3) GOD'S EXPRESSION THROUGH MAN :

(a) FEAR - ITS RIGHT USE. (This is, perhaps, a new idea, showing how we may transform Fear into Faith, and make stepping stones out of stumbling blocks.)

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(b) FAITH - THE SEED OF WISDOM. (Every moment instructs and every object, for Wisdom exists in every form and particle of substance. Wisdom circulates in us through our very blood, and with our blood, it would seem that Wisdom is poured into us. Wisdom is like electricity, and our very blood is Light.)

(c) Candidate, Rise in Thy Might!

During the coming week, take this synopsis of coming Commentaries. Read and re-read, being happy as you contemplate again the ORDER of Wisdom Be happy continually. If I were you, I would during this week, make notes, so that, as your subsequent Commentaries come to you, you will be able to see how true your own thought is. Be like a little child. If the "adepts" are often addressed as "children", this is not a mere invented figure of speech, without any adequate cause, but has deep significance. For no one can inherit the Kingdom of Heaven -- i.e., DIVINE SELF-KNOWLEDGE, unless he becomes like a child.

How wonderful to think that LIFE is being stretched out before us like a beautiful tapestry. All of us know more than we knew before we entered Mentalphysics. To some the journey has been hazardous . . we may have lost our way now and again . . often we might have been inclined to turn back even —— BUT

WE ARE NOW DEFINITELY ON OUR WAY - how miraculous that I, unworthy as I have so often proved myself to be, am blessed so that I may learn, IF I WILL TO LEARN.

In leaving you, Noble of The Light, I send you only LIGHT, LIGHT, LIGHT. May this be a week of overflowing joy and brilliant aspiration. Do more this week. Be more this week. Crystallize your own thought into scintillating inspiration, and let the Light shine through you to others. Oh, see the wisdom of helping your fellow man -- how, and to what? I sincerely believe that no higher gift of heaven or earth can be offered than the love of Our Mother, Mentalphysics. Down through the ages yet to come the word Mentalphysics will rebound with light. . . will resound in the hearts and minds of countless thousands. WE, you and I, are progenitors of the New World. WE are the pioneers. WE are the chosen ones. Let us walk humbly and in unflinching faith onward to The Goal.

Peace be unto you this week - And Joy, and Peace, and Beauty, and Love, and Youth, and Power, and Charity, and such an outpouring of The Light that every man and woman who meets you will rise up and call you blessed.

Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

Dinglehurst

Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Eleventh Commentary,
Inner Chamber.

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COMMENTARY

112

THE TRUE REALIZATION (2)

LOVE—THE FIRST QUALITY

My Beloved Student in Mentalphysics, Noble of the Light :

Greetings in the Bond.

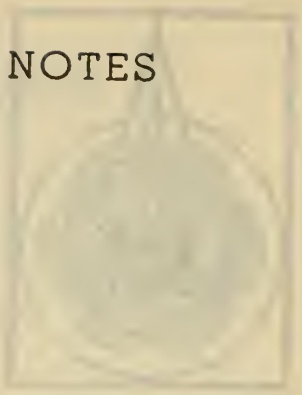
You are now ready to enter with me into a few weeks of glorious realization for which we have been preparing ourselves through our faithful study of our Commentaries. Starting from the point of dense condensation, we have learned the transmutation process; we have learned to use it, to melt, mix and fix the "substance", so that, like the diamond, we have reached the point where the Light, coming from the hidden Fire radiates and discloses the Divine Nature of us.

When we, of our own Light, which shines of itself, become as the radiant diamond, crystal clear, concealing the hidden mystery of our Divine Nature in the blazing brilliance of our own radiation, we are approaching the Path of Transfiguration. Yet in the exaltation of the discovery we must maintain the deepest humility, for though "I AM THE CREATOR IN HUMAN FORM", yet am I also but a spark of the Eternal Fire.

> "Humanity is the custodian of the hidden mystery, and the difficulty consists in the fact that that which man conceals from the world is also hidden from himself. He knows not the wonder of that which he preserves and nourishes. Humanity is the treasure house of God, for only in the human kingdom, as esotericists have long pointed out, are the three divine qualities found in their full flower and together. In man, God the Father has hidden the secret of Life; in man, God the Son has secreted the treasures of Wisdom and Love; in man, God the Holy Spirit has implanted the mystery of manifestation."

Thus in our approach to REALIZATION we are led in the first place to contemplate the First Quality of the Father-Mother, the Son, which is LOVE. To unlock the mystery of this all-pervading force, present in the manifested creation and permeating infinity, we must approach through the doors of our own soul and, if possible, feel its Presence there. Yet in order to interpret our own feelings of its presence,

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we must aspire to an understanding of its universality, its potency and the effect of its activity throughout that infinitesimal part of the universe of which we can become conscious.

We must realize it to be the desire of the Creator expressed through a force which is a Law, an irresistible, immutable Law. It is that force which causes the substance of the Spirit to be moved into forms which, in their ultimate perfection, will reveal the Plan of God in all its Intelligence, its Beauty, its Completeness. That Plan, in our present state of consciousness cannot even be glimpsed. Let us not then, try to mount too rapidly to the heights which are beyond the comprehension of our present state of consciousness. Yet we must, by our zealous striving, reach the Light and discover that the effort to attain to understanding carries its own reward. That which was hidden is revealing itself, for, unobstructed, IT shines of Itself.

(a) The Light That Is Love.

Have you not in the sublime moments of meditation lost all sense of time and space? Such moments are rare, yet when they take possession of us we dimly glimpse the Light, we "see naught but Light". Thoughts, words, have fled . . . Light is all that we are conscious of. So as we attempt to put our thoughts into cold words, we are conscious that ideas pertaining to the Absolute cannot be so expressed -- fourth-dimensional experience cannot be described third-dimensionally.

GOD THE FATHER-SPIRIT IS. GOD THE MOTHER-SUBSTANCE IS. This Being, ever active, moving within itself, upon Itself, expresses by its motion the Force which is Love, THE SON. This Trinity is ONE -- Father, Mother, Son; Spirit, Substance, Love. The WORD is ever going forth: "I AM!" The command ever IS: "Let there be Light". THAT LIGHT IS LOVE. No form appears that is not created by the Love which is the Son of the Father-Mother.

Thus creation is but the force of Love within the substance, shining through as Light. Every form is but the Light of Love made manifest. Love starts the nebulae; it forms the galaxies; the Light of Suns is but the Love of IT revealed. The planets shine by Light of Love, and all the kingdoms in the earth are but the forms of Love in Light. Thus, by the Light, is seen, through form, the Thought of God and by Creation can we read the Mind of God. In the Mind of God is naught but Love. The consciousness of God is Love, and God is all that is, Worthy Noble, therefore seek the Light; for when it shines through you and illumines your consciousness, you will find within its essence the Love that brings the Light to you, and you will know that "ALL IS LIGHT", and there is naught but Love that gives the Light. Then you will know that you are Love, and God is Love and you are God in human form.

You will then know that the Bond is Love. You will know that in the Bond you are knit to every living thing seen and as yet unseen. You will know that, as the consciousness reaches nearer the heights of the One Source, so will the Light shine with greater intensity and its Essence, Love, will manifest through you. You will feel that essence radiating from you so that you are compelled by its very presence felt within you, to love everything and everyone. For you will then know that YOU ARE LOVE -- THE SON.

(b) Love on Earth.

Read the foregoing slowly several times. Let the Spirit flood you with its Light as you feel the Presence of this irresistible force, called Love, surging through your

THIS SPACE IS FOR YOUR OWN NOTES

whole being. By Its Fire all dross is consumed. It is the supreme refiner. (Matt.3., 11-12; Mal.3. 2). When It possesses you, Noble of the Light, you will stand forth, the irresistible, conquering SON, and, being The Christ, you will be in the full consciousness of your true Being. You will know and declare, "I and the Father are One. I am the Creator in human form". Now, just as the light of the sun, in its contact with the various densities of matter is transmuted into lesser vibrations of itself according to the resistance of the substance which it meets, so does Love manifest throughout the earth in lesser phases of itself.

In the Mineral Kingdom it appears as the Law of Attraction, holding the atoms in various states of density and quality. We see it as that mathematical principle, which, throughout the evolution of the kingdom, maintains the beauty of forms which eventually emerge as crystals and the precious stones.

In the Vegetable Kingdom it appears in a higher form as the magnetic beauty and harmony which this kingdom displays. We see it here, too, as the principle of the "First Sacrifice", giving of its all to the kingdoms higher than itself.

In the Animal Kingdom, it, giving birth to Wisdom, which is the offspring of Love, appears as a growing consciousness in which Intelligence manifests as instinct, and the rudimentary emotions, the attraction of opposites -- mother love, the love of life, loyalty, the herd instinct -- show that the Light begins to appear and the soul has begun its awakening. In the higher forms, the domesticated animal, we see the birth of devotion, obedience to a higher will than its own, the desire to love for the sake of being loved and the giving of the self in service.

> IF WE HAVE EYES TO SEE AND A SOUL WHICH CAN FEEL, CAN WE TRACE THE BENEFICENT WILL OF THE FATHER-MOTHER THROUGHOUT THE LIFE OF OUR PLANET.

God's will to love meets with response in the life of every cell and begets a growing consciousness which inevitably evinces a greater awareness and a growing sensitivity until it emerges as the apex of all creation -- MAN.

(c) Love Through Man.

In Man is the potentiality to express the glory and the radiance of this transcendent power; through Man, God wills to reveal the Light that is Love: IN MAN SHALL THE SON BE MANIFEST. Worthy Noble, as you stand with me in the shadow of our Mother which has brought us to this point of realization of our destiny, can you wonder that the First Triangle in Mentalphysics is JOY -- GRATITUDE -- REVERENCE? In Mentalphysics we first sought the Light; in Mentalphysics we are feeling into the Light and discovering that IT IS LOVE.

As we look out on the world it seems impossible, from the behavior of mankind, to realize that underneath the chaos and turmoil IS LOVE. Yet it is Love that is causing the great upheaval. Let us not forget that Love is an irresistible force. If the response to its influx is in opposition to it, there must result to that which opposes IT, inevitable defeat in the effort to express the purpose of the Creator.

Noble of the Light, you have opened your heart to this great inflowing stream. You feel the moving Spirit of IT in every fibre of your being. Its Light has filled your mind with Its Wisdom. In finding IT you have been led over on and up through Its elemental stages of what is called human love. This dim reflection of the

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Reality to which you are destined to come, in most humans is but a short step from that instinctual love expressed in the animal. Many humans -- nay, most humans -- are still in this elementary state.

In the Plan of the Father this must needs be so. But human love must be transmuted into higher realms. Love of persons, kin and friends must expand. The mother must learn that her love for her children must lead her to love the children of all mothers. Human love, gloriously beautiful in its highest expressions must be refined; it must transcend the particular and partake of the Universal.

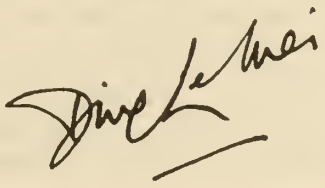
Can you not see that, free from the limitations of this beautiful and beneficent emotion, all power is ours? Until this freedom is attained The Christ cannot appear. Yet we must travel the lower road in order to reach the higher. We must learn to love those near to us before we can love MAN. We must learn to love MAN before we can know what it means to love God. We must surrender our life and all its expression through us to Love and Love alone. Love must be our Light and IT must shine on everyone. In the presence of ITS radiance within us no shadow can be upon us. Shining from us, no shadow can approach us. Its glory embraces those who come near to us and transforms them while it shines on them.

And then at last, the final barrier is melted, LOVE THE CONQUEROR takes full possession; we emerge from "The Cave of the Moon" into the glory of the Palace of the Sun . . . we KNOW that we are LOVE THE SON. "All Power is given unto Three". "In Thee shall all the kingdoms of the earth be blest". Noble of the Light, faint not nor grow weary in the search. It lies before Thee and within Thee! Forward into the Light!

To you shall come this week a greater realization of your joy in the duty of giving your all to every living thing. In that Joy shall your Light "so shine before men that they shall see your good works and glorify your Father which is in Heaven". Love, like a thoughtless prodigal, gives its all, then trembles lest it has done too little. Thus, and thus alone shall we Nobles of the Light bring into this good earth the full expression of the Brotherhood of Man.

You are Peace, Joy, Beauty, Wisdom and Love. May you rest in the feeling and consciousness of these, the qualities of the Father resident eternally within you.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Twelfth Commentary,
Inner Chamber.

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OM MANI PADME HUM

The Inner Chamber

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COMMENTARY

113

THE TRUE REALIZATION (3)

"AND GOD SAID, LET THERE BE LIGHT!"

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

This week I want us to talk together upon Light - the Essence of Life, the Symbol of Truth. Like Milton, you and I stand before Life Itself, reverently, adoringly, in veneration, and declare, "HAIL, HOLY LIGHT, OFFSPRING OF HEAVEN'S FIRST-BORN!"

No doubt any longer exists in my mind that you understand the eternal SYMBOL of the ONENESS of LIFE, for we have had it presented to us in a thousand ways - we have seen it in the Ethereal Kingdom, in the eternal ESSENCES -- of God, of Love, of Breath, of Prana, of Thought, of all the energies and principles and laws of Life ; but in no way does it come more clearly to us than in our understanding of LIGHT. It is in the LIGHT OF US that we come to Know all the Laws of the TRUTH OF LIFE. "And GOD SAID, 'LET THERE BE LIGHT!'". . . . IN THIS COMMENTARY WE ARE TO CONSIDER TOGETHER THE LIGHT OF US.

(a) The Different Meanings of "Light".

The dictionary tells us that Light is that "form of motion or energy capable of affecting the organs of sight and thus rendering visible the objects from which it proceeds." The undulatory theory is that light results from rapid vibrations of the molecules of the luminous body ; that these vibrations are transmitted through the ether as wavelike movements at the rate of 186,400 miles per second ; and that these movements act upon the nerves of the retina, causing the sensation of light. The corpuscular or emission theory of Newton supposed that luminous bodies threw off corpuscles or particles in straight lines. The electromagnetic theory considers light to be an electromagnetic wave disturbance.

Then we have other definitions such as :

> "Illumination of mind ; instruction ; knowledge ; intelligence ; Joy, felicity ; a state of bliss ;" . . then luminosity, radiance, beam, gleam, phosphorescence, scintillation, coruscation, flash, brightness, brilliancy, effulgence, splendor, blaze, illumination, understanding, interpretation, and so on, and so on.

If you are interested, you may consult a good dictionary, or a Thesaurus, merely to gather the almost infinite meanings that the one word "LIGHT" gives - it will amaze you. And I daresay that, as you read and study these meanings, you will feel yourself coming to the conclusion that, at back of all the meanings, is the ONE ETERNAL COMMAND THAT LIFE IS GIVING TO EVERY LIVING THING, WHICH EMANATES FROM THE ETERNAL SINGLE LAW OF GOD, "LET THERE BE LIGHT". For you can see, can you not, that as soon as any living

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thing comes evolutionarily to that state where it expresses itself, the only command that is issued forth with its life, coming direct from the Center of the Centers, from the Single Eye of life, is "Let there be light!" With every breath that you and I breathe, and every breath that every living thing breathes, the command of the very breath itself is "Let There Be Light" . . . SEND OUT THY LIGHT.

(b) Light Spreads Till All Is Luminous.

In your 111th Commentary, it was said : "LIGHT IS LIFE : IT IS THE SYMBOL OF TRUTH; LIGHT, once kindled, SPREADS till all is luminous. As LIGHT is LIFE, there is NAUGHT BUT Light, and LIGHT THUS IS THE FIRST EMANATION OF GOD. It comes to us - First, in the LIGHT OF THE SENSES ; Second, in the LIGHT OF THE REASON ; Third, in the LIGHT OF THE ILLUMINATION OF THE SPIRIT."

We see Light BY MEANS OF light, and we know it to be the most wonderful of all visible things. Light is the first of painters, and, as Emerson once said, "There is no object so foul that intense light will not make it beautiful." So many wise men have remarked on Light as the first essence to which all living things look, for the reason that every living thing unconsciously desires more light - whether of the senses, the reason or the spirit. Our universe is beginningless and endless, and with every breath that we take, we may well feel within our souls Milton's immortal words --

"'LET THERE BE LIGHT!' said God, and forthwith Light
Ethereal, first of things, quintessence pure,
sprung from the deep ; and, from her native east,
The journey through the aery gloom begun,
Spher'd in a radiant cloud."

And again, as Elliot wrote --

"God said - 'Let there be Light!'
Grim darkness felt his might,
And fled away ;
Then startled seas and mountains cold
Shone forth, all bright in blue and gold,
And cried, ''Tis day! 'Tis DAY!'
'Hail, holy Light!' exclaim'd
The thundrous cloud that flam'd
O'er daisies white ;
And lo, the rose, in crimson dress'd,
Lean'd sweetly on the lily's breast ;
And, blushing, murmur'd 'LIGHT!"

Whether we turn to modern science, or religion, or philosophy purely as such, or any other study of essential things, we find LIGHT feeding upon itself, for we see things in the Cosmic Light, in the macrocosmic universe, by virtue of the microcosmic light of ourselves. All study of LIFE is by LIGHT, and all that we can study is the Life-Movement of the SPIRIT through the rhythm of things. Man is akin to the stars. Man is ever in the making, and you and I have never been cut off, nor can we ever be cut off, from our original kinship . . . you and I are in the upward ascent of the evolutionary spiral towards the development of our spiritual nature of LIGHT. Every star that lights the midnight canopy has its rightful (and inescapable) part to play in the Cosmic Whole, giving forth its light ; and in an identical manner we, you and I, are Centers of LIGHT, taking OUR part in the development of the universe through spiritual light. We are SOLAR ATOMS, if you allow such a term - centers of light, the rays that go from us to every other evolving living thing, being determined in its strength or velocity by our spiritual aspirations . . . in other words, we reflect the Light of Wisdom to the degree that we face the Light. YOU CAN SEE THAT MAN IS A

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MICROCOSMIC SPHERE OF LIGHT (therefore ENERGY) DUPLICATING OR REFLECTING THE MACROCOSMIC SPHERE, OF WHICH HE IS, SO TO SPEAK, A SINGLE CELL, MADE UP OF MILLIONS OF ATOMS HELD TOGETHER BY VIBRATORY LAW.

NOTE: It can clearly be seen why no two human beings can be exactly alike, for the unceasing play of Tattvic Force is constantly changing in the ebb and flow of the Great Holy Breath of Life Itself. Tattvic Force, as you will know, is the force that lies at the root of all manifestation, is the force that is used by the Mind of Life (of God) to create LIGHT.

(c) How You May Meditate on "LIGHT."

If I were you, having read so far, I would sit quietly and meditate on all the different aspects of this Great Truth outlined for you thus far in this Commentary.

You may consider LIGHT, and understand it better by meditating upon either of the following - or, indeed, some entirely different phase of Life ----

From the point of view of BREATH : Your OWN PHYSICAL Breath, your OWN MENTAL Breath. Perhaps you have gained sufficient control of your own Breath that it has been transmuted and become No-Breath. Thus you may know the LIGHT better when analyzing your Breath.

From the point of view of HEAT : You may be able to generate PHYSICAL HEAT in your own body, and thus, knowing what this heat is, to be able to know better the LIGHT that comes from the FIRE that gives the heat.

From the point of view of COLOR : The colors in Nature - the mineral kingdom (such as meditating upon your own ring). Perhaps the color of your own blood -- why is it the color that it is, what is the force of the Tejas Tattva (the Tattva of Fire) that causes it to be that color. Perhaps the color of a blade of grass, or a rose, or the color of the "sky", or the color of a star, and so on, and so on. Perhaps something outside of you, or perhaps inside your own body -- and so on, and so on.

From the point of view of Nature : The Nature of your own body, the movement of your own mind, or the feelings within your own body or your mind. All knowledge is FEELING, and FEELING is the interplay of the LIGHT of the Cosmic Light in your own consciousness. Perhaps something that has brought you into a great realization of Light in the "Me", or "Not Me".

From the point of view of the Senses : Such as the sense of Touch, or Sight, or Hearing, or Tasting, or in any other real or apparent way.

From the point of view of the Reason : Perhaps you may have been giving yourself over to the scrutiny of your own Reason - how you reason, why you reason, the net effect of operations that cause you to reason --- and so on. You feel the LIGHT of Wisdom very keenly if you have grown into the practice of analysis of the processes of reasoning. And so on, and so on.

From the point of view of Spiritual Feeling and Understanding : You have become aware in your Meditation of great LIGHT which, at first, is understood through physical feeling of it, then by mental cognizance, then by that all-absorbing spiritual "sea" of Light.

Note: It does not matter HOW you get the understanding, so long as you employ the easiest means by which you may start the current of Light within your consciousness. When we approach the spiritual side of our natures

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it is not possible for any Teacher to tell you what to do and what to expect - that is your own work, and may you be richly rewarded by growth on the spiritual plane of your life.

(d) Where the Teacher Essays to Advise.

"If we work upon marble, it will perish ; if on brass, time will efface it ; if we rear temples, they will crumble into dust . . . But if we work upon immortal minds and imbue them with the principles, with the just fear of God and love of our fellow-men, we engrave on those tablets something that will brighten to all eternity." What wisdom Webster spoke in those few sentences!

Only as we work upon our own minds, shall WE engrave on the eternal tablet of the Immortal Spirit.

So far as WORDS can convey Truth, you have already in Mentalphysics learned much about THE LIGHT OF LIFE, which you ARE. You need to grow in The Light? Then the best general means to insure the profitable employment of your time and energy is to accustom yourself to living in continual dependence upon that LIGHT OF THE WORLD that lightens the mind of every man that cometh into the world -- receiving, and watching so that you KNOW what and how to receive, whatever "He" is pleased to bestow. . . considering "Him" in every emergency requiring instant action. . . so that, at the exact point at which you stand in the great universal hierarchy of Universal Light, you do naught to "short" the current that will either take you onward or backward, as YOU DECIDE.

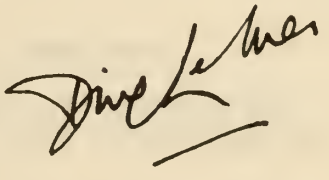
It should be your work, as a genuine Noble of the Light to raise, first, your OWN Life to the zenith of the Light that you are capable of facing ; second, to so harmonize the practice of the USE of the Light that it shines of itself upon every living thing that touches your own life, as the microcosm and the life of Every Living Thing that, through abstract principle, you touch in the macrocosm.

May the study of this present Commentary bring you great joy! May LIGHT, in all its unsullied effulgence, enlighten thee. May LIGHT, like the divine humidity that it is, bathe thee in its waters. May you know Joy and Love, your own life be full and abundant, overflowing to every other living thing that you are capable of helping along The Path.

This week shall be a week of great inspiration for you. Think much of Ding Le Mei. Think of us all here at The Institute. Rise this week to The Heights, fearful, yet unafraid. . . And in the bliss of that sweet contentment that will pervade thee, mays't thou renew thy vows and enter once again into the sacred haven, knowing only LIGHT. And in that Light, shalt thou find peace, for peace dwelleth within thee . . thou art made In The Image, and BY THE LIGHT THOU SHALT ALONE SEE THINE IMAGE.

Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Thirteenth Commentary,
Inner Chamber.

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OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY

114

THE TRUE REALIZATION (4)

"TRUTH—THE ESSENCE OF LIFE".

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

We approach this week, with joy and courage, the contemplation of that, "than which there is naught higher" - TRUTH. TRUTH, the vision which all are seeking to glimpse. TRUTH, the ultimate revelation towards which the whole universe is speeding in its majestic, exalted onward course. When the faintest glimmer of it blazes into our consciousness we stand spellbound, breathless, and for the moment, like Paul, blinded by its glorious LIGHT. Recovering, we are transformed and never again the same.

Small wonder is it that ye Nobles of the Light maintain your zeal in your daily action, and with me travel onwards, patiently and persistently towards the Light. We have at times felt the surging power within urging us ever onwards. We have bathed in the golden Light which has given us renewed strength to press onward towards the GOAL. We have rested together in the high valleys of the foothills which we have climbed.

The vision is ever before us and will ever be so. To know and feel that there is a vision is the first step towards true realization. When that first faint inner voice bade you join other seekers and kneel at the feet of our mother Mentalphysics the joyous journey was begun. Then you became assured that there was a vision, and that you had found your guide. The guide has led you to your Sunrise, and the Light within you has revealed the vision of the Sun behind the Sun.. . . LET YOUR LIGHT SHINE! "Where there is no vision the people perish," yet having the vision only, without letting the Light of it shine in serving our fellow man, we profit nothing.

(a) What IS Truth?

What is TRUTH? Let the great Master answer as he is said to have done:

*** "Truth is the only thing that changes not. In all the world there are two things; the one is truth; the other falsehood is; and truth is that which is, and falsehood that which seems to be.

"Now truth is aught, and has no cause, and yet it is the cause of everything.

"Falsehood is naught, and yet it is the manifest of aught.

"Whatever has been made will be unmade; that which begins must end.

"All things that can be seen by human eyes are manifests of aught, are naught, and so must pass away.

THIS SPACE IS FOR YOUR OWN NOTES



"The things we see are but reflexes just appearing, while the ethers vibrate so and so, and when conditions change they disappear.

"The Holy Breath is truth; is that which was, and is, and evermore shall be; it cannot change nor pass away.....

"Man is the truth and falsehood strangely mixed. Man is the Breath made flesh; so truth and falsehood are conjoined in him; and then they strive, and naught goes down and man as truth abides." ---Aquarian Gospel.

You have no doubt spent a very profitable week in meditation upon the Light of you as I advised you to do in the One Hundred and Thirteenth Commentary. If you have done so, there must have come to you in your Light, and by its illumination of your consciousness, an expansion of the Vision that awaits everyone. Within you there has come a feeling of greater power, an expansion of the consciousness towards the realization that YOU ARE TRUTH.

You have felt that the form in which you function on this plane of lower vibration has within it and IS truth in its essentiality. Knowing that you are Truth itself, the nearer the Light leads you to the clear vision of what is Truth, the more perfect does your body appear and function. The dense physical body in the Light of the Truth of you reflects with greater clarity your consciousness of TRUE BEING and daily it becomes more and more a radiant Temple of Light, "the Temple of the God that lives within me; of the Truth that I AM."

Thus the sight of the eyes becomes perfect as the Inner Vision of the Truth of you becomes clearer. "The Creator is within me, looking out with PERFECT VISION on the Universe - its Perfect self made manifest in form - through my PERFECT eyes." In the Truth of the Inner vision, the physical instrument, through which the physical mind perceives, the eye, and the sense of sight for which it functions must be Perfect.

Again, as the vision of the Truth becomes more and more a part of the consciousness, so does the soul respond from within, and ITS Light shines more readily so that the eye becomes the open window through which the Light of the soul shines with the new found radiance of THE SOUL, THE TRUTH of which you are a part.

Let your Light, the Truth of your inmost Being, shine before and upon all men, through the smile and the love in your eyes. Let every day be one in which the Light, the symbol of the perfect Life you are, so radiates from you that glimpses of your vision may be felt by those whose Light is darkness. Thus will your Light feed upon itself and radiate with greater intensity upon your vision which will thus be made clearer to you.

Then, peacefully contemplating whatever comes to you as a glimpse of the TRUTH of you, there will unfold an understanding of its meaning. There will evolve a greater comprehension within you. You will not only SEE the Vision in your Light, but you will comprehend the Will which causes the Vision; you will hear the Sound in the Light that is the Word. This comprehension of the Word that brings the Plan into manifestation in the outer, will be followed by a keener sense of hearing, for "The Creator is within me - is the Truth of me - listening to the sounds - the music of the Word - of the Universe through my perfect ears."

SO, LIVING MORE AND MORE IN THE WORLD OF MEANING, AND LESS AND LESS IN THE WORLD OF APPEARANCES WE MUST MANIFEST MORE AND MORE OF THE TRUTH OF US ON EVERY PLANE.

The whole body, the form which the Truth of us has manifested on this planet, must become a reflection of whatever of Truth we can see and comprehend as being within us.

THIS SPACE IS FOR YOUR OWN NOTES

ready to receive. . . . NEVER FORGET, O Noble, that it is there to be revealed to you. And just so far as your aspiration to find it is aflame, and your will and zeal burn with intensity, so will the reward be.

No matter how man may try to do so, Truth cannot be defined nor can it be described. It can only be felt. We may say that IT is OMNIPOTENCE, yet we have no conception of Power. We say IT is OMNISCIENCE. Who can lay claim to KNOWLEDGE? And what grasp can we have of OMNIPRESENCE?

IT IS THE FIRE THAT BURNS WITHOUT CONSUMING. THE LIGHT THAT CASTS NO SHADOW, AND SHINES OF ITSELF. . . THE FORCE THAT HAS NO CENTRE. . . THE SPACE THAT IS NOWHERE. . . THE TIME THAT HAS NO MEASURE. . . THE MIND THAT HAS NO THOUGHT. . . IT IS THE SOUNDLESS SOUND, THE CAUSELESS CAUSE. . . IT IS THE ALL, YET IT IS NO THING. . . IT IS THE ONE ABOUT WHOM NAUGHT MAY BE SAID. . . . IN REVERENCE WE BOW OUR HEADS BEFORE ITS MAJESTY, YET IN THE SILENCE OF OUR SPIRIT WE ARE FILLED WITH JOY IN THE KNOWLEDGE THAT WE ARE THAT.

Within you and within me burns the Eternal Fire. Within you, as you have discovered, is the Light that shines of itself. The Force that is Life, the time that is Eternity, the Silence that is the Sound of the Eternal music. Again I exhort you to LET YOUR LIGHT SHINE! We are THAT; let us ever strive to express It.

Words fail us as we try in such a feeble way to write and think of the ever-revealing, glorious SELF of us. Noble of the Light, we should ever dwell within the protecting bounds of our triangle. Let us feel as never before that we are JOY, GRATITUDE and REVERENCE.

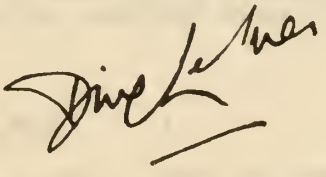
So, during the coming week, shall we give ourselves in our own quietude, to the joyous contemplation of the Vision ahead? Let us meditate upon the immutable laws that govern our emergence into the Light of us. These laws are at work in every human; they are immutable and always in action. WE LEARN TO USE THEM THAT OUR PROGRESS MAY BE ORDERED AND SPEEDY. Others, knowing less, are chained to the wheel of evolution, that long and weary way that those who do not know must travel.

May you during the coming week "LET YOUR LIGHT SHINE!" Express in your everyday activities all the Light that you have been able to glimpse in the vision. Drop all sectionalism, nationalism, ideas of racial and political differences and think only in terms of the one family, the ONE HUMANITY WHICH IS THE DIVINITY.

Make sacrifices of time and money or whatever you have to give to spread your Light, which is the reflection of the Light of our beloved Mother, to those who will listen. Lose sight of your own affairs; sink them in the urgency of the day, for never in the history of the world has there been such need for the spread of spiritual enlightenment. Think not of the reward; that is assured. Only in the activity of the effort to help others will THE TRUTH OF YOU become known to you.

To you this week, joy in your efforts, peace as the aftermath, and greater Light upon the Path.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Fourteenth Commentary,
Inner Chamber.

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COMMENTARY

115

THE TRUE REALIZATION (5)

WISDOM—THE SILENT DIRECTOR OF THE ENERGY OF THE LAW".

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In your Commentaries Nos. 111, 112, 113 and 114, we have dealt with

GOD - The Absolute
LOVE - The First Quality
LIGHT - Of the Senses, of the Mind, of the Eternal Spirit
TRUTH - The Essence of Life

And in this Commentary we are to deal with "WISDOM - The Silent Director of the Energy of The Law".

Wisdom, we read, is above price, more precious than rubies; it is the health of the soul; it adorns riches and shadows poverty; Plato said that wisdom is alone a science of other sciences and of itself; wisdom is that which holds all forms together; what health is to the body, wisdom is to the soul; Wisdom cannot be exaggerated - it is the highest achievement of man. Wisdom is the impelling power behind THE LAW OF LIFE, and when LIFE is expressed perfectly, the flow of Wisdom is not stemmed or changed.

You see, do you not, that WISDOM, shining through LIGHT (the light of the senses, the light of the reason, the light of the Cosmic Spirit), is that which is embodied in the ENERGY OF LIFE, whose action, directed by WISDOM, brings into manifestation the PERFECTION OF LIFE.

AND THE DOORSTEP TO THE TEMPLE OF WISDOM IS A KNOWLEDGE OF OUR OWN IGNORANCE. . . . . Of MYSELF I can do nothing, but "I and My Father are One!" WISDOM is the "touchstone of Life"; when we are truly WISE, then perfection is ours on ALL planes - in the physical body, Health; on the mental plane, Joy; on the spiritual plane, that Peace that passeth knowledge.

(a) Wisdom Directs the Father's Will.

A wise man said, "Look about, my son, and see how little wisdom it takes to govern the world". I would advise you to meditate upon this sentence. How little wisdom it takes to govern the world! It is axiomatic that all that "the world" is made of, in

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the final analysis of Truth, is WISDOM. Wisdom is ever-moving, in its motion ever directing. Directing what? Directing ALL THAT THERE IS -- from the microcosmically small to the macrocosmically great. Stars sweep and question not, - because WISDOM directs their movement. Similarly, "I am perfect even as the Father which is in heaven is perfect" - why? Because, in very Truth, The Father is the author of Wisdom; Wisdom is his movement; I am in the Father and the Father in me - therefore, Wisdom is MY movement; when I learn how to relax into it, to feel within it, to be bathed by its pure waters, to know that I BECOME WISDOM MOVING, then I am FULLY that which does the Father's Will --- "whatever the Creator is, I am."

In his powerful expression of wisdom so strongly told in words, Epictetus said: "He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has". He might have added that, rejoicing for those things which he has, he automatically becomes manifestor of and possessor of those things which it seems he has not. In seeking wisdom thou art wise, but to imagine that thou hast attained it makes you a fool.

My Beloved, it is idle for me to think that I can write on these sheets that which will bring YOU Wisdom. That, none can do for thee. But if what comes to you hot through my fingers direct from the moving Spirit of Life - which IS Wisdom - can cause you to generate the feeling that thou art WISE IN IT, then indeed, shall my service have been rendered to thee. He who HAS wisdom and EXERCISES wisdom exercises the knowledge of God. Wordsworth wrote that "he is oft the wisest man who is not wise at all." Another writer said that "a man cannot learn to be wise any more than he can learn to be handsome." WE must know LOVE to be wise. IT IS LOVE alone that courts Wisdom . . . but if, as Decker sang, thou kiss Wisdom's cheek and make her thine, she will breathe into thy lips divinity, and thou, like Phoebus, shalt speak oracle.

Yea, LOVE - The First Quality of the Absolute, alone can court wisdom. None can be wise for his OWN sake - and yet, peculiarly, in the beginning, that must be (and indeed can only be) the sole key that will unlock the secret door to the inner palace of Life whence Wisdom dwells. With all our heart, we must DESIRE Wisdom.

(b) We Must DESIRE To Be Wise!

As the human heart must beat that we may express Life physically, so our soul can live only by its own heartbeat - which is Desire. "If with all your heart ye truly seek me . . . " -------- "O, that I might have my request, and that God would grant me the thing that I long for." DESIRE is a spiritual quality - I question whether we ever desire ardently what we desire rationally . . . Desire seems to be something within us that is connected up with the soul of us much more than with the reason of us.

Should our desires be weak or "wrong", these unlawful desires punish us after the effect of enjoying - and thus, finally, WISDOM moves into us by the gateway of suffering. As long as the heart preserves unlawful desire, the mind preserves illusion, but when the one burning desire of the heart and mind has been so purified by the fire that melteth all things, then Wisdom comes to linger and instruct us.

Columbus dreamed of an unknown world, staked his life on his belief, had courage to embark upon uncharted seas out into the unknown world, and DISCOVERED IT. So, O Noble Candidate, must it be with thee. Thou has visions of thine own complete 'becoming' -- becoming what? Becoming ONE in and through and by and for and with THAT WHICH IS. Thy

THIS SPACE IS FOR YOUR OWN NOTES

little Light, reflected to thee by the Omnipresent Wisdom of Life, inspireth thee to gain to lose, to lose to gain . . . to live to die, to die to live . . . to have to give, to give to have . . . to lose thy human entity in thy divinity, to lose thine own divinity in THAT - in God, in Life, in Love, in Light, in Wisdom, becoming that which thou truly ART.

*** To LOSE thy life, knowing that of thyself thou ART nothing and KNOWEST nothing, is the beginning of Wisdom -- this is the sum total of all our learning so far in Mentalphysics.

When our Desire is intense, we find Faith, and when Faith comes into the picture Reason has to bow to everything that is above it . . . Imagination takes charge, and Wisdom welcomes us.

(c) We Must Know That Wisdom Is Our Life.

We have no fear for the man who DESIRES TO BE WISE. On ALL planes of existence DESIRE transforms itself into its equivalent in manifestation. Guard, then, thy desires! I desire riches, fame, . . . WHAT do I desire? TEACH ME THY WAY, O Lord.

TRUE DESIRE to be wise causes us to be wiser today than we were yesterday, wiser tomorrow than today. 'Tis the mind that makes the body rich; 'tis the soul that makes the mind of peace. We GROW in wisdom, for it always comes unseen - though through our lives its work is clearly seen. So, let all us Nobles of the Light rejoice together, knowing that at last, through that unquenchable desire for self-mastery and self-unfoldment, we desire to be wise.

And THINK! When all men DESIRE to be wise, how little wisdom it takes to govern the world. When men desire not to be wise, society is corrupt, making a multiplicity of laws - all to be broken. But when men are wise, they ARE the LAW, requiring naught but that burning spiritual quality to keep them constantly awakened, constantly desiring wisdom, constantly living in the true fear of The Law, which is the beginning of Wisdom . . . . And, My Beloved, as I write this to you, I seem to FEEL that, though the WORDS are commonplace and the sentences lacking in symmetry and audacity, there will flow through the spirit of me to you that holy, holy spirit of GRATITUDE to LIFE ITSELF, from whose bounty of purity we feel the inspiration to be wise.

(d) We Must Know the Silence.

To BE wise, we must know the Silence. It is true that words are the voice of the heart, but we must also remember, as I think Goethe said, "the rabble also vent their rage in words".

The deepest life of Nature is silent and obscure - so with ourselves, we KNOW most when we are silent. I remember as a boy reading from Pythagoras: "It is better either to be silent, or to say things of more value than silence." I am sure that as you review again and again this Commentary you will see, as I see who am writing it, that all that we have learned so far in Mentalphysics, is teaching us WISDOM.

This week, then, I would consider WHAT WISDOM IS.

*** I would consider the physical side of my life, and see how, established in Wisdom, your health and general well-being is perfect . . . the universal Force of Life expressing itself in your body uninterruptedly flows in its perfection.

THIS SPACE IS FOR YOUR OWN NOTES

Think of, and make record of all the different phases of your physical life that you can think of - health, vigor, strength, power, potency, efficacy, force, might, vitality, robustness, soundness, virility, energy, activity, power, and many other words which will bring you ideas. Write them down, and consider every phase of WISDOM in your perfect body.

*** I would then consider what the effect of WISDOM is in the mental side of my life . . . How WISDOM causes you to know, through your mind, The LAW of existence, relation, quantity, order, time, change, causation and all the abstract relations; how the whole classification of the universe is made clear to you through Wisdom - of space, matter, intellect, volition, the affections, and so on; make your own comment for yourself on your own POWER TO THINK, and how WISDOM guides and upholds you . . . THE WHOLE WIDE REALM OF NATURE AND SUPER-NATURE OPENS BEFORE YOUR MIND AS YOU CONTEMPLATE THE PRICELESS POWER AND LOVE OF WISDOM.

*** I would consider the effect of WISDOM in your Spiritual life . . . bringing you THAT PEACE THAT PASSETH KNOWLEDGE.

(It would serve no purpose for me to instruct you what to do in this review or how to carry it out, but WISDOM HERSELF WILL GUIDE YOU.)

(e) I, Wisdom, Express Life.

*** SO THIS WEEK YOU WILL BE ABLE TO TAKE YOURSELF HEAVENWARDS, UPHELD BY WISDOM, the great director of the Energy of The Law. Peace will accompany thee. Joy will sustain thee. Truth will embosom thee. Light will bathe thee in her illumination of divinity. Love will silently wait upon thee. AND YOU SHALL KNOW GOD.

Reading the Book of Life within thyself, thou shalt be ever blessed. Climb the mountains and get their good tidings. Feel the winds of wisdom blowing their freshness upon thee. And as, alone, thou art companionable to Wisdom, she will cause all thy cares and griefs to fall from thee like the leaves of autumn. And during this coming week of bliss, bless Every Living Thing . . constantly Give Thanks to our Mother Mentalphysics . . be near in spirit to him who now communes thus with thee . . know that thou art chosen as the Sun of Righteousness . . FEEL the joy of Life and know its Love.

*** As I leave you this week, I urge you to KNOW that, in the ever-moving WISDOM of Life, you move about the world as an Immortal among mortals to whom the secrets have not yet been revealed.

*** I, WISDOM, WALK OUTWARDLY AMONG MORTALS ON THIS EARTH . . . BUT IN REALITY I WALK WITH THE IMMORTALS OF A HIGHER WORLD *** I AM OF THOSE WHO KNOW THE LAW. *** WISDOM WALKS AND TALKS THROUGH ME. WISDOM SEES AND HEARS AND FEELS AND ACTS THROUGH ME -- I AM THE SILENT WATCHER IN THE SILENT SANCTUARY, THE PATIENT HUMBLE OBSERVER, OBSERVING THE OBSERVED.

*** I AM GOD IN HUMAN FORM, DOING THE WILL OF UNIVERSAL DIVINITY AND I KNOW THAT THE KINGDOM HAS COME, AND THAT I AM IN IT.

*** I GIVE THANKS --- I AM HAPPY. ETERNALLY I STAND IN REVERENCE -- IN ADORATION -- IN VENERATION OF THE LAW.

Peace Be Unto You For Evermore.

Sincerely your Teacher, in Fraternal Bonds of Joy and Hope.

Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Fifteenth Commentary,
Inner Chamber.

Dine LaMai

THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY

116

THE TRUE REALIZATION (6)

"ENERGY—The Sole Motivating PRINCIPLE of Life"

My Beloved Student in Mentalphysics, Noble of The Light:

Greetings in The Bond.

In our consideration of the activity of the Creator within Itself, whereby IT reveals Itself as LIFE, this week we approach nearer to the source of all living things. We have learned and let us hope have begun to realize the one greatest, fundamental and only truth – that God is ONE SUBSTANCE in which moves ONE FORCE or ENERGY. There is in the universe, manifest and unmanifest, but one substance. The thought, the energy within the substance, by "creative fiat" causes the substance to take the form which we call the Universe and which is God EX-pressed. . . . Energy, rightly used, conquers all things, and as we all have energy we cannot be deprived of it. The energy in which we live, and which is embodied in us, will do anything that can be done in the world, and, as Goethe remarked, "no talents, no circumstances, no opportunities will make a two-legged animal a man without it". I – and you – should act with as much energy as those who expect everything from themselves; and we should pray with as much earnestness as those who expect everything from God. That kind of man never fails.

LIFE, then, is that expression in form of this ONE ENERGY, which reveals the Creator. It is never static, for behind it and within it is the energy which causes it to be ever-moving and ever expressing more of that which we call GOD. You, guided by the hand of the Wisdom within our Mother Mentalphysics, have learned how to contact and become more receptive to this energy. As your consciousness of it expands, so do you enjoy and control more of Life.

The more we endeavor to become conscious of the ABSOLUTE ONENESS OF ENERGY the greater will be the inflow of this motivating energy of Life, and naturally the more of Life we shall express. LIFE ITSELF IS AN ORGANIZING ENERGY OR FORCE WHICH CAUSES THE SUBSTANCE TO BE BUILT UP INTO THE MULTIFARIOUS FORMS WHICH EXPRESS THE CREATOR.

*** "Each Son of God can say: I am born of the Love of the Father for the Mother, of the desire of Life for form. I express, therefore, the love and the magnetic attractiveness of the God nature, and the responsiveness of the form nature, and am consciousness itself, aware of Deity or Life."

*** "Each intelligent point of life can say: I am the product of intelligent will, working through intelligent activity and producing a world of created forms which embody or veil the loving purpose of Deity."

THIS SPACE IS FOR YOUR OWN NOTES



*** "Each vibrating unit of energy can say: I am a part of a divine whole, which in its septenary nature expresses the love and life of the One Reality, colored by one of the seven qualities of the love of Deity and responsive to the other qualities."

(a) The Way to Realization.

True realization of the Energy of Life can only come by meditation and contemplation upon the absolute unity which embraces us within Itself. We, in our search to discover what we are, must first accept this principle intellectually. Then, using the priceless methods brought to us in Mentalphysics, we become convinced. The conviction grows into our consciousness until we feel. Feeling, we know; and, knowing, we are aware. All life is marching on towards the final revelation that "Man is God in human form". When you and I are AWARE of this we shall express it.

Man's first knowledge of this energy comes through contact with the outer universe of forms through his senses. We look out on this glorious visible Nature and become conscious that Life is enacting some great scheme. We see growth and decay -- of the form -- everywhere; beauty, order, rhythm, appear in the myriads of forms which Nature creates, impelled by this force which motivates the universe.

Noble of The Light, if you have not begun to realize the incomprehensible immensity of THAT which is within you and which you are destined to reveal, then give many days to the contemplation of its activity as it appears in Nature. Go out into the fields and see and feel it at work in the grass, the trees and the beautiful flowers. If you can become en rapport with That Which Is within a single blade of grass, you will feel IT within you instructing you into its own mystery.

If you cannot feel within you a glorious thrill of response to the music of the mocking bird's flute, the chirp of the cricket, the whisper of the evening breeze, then train yourself into an appreciation of the harmony which this all-pervading energy expresses in sound. But, Noble of the Light, I know that you do feel its response within you; that I have through these Commentaries brought to you the way and the means whereby that finer appreciation of the more subtle energies expressed by Life through its forms has come to you.

The physicist seeks to solve the riddle of this energy by searching in matter by means of instruments. Great advances are being made; instruments and machines of greater sensitivity and power appear in their fields of research frequently; new discoveries are announced, yet the riddle will never be solved in this way. No matter how fine the instrument and how learned the scientist, whatever the instruments reveal can only be interpreted through the five material senses of the human using them. This search is good, and eventually will lead the scientist into the super-sensual field of the soul, the field of the occultist, and when this occurs religion and science will have joined hands.

Review your Commentaries and read over again all those which deal with Prana and the effects of the interplay of its many qualities within yourselves. While you have advanced to a point where you no longer have to give much consideration to the condition of your physical body, yet in considering the vast subject of the Energy which motivates all Life, it is well to know and feel and direct its action within the body. You know that Life on the physical plane is sustained by Solar energy; that the body must be fed and we must put into it in the form of Solar energy as much as is necessary to maintain it in the perfect state.

THIS SPACE IS FOR YOUR OWN NOTES

The microcosm is but a replica of the Macrocosm. When we know somewhat of the action and the effects of tne energy within the microcosm we are on our way towards a realization of the infinite beauty and variety, the mathematical and scientific order of it as we see its expression within the macrocosm. We must perforce then "stand in reverence as we approach the Throne Room where IT, our OWN GREAT SELF, resides in all ITS Glory and Majesty.

(b) Energy Is Indifferent - You Direct It!

When you sit down to your next meal (and I hope that you are still wise enough to "give thanks"), think of the variety of the qualities of the Solar energy contained in every cell of the foods you eat. Consider the process whereby "this Temple of the Living God" takes for its many uses and needs the Prana contained within the food. Then contemplate the many sources from which the food came. The plants, the soil, the water, all aiding in converting, by their living, the Solar energy.

These are but a few hints to you by means of which you can lead yourself, by expanding the ideas contained in them into greater and happier realization of the beauty of the activity of Life. You must inevitably become more joyous, reverent and grateful as the truth of the unity of the whole of creation becomes more real to you. From this it is but a short step to the realization that you, Noble of The Light, have within YOU, because you are the Creator yourself, the potentiality of understanding, knowing, using and controlling this all-pervading energy.

> FORGET NOT, HOWEVER, THAT IT HAS WITHIN ITSELF BOTH CONSTRUCTIVE AND DESTRUCTIVE QUALITIES. IT WILL BECOME ONE OR THE OTHER ACCORDING TO THE USE TO WHICH YOU PUT IT. I WARNED YOU IN THE BEGINNING THAT YOU "WERE PLAYING WITH FIRE".

Seek not, therefore, to enter higher planes of consciousness, which naturally are realms of greater and more potent phases of this one energy, until you have by long and patient practice prepared yourself so to enter. You will have noticed that throughout the whole of your teaching there is balance and order; that no particular phase of Life is accentuated. Rejoice that Mentalphysics is so. "When the Chela is ready the Guru appears". When you are ready to enter higher planes you will know that you have the power to do so. There is so much talk in the world of the "astral" and the "psychic", and so many seek to enter and function in them without having prepared the instrument to withstand the terrific vibrations of those states of consciousness, that it is not to be wondered at that injury may occur and the higher teaching brought into disrepute.

(c) "Man, Know Thyself!"

When you make comparisons between the outer human world and its highest activities in the field of physical science, and our transcendental Science of Mentalphysics and the results attained by its practice in the field of your own life, you can then see and should be able to realize how far in advance you are. Your sense of values has changed from the purely physical to those of the higher realms of Soul and Spirit. Everything appears in a "new Light".

You now know that the only instrument which will eventually interpret for you and humanity, the motivating energy of Life itself is YOURSELF - YOUR MIND AND BODY. "My body . . . the most gloriously accurate instrument in this whole universe".

You can now see the effects which Life produces upon all forms manifested in the universe. Having learned more of what Life is, you are bringing forth into your own life

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more of the energy, the Light, the Love and the Wisdom which Life is. But greater than this, you have discovered that this great energy which pervades every atom in the universe must be interpreted, not by means of the five senses but through the instrumentality of those higher faculties of the soul of which you are becoming aware within yourself.

As you keep your feet steadily upon The Path, ever mounting higher, you become more sensitive to the real nature of this energy. You discover that Life is Light; that the Light becomes ever more brilliant and subtle. You find that this energy, which is the Will of the Father, differentiates into many qualities. It appears everywhere as manifestations of that which we call Love. Love again gives birth to another quality of Life, which is Wisdom. Again, we know and feel and use it as Intelligence, omniscient and ever-active.

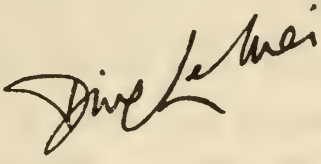
I offer you, beloved Noble, a hint as to the way in which you may for yourself become more familiar with and attain to a greater understanding of this energy which is the sole motivating force of all Life. This must inevitably lead to greater realization and that three major aspects or qualities of the One energy, viz.: (a) Power or Will (of the Creator); (b) Love-Wisdom; and (c) Active Intelligence. You will be led to unfold from within yourself knowledge of others such as Order (remember the rhythm of the Breath), Devotion (Joy, Gratitude and Reverence), Harmony, Knowledge and so on. Each for himself and herself must set to work to discover that which they are capable of finding according to their own point of evolutionary unfoldment. Nevertheless, by maintaining our zeal and holding to our desire, we shall eventually come to realize the All, for that is the destiny of the whole human race.

"IN THE BEGINNING WAS THE WORD . . . THE WORD BECAME THE LIGHT . . . THE LIGHT WAS THE ONLY SON OF THE FATHER . . . THE WORD OF THE SON IS THE LIGHT OF MEN . . . . . THE LIGHT IS THE WORD AND THE WORD IS GOD" . . . The foregoing is taken from a beautiful invocation with which the Chamber is opened on Thursday nights. In it is contained all that we have been endeavouring to say in this Commentary. The Word is the Will expressed. It is the energy. From it the Light appears. The Light is the Life of every living thing. It is the Love of the Father appearing in the Son. YOU ARE that Son.

Within you, O Noble of THE LIGHT, is the same energy that holds the Sun in its place; the planets in their orbits. Within you is the beauty, the wisdom, the intelligence seen in every kingdom on this planet. Within you is the ALL.

So, as I close this Commentary, I speak for you the Word in whose sound is the power for you to express all the qualities of the Father, "The One about Whom naught may be said". The irresistible Will to be, the Light of the Wisdom which knows that IT IS, the Love whose magnetism attracts to itself ever more of itself, the full expression of the Light that never fails . . . May this week bring to you more Light on The Path to your realization of WHAT you are and the aspiration to express in your life ITS full Glory and Majesty.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Sixteenth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY
117

THE TRUE REALIZATION (7)
"MANIFESTATION—TRUTH MADE VISIBLE".

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

If I were asked to name the most important series of Commentaries in Mentalphysics, I would unhesitatingly choose those which you are now studying - from Commentary 111 to Commentary 120, which completes the Fourth Volume. In this series we are presented not only with the final portrayal of THE TRUTH OF LIFE ITSELF, but, so far as words are able to be used for this purpose, THE WAY OF THE TRUE REALIZATION. I invite you to consider the titles of this series most thoughtfully:

Commentary 111 ... "GOD - THE ABSOLUTE."

Commentary 112 ... "LOVE - THE FIRST QUALITY" . . whose universal motion makes LIGHT.

Commentary 113 ... "LIGHT - OF THE SENSES ; OF THE MIND ; OF THE ETERNAL SPIRIT."

Commentary 114 ... "TRUTH - THE ESSENCE OF LIFE : GOD'S WORKS EMBODIED IN HIS ESTABLISHED DIVINE LAW."

Commentary 115 ... "WISDOM - THE SILENT DIRECTOR OF THE ENERGY OF THE LAW."

Commentary 116 ... "ENERGY - THE MOTIVATING PRINCIPLE OF LIFE ITSELF - self-embodied ; self-manifesting."

Commentary 117 ... "MANIFESTATION : TRUTH MADE VISIBLE : MAN KNOWING HIMSELF AS GOD."

(You are to study this last Commentary this week.) . . . At this point you reach the Absolute Truth about yourself - THAT YOU ARE GOD IN YOUR PRESENT FORM, as for evermore you will be God in whatever higher form you aspire to. As MAN, then, we go on to see the different phases of the Energy that, constantly and rightly used by us, enables us to be ESTABLISHED in the Truth that MAN IS GOD IN HUMAN FORM.

The Divine equipment with which we are endowed to manifest our true nature is --

Commentary 118 ... "IMAGINATION : YOUR SOURCE OF CREATION") Tools of the True
"THE SUBCONSCIOUS : YOUR SOURCE OF POWER") Aspirant & Apprentice

Commentary 119 ... "REASON and WILL : YOUR SOURCE OF ACTION") Power by which you
"FEELING and EMOTION : SOURCE OF INSPIRATION") USE your Tools.

Commentary 120 ... "FEAR : ITS RIGHT USE") Inherent forces within you that
"FAITH - THE SEED OF WISDOM.") sustain you in Life's rhythm of Truth.

THIS SPACE IS FOR YOUR OWN NOTES



You are required to spend much time in meditating upon this evolving Plan of Life, for you will gradually see the interlocking association of each step, perceiving that the steps are born OF each other and INTO each other. It will be highly profitable to realize this inner association, particularly from Commentary 111 to Commentary 117.

(a) . The Most Dramatic Moment of Life.

Probably the most dramatic moment in any human life, leading one into unimaginable heights of spiritual enlightenment, is when the Candidate REALIZES the Nature of himself and the Nature of GOD. This is the height of rapture. Nothing else that the outer expression of Life has to offer can take its place -- fame, wealth, any phase of success in the economic field, ingenuity in invention, achievement in any avenue of man's affairs, not even in religious or philanthropic association, nor healing the sick, nor feeding the hungry, nor political reformation, nor aught that can come to us, without KNOWLEDGE OF OUR OWN NATURE, from the outer.

KNOWLEDGE OF OUR OWN NATURE IN THE NATURE OF GOD IS SUPREME - naught else can take its place ; it is the final goal.

*** "He who knows not, and knows not that he knows not ; he is a fool - shun him.

*** "He who knows not, and knows that he knows not ; he is ignorant - teach him.

*** "He who knows, and knows not that he knows ; he is asleep - wake him.

*** "He who knows, and knows that he knows ; he is wise - follow him."

How true is this Arab proverb! He who knows, and knows that he knows - he has Wisdom. He who KNOWS his own nature knows that "all these things" are already added unto him. So I repeat that the most dramatic moment in any human life, leading one into unimaginable heights of spiritual enlightenment, is when the Candidate REALIZES the Nature of himself and the Nature of God.

Contrariwise, when the self-styled Aspirant, having once turned to and basked in The Light, becomes subsequently unresponsive to the great urges of his own soul, and refuses (either through sloth or indifference or pride or for any other reason) to continue the struggle upward to the Sacred Heights, he brings upon himself the greatest of all tragedies that can come into a human life. He creates for himself that eerie malingering of the soul that all know who do not LIVE WHAT THEY KNOW. He plunges himself downward into the abyss of spiritual morbidity. He struggles painfully, alone and in vain with the self-created enemies of The Spirit, the demons of his own mind - he is ignorant, and knows not, electing to know that he knows not. . . Yet, My Beloved, we should carefully ponder the path of our feet, for as we go onward and upward we find that the foothills are strewn with the corpses of such. Easy to begin anything, isn't it ; wise is he who perseveres.

*** "THE CONDITIONS OF CONQUEST ARE EASY ; WE HAVE TO TOIL AWHILE, BELIEVE AWHILE, ENDURE ALWAYS - AND NEVER TURN BACK."

Better not to aspire at all than to aspire in vain.

(b) The Importance of Self-Analysis.

My Beloved, in your present Commentary you have come to the sacred fork in the road where you may rest awhile. You have accomplished much. You have come through the midnight hours of the search, and are well past the foothills. IT IS DAWN, and you have FOUND THE LIGHT. The Ascent lies before you.

THIS SPACE IS FOR YOUR OWN NOTES

Going through all your own experiences of the last two or three years - those disappointments and doubts, heart-burnings and lamentations, discontent and disheartenment, yearnings and repinings, abundance in one hand - hunger in the other, fears and failures, . . "the whole winter of our discontent", . . how your heart has ached! But I ask you to bring yourself before the court of your own mind as you read what comes to you from me now : Do you not REJOICE that you HAVE PASSED through it? During that time of study and practice of the ART OF LIVING, are you not GRATEFUL? Would you not, knowing what you NOW know - knowing it so that you can say that there is not the slightest ghost of doubt in your mind - would you not willingly go through it all again if it were necessary for you to do so to safeguard that which you have learned?

I think that I can hear you sing the eternal hosanna of gratitude in answer to this question, Wisdom directing the melody of your own soul

BUT HAVE WE - YOU AND I - TRULY LEARNED GRATITUDE, THE GREATEST OF ALL THE VIRTUES?

Comparing your own consciousness with what it was before you had ever heard of Mentalphysics, do you REJOICE that you can now sing the Song of Gratitude? I wonder - CAN I? . . . AM I GRATEFUL TO LIFE? . . . HOW CAN I KNOW THAT I AM? Well, worthy Noble of The Light, meditate upon and answer for yourself these questions:

*** "WOULD I, WITHOUT REGRET, GO BACK TO MY PRE-MENTALPHYSICS CONCEPTION OF THE UNIVERSE AND MY PART IN IT? . . . WOULD I CHOOSE WILLINGLY TO SUFFER AGAIN THE CONDITION OF CONSCIOUSNESS WHEN I DID NOT KNOW THAT I AM GOD IN HUMAN FORM? . . WOULD I WILLINGLY YIELD ALL THE KNOWLEDGE OF COSMIC LAW THAT HAS COME TO ME? . . . WHAT WOULD I TAKE IN EXCHANGE FOR IT?'

These questions may seem to be foolish, but this is the manner in which you may induce that attitude of mind in which you may rightly evaluate what Mentalphysics means to you today. (REST HERE AND SEE WHETHER GRATITUDE MANIFESTS ITSELF IN YOUR HEART.) . . . Then Continue

*** "Suppose that I were to awake tomorrow morning and find that from my mind there had been taken every scrap of knowledge that I have learned since I have been in Mentalphysics. . . Suppose that I were to again find myself without any knowledge of the spiritual substance in which I live and HAVE my Being - my BREATH. . . Suppose that I were again to be under the dominion of false and traditional ideas of Life - such as disease, disharmony on even the physical plane of my life, disappointment, fear, hopelessness, despair? . . . Suppose that I had to again go along in the thought that Life was a hit-and-miss affair, without rhyme or reason, topsy-turvey as it is to so many people, with nothing but traditional superstition eating into my heart as I try to obey the urge of my soul to understand LIFE and its Origin, aim and purpose, and so on.

*** "Suppose that I had no Holy of Holies any more?'

Having rested in this sort of thinking and feeling I am to assume that YOU ARE GRATEFUL, that you exultingly can and do sing The Song, and that your grateful heart is ever listening. THEN ----

*** "In ABSOLUTE HONESTY with myself, AM I SATISFIED WITH MYSELF WITH THAT DEGREE OF MANIFESTATION OF GOD'S LIFE THROUGH ME? Evaluating as best I know how all that makes up my own life, do I still feel that burning desire to KNOW, TO BE, TO DO, TO GIVE, TO HAVE increasingly, which is the REALIZATION OF GOD IN ME that my own soul constantly urges me towards?

THIS SPACE IS FOR YOUR OWN NOTES

My Beloved, you are asked to humbly examine yourself, and take time to do so, knowing that you are aided in the sublime task by all the hosts of the Higher Ones who have lovingly led you through the Fire to the present moment. When I again and again invite you into self-scrutiny, do not rebel - there is no other way. Remember that the fear of The Law is the beginning of Wisdom. Dwell low in the valley of humility --- rise to the sublime heights of courage. Forgive little in thyself -- freely forgive much in others. Share with those who have less than thyself, for thine is unlimited abundance, to give that this abundance may ne'er diminish in its stream.

*** WORK -- for the night cometh.

*** GIVE -- for only that which thou givest with free and open hand dost thou possess.

*** WASTE NOT -- Thine hour, thy substance, thine energy . . aught. But use.

*** BE NOT SELF-RIGHTEOUS -- never have I greater reason for suspicion than when I am particularly pleased with myself.

*** MANIFEST GOD -- One sole God ; one sole Ruler - His Law ; one sole interpreter of that Law - Humanity.

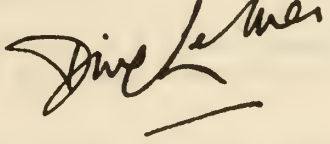
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I feel that I may conclude this Commentary by quoting the following sage advice from the lips of that practical sage Confucius:

> "The illustrious ancients, when they wished to make clear and to propagate the highest virtues in the world, put their states in proper order * * * * Before putting their states in proper order, they regulated their families * * * * * Before regulating their families, they cultivated their own selves * * * * Before cultivating their own selves, they perfected their souls * * * * Before perfecting their souls, they tried to be sincere in their thoughts * * * * Before trying to be sincere in their thoughts, they extended to the utmost their KNOWLEDGE * * * * Such investigation of knowledge lay in the investigation of things, and in seeing them as they really were. When things were thus investigated, KNOWLEDGE BECAME COMPLETE * * * When knowledge was complete, their thoughts became sincere * * * * When their thoughts were sincere, their souls became perfect * * * * When their souls were perfect, their own selves became cultivated * * * * When their selves were cultivated, their families became regulated * * * * * When their families were regulated, their states came to be put into proper order * * * * When their states were in proper order, THEN THE WHOLE WORLD BECAME PEACEFUL AND HAPPY."

Thus do we MANIFEST GOD . . . the True Realization of our life. Peace be unto you!

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Seventeenth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES

OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY

118

THE TRUE REALIZATION (8)

"IMAGINATION: Your Source of Creation" and "The SUBCONSCIOUS: Your Source of Power"

My Beloved Student in Mentalphysics, Noble of the Light :

Greetings in The Bond.

We have been considering in these later Commentaries, and I hope to some extent realizing, more of the true nature of ourselves; we have approached the Throne Room within us and glimpsed a little of the Glory which awaits us when we come to that transcendental episode in our life which results in True Realization.

We have, more truly than ever, sensed and felt the amazing scope of our consciousness and the revelations which it has in store for us as we travel towards The Light. We have seen that we have within us the potentiality of becoming conscious of what is within the Mind of God. We have seen in the distance the "Promised Land," the "Elysian Fields," the "Mountain of Man's Highest Hopes." The wonders of each new revelation have given to us the certainty of the rewards which must inevitably follow our efforts.

Approaching the "Place of Recognition," preparing to climb the mountain of our holy vision, all sense of failure has disappeared; courage to forge ahead has taken possession of us as we travel on and up towards an ever greater achievement and enter a world of ever greater illumination - the world of our own scintillating and effulgent LIGHT.

*** "Behold the mellow light that floods the Eastern sky. In signs of praise both heaven and earth unite. And from the fourfold manifested Powers a chant of love ariseth, both from the flaming Fire and flowing Water, and from sweet-smelling Earth and rushing Wind."

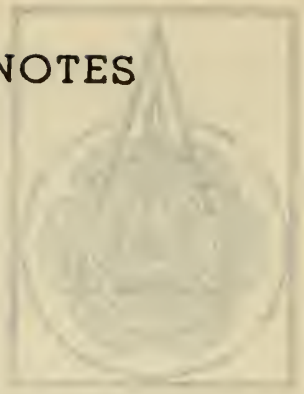
*** "Hark!...from the deep unfathomable vortex of that golden light in which the Victor bathes, ALL NATURE'S wordless voice in thousand tones ariseth to proclaim:

"JOY UNTO YE!" — Yet.....

*** "Thy mind is clear; No more art thou entangled in delusive thoughts, for thou hast learned all. Unveiled stands TRUTH and looks thee sternly in the face. She says:

"'Sweet are the fruits of Rest and Liberation for the sake of Self; but sweeter still the fruits of long and bitter duty. Aye, Renunciation for the sake of others, of suffering fellow men.'"

THIS SPACE IS FOR YOUR OWN NOTES



(a) IMAGINATION - The Creator at Work.

We are now to consider, from a higher viewpoint than before, with deeper and more illumined insight, the way the Creator works. In the last seven Commentaries we have been seeking to comprehend the Nature of the Creator. We are conscious of more Light within ourselves as we have studied these Commentaries.

We have seen that there is but ONE Substance and ONE energy within the substance. We see about us and within us a multiplicity of forms endowed with life ever proclaiming "the Glory of God," and we wonder how they come into being. What tools does the builder use? There is but one. The one creative faculty whereby the whole creation comes into being is IMAGINATION.

IN THE BEGINNING WAS THE WORD, "I AM!" THEN COMES THE FIAT, "LET THERE BE LIGHT!" AND IN AND THROUGH THE LIGHT THE GREAT ARCHITECT EVER IMAGES ITSELF. THIS IS CREATION. "THIS WIDE UNIVERSE" EVER APPEARING, EVER IMAGING AS IN AN ETERNAL KALEIDOSCOPE THE NATURE OF ITSELF. IT SAYS, "I AM EVERYWHERE AND WHERE I AM I APPEAR."

Let these pages rest in your hands for a time, and try from within the very deeps of your soul to feel the thoughts that I try to express in words that will ever be inadequate. Every cell in the whole of creation has within it this faculty of expressing what it is. By the creative fiat of THAT from whence it is, it must do so. Because the Creator is everywhere, this "tool" of self-expression is everywhere. Let your mind revel in the beauties of its own imagery, that contemplation of the beauty, the wisdom, the intelligence that appears even to our limited vision in this infinitesimal grain of the universe with which we are familiar.

As your IMAGINATION leads you to the heights you finally reach the pinnacle to see that the crowning glory of creation is MAN. YOU, I, Humanity ARE THE IMAGE. Again I repeat, no matter what seems to be Man must eventually express "whatever the Creator is," because he IS the Creator.

Man, however, is self-conscious. He has the power to think and to consciously use, according to his knowledge, and his desires, all the energy and the powers of THE CREATOR and the creating faculty whereby he can express that which he is and desires to be. It is this privilege of choice that differentiates him from the unconscious atom which must unconsciously express what it is according to the plan of the Creator. In the lower kingdoms the "expression" is creation by law; there is no individual choice. When we reach the human kingdom then the creative "tool", the Imagination, is used in just the same way as the Creator uses it.

IF THERE WERE NO OTHER PROOF OF THE DIVINITY OF MAN, THE FACT THAT HE HAS THIS FACULTY, BY MEANS OF WHICH HE CAN CREATE, SHOULD BE EVIDENCE ENOUGH TO CONVINCE THE GREATEST UNBELIEVER OR SCEPTIC. THIS FACULTY TRANSCENDS ALL REASON, - ALL THOUGHT, IT REACHES TO THAT HEIGHT WHICH PROCLAIMS, "I AM", AND IN THE LIGHT APPEARS IN ALL THE GLORY AND BEAUTY AND MAJESTY OF ITS FORM, "MY BODY, THIS WIDE UNIVERSE!"

Since the Creator does not think, and uses but the creative Imagination in all his works, it is easy to see the reason why children live so much in their imagination. It is because they are nearer and in closer touch with THAT which they really are. They soar to what, to their elders, appear to be ridiculous heights of "fancy", when in reality the pictures they create and act out are simple expressions of the use of this faculty uncontaminated by human ideas. Later, environment, wrong teaching, and the mass thought influences the little mind. Parents even discourage the use of the imagination and it sinks more or less to a lower level.

THIS SPACE IS FOR YOUR OWN NOTES

It is in use all through life, however, but becomes in most humans, not the faculty by means of which the Creator is expressed in gradually evolving perfection, but that whereby reversion to lower states is expressed. How grateful you must be, O Noble of The Light, to feel within you the Wisdom you have brought forth through the teachings of your mother Mentalphysics; what joy comes as you realize that there is nothing good and great and useful that you cannot become by right use of this wonderful faculty, your IMAGINATION.

It is my belief that there is no body of people, particularly in the Western Hemisphere, who have been taught and trained in the most scientific and comprehensive way how to use the IMAGINATION, as we have, Nobles of The Light. I suggest that you read again your Initiate Group lessons and your commentaries with this point in view. See how many times you are instructed "to imagine."

You will thus discover the greatest reason for your success. You will see how you have imagined a more perfect physical body, and, together with your other scientific practices, have brought it into being. You will, if you search diligently enough, see how every phase of your life has been raised to greater expression. Think of "Your Own Spiritual Breath," "The Healing Breath," "The Cave of the Moon," and so on.

With such training there is no height on any plane to which you may not aspire. Every great idea that comes to you for expansion and expression is but a seed from the IMAGINATION of the Creator awaiting some suitable soil in which to flourish to fruition. The great thinkers, the creative artists, the explorers in scientific and physical fields, the poets, and the illumined idealists are those who, having received the seed, were impelled by their own creative desires to "do the Will of the Father" and bring it forth into the fullest expression of beauty and intelligence that they were capable of. What geniuses will come from our growing army OF NOBLES OF THE LIGHT!

I look for many and greater than have been, for you are in possession of the secrets whereby your lives are in your own hands. No need for you to "shuffle off this mortal coil" until your work is completed to your own satisfaction. For you there will be no "Unfinished Symphony!" So--

*** "Be of sure foot, O candidate. In Kshanti's* essence bathe thy Soul; for now thou dost approach the portal of that name, the gate of fortitude and patience."

(b) THE SUBCONSCIOUS: Your Source of Power.

Without the power to put it to constructive use, no tool is of any value. Think of the tremendous quantity of electrical power which is being used in this highly mechanized civilization in which we live. Demand is made for more and more power every day, to produce more and better things for our use.

THE POWER IS ALWAYS AVAILABLE IN SOME FORM OR OTHER ACCORDING TO THE CYCLE OF EVOLUTION WHICH THE HUMAN CONSCIOUSNESS HAS REACHED. Ever new and more potent forms of energy will be "discovered" as the race mounts upward in its long journey of discovery. We Nobles of The Light are far in advance of the majority of the race in having discovered it in the realm of the mind. You have proved in the changed life that you are now living that the power of your mind transcends all other forms of the ONE POWER, and you have learned in some degree how to use it.

It matters not on what plane of consciousness we function, the power is there, available for use in that quality of itself which is in exact correspondence with the plane of our consciousness. We have seen these discoveries and their application in the now slowly disappearing steam age. We now have the oil and the electrical age, and I look soon for many even greater discoveries in the use of Sound and Light.

*Kshanti, "patience."

THIS SPACE IS FOR YOUR OWN NOTES

Yet no matter how we contemplate the works of the Creator, and the beauty and power which HE manifests in the wide Universe, we must ever return to the realization of the ONE basic Truth - "There is but ONE GOD AND GOD IS EVERYWHERE". The power we are now talking about is but the WILL OF THE FATHER everywhere present, entirely impersonal, ever active and waiting to be brought into use by man consciously. Most humans use it unconsciously, but no matter how it is used, in the ultimate the effect of its use will be to express the Divinity which lies hidden within the race. The relative knowledge with which it is used determines the result to him who uses it. Right use takes him to the heights. Wrong use leads to stagnation or down to the depths.

On the mental plane we call this power the Subconscious Mind. Through the Wisdom imparted by our Mother, you, as a Noble of the Light are becoming more and more efficient in the utilization of its energies in your own life. You have learned in the most scientific way how to harness this Omnipotence. Now as you reach farther to the heights you will use it with the ever-present prayer on your lips, "Not my will, but THY WILL BE DONE." Henceforth your sole motive in using this great force will be to help humanity; your one aim, to find the toiling pilgrim and let him hear The Law.

*** "Sweet are the fruits of Rest and Liberation for the sake of Self; BUT SWEETER STILL THE FRUITS OF LONG AND BITTER DUTY, Aye, Renunciation for the sake of others, of suffering fellow-men."

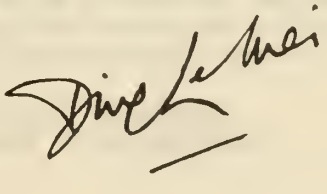
Thus we are possessed of the power and the tool for creating. In the physical world the almost infinite variety of "things" that are made are produced by as great a variety of tools. The machine that drills a hole in an iron plate differs from that which cuts a groove; that which bends a bar, is different from that which grinds a lens. With the power and the right tool anything can be made.

The tools we must use are Love, Wisdom, Intelligence, and all their lesser derivatives. If our image is shaped by Love it will be one of greatest beauty. If we use Wisdom in the planning of it, it will be symmetrical and balanced. With Intelligence as the tool it will be lasting and made in the rhythm of the universe. Let the Light of us always illumine our ideal; the Love of us animate it; and our Wisdom and Intelligence build and shape it.

Noble of the Light, as you see the picture of your own beautiful life gradually come into being, I ask you to let your Imagination expand it. See, as I, that as the Truths that you are applying in your own life are spread to the far corners of the troubled world, so can we bring about that glorious culmination which is in the MIND of GOD. See, as HE sees, HIMSELF in all his Glory, Light and Joy walking the Earth as MAN. May your zeal in service ever burn brighter, for only by SERVICE can TRUE REALIZATION blaze into your consciousness in all its majesty and glory.

Peace be unto you for evermore.

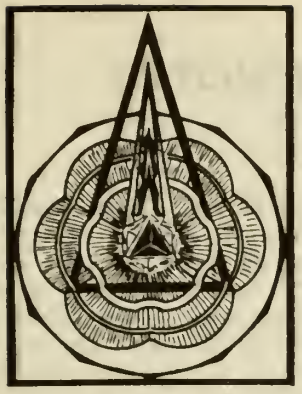
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Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Eighteenth Commentary,
Inner Chamber.

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OM MANI PADME HUM

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COMMENTARY

119

THE TRUE REALIZATION (9) "REASON and WILL: Your SOURCE OF DIRECTION" and YOUR EMOTIONS: YOUR SOURCE OF INSPIRATION.

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

Having considered the great moving Macrocosmic Force of the Holy Spirit of Life as it conveys its essence to Man through his Imagination (his source of creation); having seen that when Man turns the fire of his Imagination upon the divine macrocosmic idea he makes it his own microcosmic possession; knowing our Imagination to be a creative faculty rather than a quality, giving the form that makes all the facts work together harmoniously towards a given end; WE CAN SEE THAT OUR IMAGINATION IS THE QUICKENER OF THAT ETERNAL POWER WHICH IS RESIDENT IN THE GREAT SUBCONSCIOUS MIND OF LIFE. Thus we have already seen :

YOUR IMAGINATION Your Source of Creation	—	The power within the soul of us that recognizes a soul without us; irrepressible; unconfinable; often makes expectation even more powerful than possession; the magnet of the Subconscious.
YOUR SUBCONSCIOUS Your Source of Power	—	Eternal; never-changing; equally present everywhere; man's willing servant; the reservoir of all energy; that which, directed, moves matter; the atmosphere of the soul, as sight is to the eye.

Having this conception firmly in our minds, and seeing clearly how in our divine organization we are equipped to express God, we now go on to consider the spiritual tools by which we may express, through our own living, the Perfection of God, this Essence of Divine Light, this Undivided LIFE. So we lead ourselves into —

(a) YOUR REASON and WILL . . . Your Source of Direction.
(b) YOUR EMOTIONS . . . . . Your Source of Inspiration.

Let us define these attributes;

****** REASON:** Sometimes taken for true and clear principles; sometimes for clear and fair deductions; sometimes for the cause, particularly the final cause. The highest faculty of the human mind by which man is distinguished from sub-human organisms, and which enables him to contemplate things spiritual as well as material, to weigh all that can be said or thought for or against them, and hence to

THIS SPACE IS FOR YOUR OWN NOTES

draw conclusions and to act accordingly. A faculty of mind by which it distinguishes truth from falsehood and good from evil, and which enables the possessor to deduce inferences from facts or from propositions. Right judgment.

Though there is a close relation between your Reason and your Will, reason can no more influence the will, and operate as a motive, than the eyes which show a man his road can enable him to go from place to place, or that a ship provided with a compass can sail without a wind. "He that takes away reason," wrote Locke, very wisely, "to make way for revelation puts out the Light of both, and does much the same as if he would persuade a man to put out his eyes, the better to receive the remote light of an invisible star by a telescope." Woulds't thou be crowned the monarch of thy world, command thyself -- THROUGH THY REASON.

**** WILL: That faculty or power of the mind by which we determine to do or not to do something which we conceive to be in our power; the faculty which is exercised in deciding, among two or more objects, which we shall embrace or pursue; the power of producing acts of willing; the power to control which the mind possesses over its own operations.

He who is firm in will moulds the world to himself, for by our will our action is dictated. Calmness of will is a sign of grandeur. Milton wrote that "if the Will, which is the law of our nature, were withdrawn from our memory, our fancy, understanding and reason, no other hell could equal, for a spiritual being, what we should then feel from the anarchy of our powers." Indeed, it would be conscious madness. In the moral world there is nothing impossible if we can bring a thorough will to it. You and I can do everything with ourselves through our will, but we should not attempt to do too much with others. "There dwelt in him a mighty will, which merely said to the serving company of impulses: Let it be!"

"God made thee perfect, not immutable;
And good He made thee, but to persevere
He left it in thy pow'r; ordained thy will
By nature free, not overrul'd by fate
Inextricable, or strict necessity." -- Milton

****EMOTIONS: From e- out, and movere, to move. A moving of the mind or soul; hence, any agitation of mind or excitement of the feelings; particularly an excitement of the mind manifesting itself by some sensible effect on the body; the faculty of feeling, of reacting to mental impressions involving the sentiments. The emotions of an individual are equal to the sum total of his sentient powers. Emotion is the "moving outward" of the soul into expression, manifested in our "feelings".

In considering the importance of our Emotions, it is well to realize that our Thought, directing our Feelings, forms a magnet in the great ether of life, the great cosmic mass of eternal forces of vibration. To make this clear to ourselves, it is easy to imagine the ether of life "filled with" both constructive and destructive vibrations. The constructive vibrations, of course, are of success, prosperity, love, joy, light, power, wisdom, health, happiness and so on. The destructive vibrations are the opposite - fear, hatred, jealousy, disease, poverty, failure, misery, death and so on. Now, whatever we think (whatever we repeat to ourselves), whether it be true or false, manifests itself in our life in the exact equivalent of our thinking.

THIS SPACE IS FOR YOUR OWN NOTES

THEREFORE, YOU CAN SEE THAT WE ARE - SO TO SPEAK - IN THIS GREAT SEA OF ACTIVITY THAT REVEALS LIFE ITSELF. WE THINK, . . WE FEEL AS WE THINK, . . OUR THOUGHT QUICKENS THE ETERNAL ENERGY WITHIN US TO CAUSE OUR BODY (THE INSTRUMENT OF EXPRESSION) TO ACT IN PRECISELY THE WAY THAT WE THINK . . . AND SO OUR LIFE EXPRESSION IS THE EXACT LIKENESS OF OUR THOUGHT. . . SO DO WE LIVE.

From the great storehouse of the Cosmos the human mind is constantly attracting vibrations of Wisdom, and as we direct this Wisdom through our Emotions, so do we form the habit of thinking. WHAT WE THINK MUST COME TO PASS - MUST COME OUT IN OUR LIVES IN THE PHYSICAL EQUIVALENT OF OUR THINKING.

Take this last sentence, and meditate upon it :

*** WHAT WE THINK MUST COME TO PASS - MUST COME OUT IN OUR LIVES IN THE PHYSICAL EQUIVALENT OF OUR THINKING.

If we could but make this a constant realization of our mind, then would we not be foolish to haphazardly allow any stray thoughts of negation of ANY kind to enter? Do we not see that it is PRECISELY AS EASY to sow the seed of success as of failure - of glorious VICTORIOUS LIVING as mere negative existence? THIS IS TRUE - and if there be any lingering doubt in your own mind, repeat to yourself a thousand times a day the truth that WHAT YOU THINK MUST BE REPRODUCED IN ITS PHYSICAL EQUIVALENT in your life. Nothing could be simpler to understand. Nothing could be more easy to do. WE ARE WHAT WE ARE BECAUSE OF THE VIBRATIONS OF THOUGHT WHICH WE ALLOW TO ENTER OUR CONSCIOUSNESS. Many people, rebelling against what they call "Fate", desire to be free from the conditions which they ignorantly create, but do not KNOW the simple truth that this Commentary unfolds. They HOLD ON to the very central point of the creation of these conditions of negation, whereas it is manifestly within their own power to change things overnight if they WILL TO DO SO - use the power of their WILL - quicken their EMOTION to start the Energy - and simply FEEL THAT THEY HAVE that which they desire . . with patience waiting for the INEVITABLE TO HAPPEN : the coming into form and physical equivalent of that which they have created.

Now, My Beloved, you and I know how hard it is to learn - hard to learn even intellectually - harder to learn to make what we know intellectually a spiritual truth in our lives so that we CAN LIVE WHAT WE HAVE LEARNED. But here we see the easy way. Here we see that we may TRANSFORM our lives by the RENEWING OF OUR MINDS.

*** UNDERSTANDING THE BASIC FORCE OF LIFE ITSELF - the very Ether in which you live -

**** UNDERSTANDING THE QUALITIES OF THE GREAT DIVINE EXECUTIVES WITH YOU -- Your Imagination, Your Reason, Your Will and Your Emotions ----

YOU CAN SEE BEYOND ANY POSSIBLE PERADVENTURE OF DOUBT THAT YOU ARE THE CREATOR IN HUMAN FORM -- THAT YOU CREATE YOUR OWN LIFE EXPRESSION, AND THAT NOTHING ELSE NOR ANYBODY ELSE CAN DO SO, AND THAT YOU HAVE LEARNED THE EASY WAY OF EXPRESSING GOD IN YOURSELF.

So, My Beloved, I invite you this week to THINK ON THESE THINGS. Let the Imagination so quicken you that you will rise on wings of Light, seeing clearly the divine possibilities in your own life. You will see that in Mentalphysics you have THE WAY unfolded for you for evermore.

THIS SPACE IS FOR YOUR OWN NOTES

Remember, however, that in proportion as the Will of man is not controlled by divine Reason, that Will becomes "unreasonable" and follows its lower impulses. Whereas, when we truly come to know that our Will is God's Will, that it is "He" who reasons through us, "He" who feels through us, "He" who acts through us, WE SEE THAT WE ARE GOD IN HUMAN FORM, and that of ourselves we do nothing ----- "He" doeth the work. This is precisely what Jesus was teaching, and which he succeeded in making so few see. Would he have the same difficulty today?

The whole of Truth may be summed up in one immortal sentence : "BELIEVE THAT YE HAVE IT," but I believe that it is better to translate that sentence into "FEEL that ye have it" . . for thus alone can we make it our own.

* * * * * * * * * * * * * * * *

If I were you I would take much time to study the present Commentary. Do not read it and put it away, but take it and delve into it AND MEDITATE UPON IT. This is the greatest of all the secrets. I could probably have written this Commentary in a much more logical manner, but I have been writing to you as The Spirit dictated. YOU must find the inner meaning of what is said.

The crowning glory of all knowledge that can come to us is that we ARE God in human form. The pinnacle of LIVING is the EXPRESSION through us of GOD.

Peace be unto you. May the Light of Wisdom so flood your consciousness this week that you will ascend into Heaven. Earth shall be below you, shall entirely pass from you, for you will have transmuted Earth into Heaven and you will FEEL the Manna of Life coming down from Heaven to you. Yea, Peace -- and Joy - and Love - and Light - and All of Life's Full Divine Expression be thine this week.

* * * * * * * * * * * * * * * *

In your next Commentary you will be led into a consideration of two of the greatest inherent qualities of man -- FEAR and FAITH. Rightly used, "Fear" is a tremendously powerful motivating principle; "Faith" is the very seed of Wisdom. Therefore, I most lovingly counsel you to quietude this week. Engage again in self-analysis -- of your own nature, your Emotions, your ideals, your definitely settled convictions, your present outlook on your own life and of life in general . . . then analyze YOUR FAITH. Rise, rise, rise! Give thanks and Be Happy . . . "O Thou that lends me life, lend me a heart replete with thankfulness!

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.

Dive LeMai

Written in Faith at
Los Angeles, California, U.S.A.

End of the One Hundred and Nineteenth Commentary,
Inner Chamber.

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OM MANI PADME HUM

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COMMENTARY
120

THE TRUE REALIZATION (10)

FEAR (Its Right Use). FAITH (The Seed of Wisdom)

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

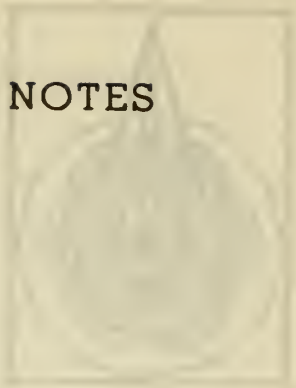
In this final Commentary of your Fourth Volume, we are to analyze two great forces which, understood, will inspire us to triumph; misunderstood, will cause our downfall. On the one hand, FEAR (Its Right Use), on the other FAITH (The Seed of Wisdom).

As I write this Commentary, the end of the year 1938 is drawing near to its end, humanity is in a sad plight. It seems that confusion, tumult and disorder are spreading from one country to another, though a few among the great are holding tenaciously to the belief that man at long last will learn how to live at peace with his neighbor. "Paralleling the violent seethings of a volcano, before its eruption," says a current writer on world affairs, "to annihilate everything along its path, human society is similarly undergoing a series of turbulent upheavals that are apt to destroy our entire present civilization."

Viewing the pageant of passing things in the outer world, it would seem that, moved as if by some irresistible compelling force, inimical groups are on the march, from every stratum of society, every nation, and every race, all arrayed in battle formation, ready to engage in mortal combat, and fully determined to exterminate one another in bloody conflict. Human reason seems to be thrown to the winds. The thundering roar from the crater of submerged passions increases as each faction becomes more determined than ever to wrest from its imaginary foe the weapon through which it thwarts the attainment of the supposed great prizes of life. All this, in a very direct way, has its root in a great FEAR that is sweeping the whole human race. And that will pass in due process of human evolution. What WE must look for is the unification of men's wills in world political matters - a federal world government, with justice for all; and we must all WORK for the formulation and establishment of fundamental characteristics of a modern world state, and our vision must constantly be of a world of men and nations who KNOW ENOUGH TO DESIRE TO LIVE UNSELFISHLY TOGETHER UNDER ONE LAW OF JUSTICE, where the true nationality shall have become the NATIONALITY OF MANKIND.

Sooner or later this unity must come, or else plainly men must perish by their own inventions. The way may be long and tedious, tragic and wearisome, a martyrdom of many generations perhaps, -- but come it must and come it WILL, for it is written in the book of Life Itself. So far as YOU and I are concerned, this condition of consciousness is ALREADY HERE; with US, the world is at peace, humanity is

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saved, the Kingdom of Heaven is at hand. And I ask you to imagine what this fair earth will be when every man and woman KNOWS what we know . . . that time will come, and we will make it come.

In this Commentary I present to you TWO FORCES that man will learn to rightly use to bring this earth to the perfect state of LAW and JUSTICE:

(1) FEAR:

(a) A painful emotion or passion excited by an expectation of evil, or the apprehension of impending danger. It expresses less apprehension than dread, and is accompanied with a desire to avoid or ward off the expected evil.

(b) The passion of our nature which excites us to provide for our security, on the approach of evil.

(c) In Scripture, reverence for God and His Laws, which springs from a just view and love of the divine Character.

From the above dictionary definitions, we can see that Fear is not altogether an unmitigated evil. Fear has its uses. True, it ruins many lives, it is often the only obstacle between a man and his happiness and success, -- it fosters disease, inefficiency, hate and cruelty. But if your life has been blighted, it is unwise to blame the instinct of fear which nature gives us for our protection, -- we shall rather blame the absence of Hope, Courage, Pride, Confidence and Faith -- emotions which, when rightly understood, keep Fear in its proper place. Thus balanced, Fear becomes an inspiration, a power that energizes you to great deeds, a motive that inspires you to endurance, persistence, industry and alertness of mind. Have you ever thought that human beings would be without Fear? In school, without fear of failure, we would not study; crossing a street without fear, we would be struck by an automobile; without fear of poverty, we would be lazy; without fear of tomorrow, we would make little effort to improve our conditions and ourselves; . . . and many other phases of fear will come into your mind as you read this. In a very real way, Fear is a necessity; more, it is a friend. But when not balanced by one or more of the other emotions I have mentioned, it can't become a monster and paralyze us. When so balanced, it is an inspiration, a source of strength and Energy -- even power.

But the Fear that I would draw to your attention, of course, is that Fear which is the beginning of Wisdom. When your mind is de-hypnotized of all negative ideas, then fear becomes courage, and the very basis of life becomes love instead of hate -- success, fearlessness, happiness, faith, youth, joy, health, strength instead of ignorance, sadness, grief, doubt, disease, discord, worry, darkness, death and so on.

See to it, then, that Fear be an inspiration to you, so that, in this attitude of mind, you lead yourself on to

(2) FAITH, the seed of Wisdom:

(a) The assent of the mind to the truth of that is declared by another, resting on his authority and veracity, without other evidence, or on probable evidence of any kind; assent of the mind to a statement or proposition of another, on the ground of the manifest Truth of such statement or proposition; firm and earnest belief, or probable evidence of any kind.

(b) Belief, trust, confidence, credence, fidelity, conviction, creeds, tenets, Doctrine, opinion.

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Faith, we have heard, is the Evidence of things not seen — it is the ability to believe you have won before you have. Faith alone takes victory in hand at the start. In every walk of life's activity, success is limited only by faith, and the results from faith live limitless. People fail only when they lose faith. The eternal whisper of the very Spirit of Life to us all is — "Have Faith!"

And, as we come in this Commentary to the last in the Fourth Volume, I ask you humbly to ask yourself whether you truly <u>have faith</u>.

Faith is the subtle chain that binds us to the Infinite, making the discords of the present the harmonies of the future. Few people realize that Faith is a practical habit, increased by exercise, strengthened by meditation. Faith is a state of mind that is induced by practices that we know so well in Mentalphysics, and we know that, without faith, we can do nothing. WHY? Because Faith is the keeper of the sacred portal of Wisdom. Faith leads us to a singleness of soul, a realization of the "greatest truth that can ever be known - whatever the Creator is, I am."

"Fearlessness, singleness of soul, the will
Always to strive for Wisdom; opened hand
and governed appetites; and piety
And love of lonely study; humbleness,
Uprightness, heed to injure aught which lives,
Truthfulness, slowness unto wrath, a mind
That lightly letteth go what others prize;
And equanimity, and charity
Which spieth no man's faults; and tenderness
Towards all that suffer; a contented heart,
Fluttered by no desires; a bearing mild,
Modest and grave, with manhood nobly mixed
With patience, fortitude, and purity;
An unrevengeful spirit, never given
to rate itself too high; - such be the signs
O Indian Prince! of him whose feet are set
On that fair path which leads to heaven; birth!"

To you and to myself, O Noble of The Light, I say, "Follow after WISDOM." BE wise in thy time, and seek the heavenly birth. With Faith in thy heart continually, naught can assail thee. Wisdom, said Emerson, is like electricity - and we have been blest to have learned this in Mentalphysics.

We are all capable of Wisdom, all capable of "picking up", so to speak, the Wisdom of Life. In our last ten Commentaries we have been shown the way and had the divine mechanics explained to us. Now it is for us to revolutionize our own lives and revolutionize the world - being patient in well-doing, fearing the Law. Every moment instructs us, and every object. Wisdom is all-pervading.

Wisdom is infinite and infinite in value. Your wisdom is eternal, though the wisdom of one generation of men may be folly in the next. But when we are <u>rooted</u> in the practice of Wisdom, we are already at The Heights.

"Happy is the man that findeth wisdom, and the man that getteth understanding; for the merchandise of it is better than the merchandise of silver, and the gain thereof than fine gold.

"She is more precious than rubies and all the things thou <u>canst desire</u> are not to be compared unto her.

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"Length of day is in her right hand; and in her left hand riches and honor . . . Her ways are ways of pleasantness, and all her paths are peace.

"She is a tree of life to them that lay hold upon her; and happy is everyone that retaineth her."

. . . . . .

In concluding this Fourth Volume of Commentaries in our Science of Mentalphysics, instruction that has flowed unselfishly from the mind of our beloved Mother, let us together give thanks and be happy that you and I, as pupil and Teacher, are on The Path.

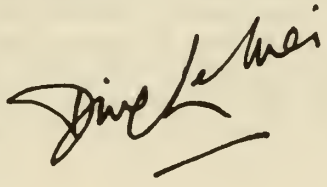
"Lift up your heads O ye gates, and be ye lifted up ye Everlasting Doors . . . and the King of Glory shall come in."

"God is well pleased with Them, and they well pleased with Him; that is the mighty happiness . . . . Truth has come, and falsehood has vanished; verily, falsehood is transient." . . -- The Koran.

"He who seeks truth must be content with a lonely, little-trodden path. If he cannot worship her till she has been canonized by the shouts of the multitude, he must take his place with the members of that wretched crowd who shouted for two long hours, 'Great is Diana of the Ephesians!' till truth, reason and calmness were all drowned in noise." -- Robertson

Peace be unto you for evermore.

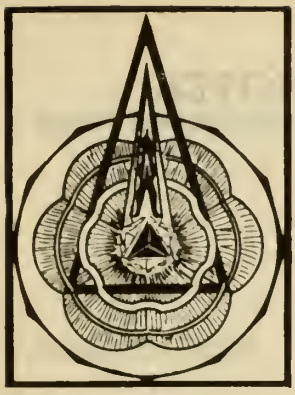
Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope.



Written in Faith at
Los Angeles, California, U.S.A.

End of the One Hundred and Twentieth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY

121

"WORLD AFFAIRS SERIES"—Meditation on The New Race in The New Age; The Custodianship of Humanity.

(Vol. IV, 1)

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

During the time that it has taken us to study together the one hundred and twenty Commentaries, we have gone along heart beating to heart in Wisdom's increasing rhythm. With the Psalmist we can sing - "He that dwelleth in the secret place of the Most High shall abide in the shadow of the Almighty". We can say of The Law (the Lord) - "He is my refuge and my fortress; my God; in him will I trust". And if we read the 91st Psalm I am sure we can re-echo in our souls its beautiful symphony as its music changes from verse to verse, and enjoy its great climax - "He shall call upon me and I will answer him; I will be with him in trouble. I will deliver him and honor him. With long life will I satisfy him, and show him my salvation".

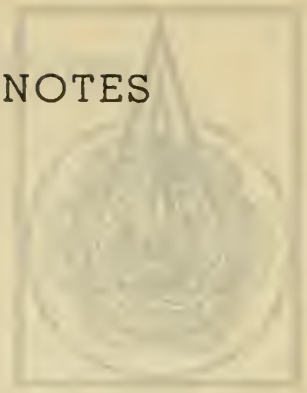
We Nobles of the Light have learned consciously to tread The Path together, and, after the burden and heat of the day, to withdraw in spirit to drink of the waters. I, as your Teacher, have seen many changes, have gone through much experience, have (like you) been tried and tested; but together we can sing - "HE is my refuge and my fortress," and we can sing it with our whole being, for we know HOW and WHY He is our refuge.

(a) The Custodianship of Humanity

As you advance now another definite step on The Path, I invite you, with all the sincerity of your being, to recognize your actual Divine Custodianship of Humanity. FIRST, you should ally yourself spiritually, and in every way possible to you, with what we are doing in Mentalphysics, and regard yourself as a moving Spirit of our Mother's activities throughout the world. I deem it wise, in this Commentary, to disclose to you the principal phases of our work here at The Institute, and exhort you to meditate once during every twenty-four hours upon the work, thus - - -

First Meditation - That all necessary SUBSTANCE may flow abundantly to us: that it be blessed; and that it may multiply for Good for all time and until time shall be no more.

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Second Meditation - That all ENERGY be rightly used and rightly directed by Ding Le Mei, by the Faculty, by all individual members of the Executive Staff and all regular workers and co-workers, with no waste whatever, and that the Energy may be blessed by Life Itself; and that as each one uses it he or she may be raised to a higher vibration of consciousness in service to mankind.

Third Meditation - That all WISDOM may flow through every worker at The Institute, so that all that we here do and say and think and feel may be Wisdom's true reflection.

Fourth Meditation - That ALL NOBLES OF THE LIGHT throughout the world may, in continuous endeavor to express in their lives the Divine Light, be rewarded abundantly; and, in the recognition of their spiritual growth, accept completely according to their understanding the Custodianship of Humanity.

(a) Mentalphysics World-Wide Activities

For your own information, and that you more easily visualize our work in Mentalphysics here at headquarters, I shall give you under separate captions details of the various activities at The Institute:

1. WORK IN THE OUTER (By this I mean our Public Work, such as public lectures, church services, radio broadcasts, healing circle, Circle of the Secret Twelve)

(I) Our Church: Services are held on Sundays at eleven o'clock Pacific Standard Time. The service is usually well attended, the address being given, except on rare occasions when the First Preceptor takes his place, by Ding Le Mei. The following is read at each service as Our Purpose and Declaration of Faith.

To proclaim and teach the Eternal Truth of Life, and to spread the Light of Divine Wisdom working through Natural Law in The Holy Trinity - Body, Mind, and Spirit of Man.
To proclaim and teach that Man is the Temple of the Living God, and that the knowledge of God's Universal Law as taught by us enables him to demonstrate a "perfect mind in a perfect body".
To foster educational and spiritual solidarity among all people who, irrespective of dogma or creed, declare their belief in the Omnipotent Creator of the Universe, and to train and appoint teachers for this purpose.
To spread the Inner Teaching of the Church, which is the Science of Mentalphysics.
To care for the needy, to teach the sick to heal themselves by the practice of the Art of Living and the understanding of God's Universal Spirit.

(II) Church Library: A Library is maintained for the public, and books on philosophical, scientific and kindred matters are available without charge.

(III) Radio Broadcasts: From time to time Ding Le Mei speaks over the air; he has given series of addresses over KFAC, KEHE and KHJ - all Los Angeles stations. Permanent records of several of his addresses are already made, and in due course will be available to any group of students who may wish to donate the "time" on any radio station in their cities. (If interested, you should write to Ding Le Mei).

THIS SPACE IS FOR YOUR OWN NOTES

(IV) Healing Circle: Every Wednesday at three p.m. Ding Le Mei conducts the beautiful Healing Circle in the main hall on the first floor of The Institute.

(V) Circle of the Secret Twelve: This Circle is made up of twelve great souls who devote much of their time in meditation and spiritual work for the benefit of any who care to take advantage of the service, and who feel that their own life problems are too heavy to bear alone. (Cards are available for you or your friends). This Circle has been blessed in having been used hundreds of times to bring healing and peace to the weary and heavy-laden.

(VI) Order of Melchisedek: This is for those who wish to tithe on behalf of The Work. - those who voluntarily take upon themselves the task of seeing that The Work be not imperiled. Small "Depositories of the Seed" are distributed to those who desire to take them. (If you are not tithing, and have consequently not yet learned the great joy that it brings, you are invited to inquire about the Order of Melchesidek.)

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2. WORK IN THE INNER. (By this I mean the actual teaching of Mentalphysics here in Los Angeles at The Institute, also teaching by correspondence in the Home Study Division for students all over the world.)

(I) For Students in the early Initiate stage - Two classes conducted by Ding Le Mei, assisted by the First Preceptor, on Tuesday afternoons at three p.m. and Tuesday evenings at eight p.m. Classroom on first floor.

(II) For Students who have passed through the Initiate teaching - The Senior Beacon, where the Documentary Lessons are the Commentaries; students in the Senior Beacon have been under Ding Le Mei's direction for periods varying from two years to six years. Thursday evenings, at 7:30 p.m. Available only to Students who have passed through the Second and First Junior Beacon. Classroom on the third floor.

(III) For Students who have passed through the Tuesday afternoon classes, and graduated into what is called the Second Junior Beacon - Conducted by Ding Le Mei and the First Preceptor; necessary to pass through this class to graduate into First Junior Beacon; Documentary Lessons are the lessons of the Initiate Group. Classroom on first floor.

(IV) For Students who have passed through the Second Junior Beacon and Graduated into the First Junior Beacon - Conducted by Ding Le Mei and the First Preceptor; necessary to pass through this six-months' course to prepare for Induction into the Senior Beacon; Documentary Lessons are the review of the Initiate Group Lessons. Classroom on third floor.

(V) The Inner Chamber - A spiritual body, composed of the oldest students.

(VI) Private Tuition by Ding Le Mei - Much of Ding Le Mei's time during each day is taken up with private teaching for students who come from all over the United States and often from other countries, to the teaching of Mentalphysics direct from him. Usually conducted in the Silence Room on the third floor. (Special arrangements must be made for this tuition.)

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THIS SPACE IS FOR YOUR OWN NOTES

3. HOME STUDY DIVISION. (By this I mean that work carried on at The Institute which is conducted solely for students whose tuition is undertaken by mail. There are few countries in the world where Mantalphysics students cannot be found. Home study students come from all walks of life, and the time has come when teachers are required. If you have an urge to teach a small group once a week in your own home, write personally to Ding Le Mei. In course of time there will be Temples of Mentalphysics all over the world.) The various Departments are as follows:

(a) Publicity and Advertising Dept.
(b) Distribution of Literature Dept.
(c) Correspondence Dept.
(d) Division of Membership - (1) The Initiate Group; (2) The Inner Chamber
(e) Students' Correspondence Dept.
(f) Students' Lesson Dept.
(g) Books and Publications Dept.
(h) Order of Melchisedek.
(i) Examination of Progress Test Papers Dept.
(j) Mentalphysics International Extension Fund (this is to receive donations from grateful students who desire to give of their substance for general extension of Mentalphysics throughout the world.)

4. QUITO (Ecuador) BRANCH OF MENTALPHYSICS: This is for Spanish students. The work was begun by Dr. J. Cueva Garcia, who, many years ago, was a student of Ding Le Mei in New York, and who, upon returning to his own home city, started a class which has grown to large proportions and which is a credit to both the teacher and to Mentalphysics. (Dr. Garcia has translated all our Documentary Lessons in Spanish.)

(c) Definite Exhortation to the Noble

In the above you have had presented to you a birdseye view of Mentalphysics activities at The Institute, and I trust that every Noble of The Light will at some time in the future be able to come to Los Angeles and see what is being done. In the past we have had much to overcome. Our path is not free from difficulties, but Mentalphysics has taken root in the consciousness of thousands of people all over the world to such an extent that it is now but a matter of time when the Voice of Mentalphysics will resound around the world.

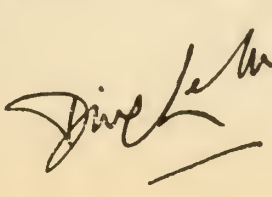
And this desirable state of affairs will come all the more quickly as we each recognize our definite Custodianship of Humanity - you and I are the chosen ones. Therefore, whenever you feel that you have an idea as to how Mentalphysics may more effectually be expanded, I shall be glad to hear from you. ASK, and ye shall receive. I ASK OF YOU all that you are able to give, and the BEST service you can render to Our Mother is in the enrollment of new students. I ASK YOU to consider whether you should not make up your mind that you will get your own small students of Mentalphysics, and they would be yours. "None can keep thine own from thee." You would be in charge of this seven, and you would see to it that, through the collective effort of them all, your number would multiply — I know of nothing so entirely satisfying to the human heart and mind as the guidance of young Initiates. You are ready? . . . . then ACT.

Through the instrumentality of this Commentary, you are brought closer to Mentalphysics, closer to Humanity, and closer to Ding Le Mei as your Teacher . . . My Peace I Give unto You.

Integrally in The Bond,

Written in Faith at
Los Angeles, California, U.S.A.

End of The Hundred and Twenty-First Commentary
Inner Chamber.



THIS SPACE IS FOR YOUR OWN NOTES



OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY

122

"WORLD AFFAIRS SERIES"—The Custodianship of Humanity Spreading the Light Through Mentalphysics Birthday Scholarship Fund.

My Beloved Student in Mentalphysics, Noble of The Light:

Greetings in The Bond!

Never in human history was there such need for the rapid spreading of The Light as exists today. We in Mentalphysics, in spite of all the activities that have arisen in an outer sense for the saving of the human race - most of these outer projects doomed to failure from the start simply because human beings are so lacking in knowledge of the origin and nature of all life processes - know that only as the individual gains KNOWLEDGE OF HOW TO LIVE HIS OWN LIFE can we hope for a collective improvement in all mankind. During the past few years we have seen a lamentable failure in the attempts that have been made through Governmental means even to solve the economic problem; in Spain, in China and other places we have seen how Man still clings to the idea of war, born out of greed, as a means of solving state and international disagreements, and the extremely delicate political situation in Europe may result in another great war even before this Commentary reaches you. The rapidity with which things move on the earth today renders it possible that a holocaust may ensue almost overnight.

Think on the ideas that come to your mind as you contemplate world conditions today, and you will at once see how vital it is that, if the human race is to be saved from its own folly of destroying itself, WE MUST SPREAD THE LIGHT.

Think back in your own experience and you will realize that you have been re-born - you are a new person; in you a new consciousness has been born; but you will also see that it has been through your own endeavor and work to gain greater wisdom that this agreeable change has come. And as with you, so with every human being. Knowledge cannot be given - it must be worked for.

On April the Sixth, as I was sitting quietly in my chair on the platform at a meeting where the Los Angeles students were celebrating my Birthday, the scene was a very pleasant one for me. I thought, in gratitude and humility, that all those people believed in me - that through the Eternal Wisdom of which we are all the agents, and in this particular case I am the agent, - they had found their

THIS SPACE IS FOR YOUR OWN NOTES



hearts' desires, and that, through Mentalphysics, they had all been reborn. They were all alive with Joy. Throughout the happy company there mingled Gratitude and Peace and Youth and Love and Wisdom. As I watched, there was born in upon my mind the urgent need for the Spreading of The Light. Later in the evening, I was presented with two checks, as gifts from the local students here in Los Angeles and the other from the Home Study students all round the world, most of whom I have never met on the physical plane. At once I was fired with an idea that has come to me thousands of times during the past few years that, here and now, WE have the opportunity to Spread the Light through scholarships in Mentalphysics, which could be granted to all who truly desire and deserve the teaching, but who cannot make the necessary donations. Rising to speak and to give thanks for the gifts, I immediately endorsed the checks over for the creation of what will for-ever be known in Mentalphysics as the BIRTHDAY SCHOLARSHIP FUND -- and, as the light of love flowed through the consciousness of all of us there assembled, so a great birth took place.

And it is seemly, Noble of the Light, following your last Commentary on the "Custodianship of Humanity", that I should bring this to your attention in this present Commentary.

In due course we shall be informing all students everywhere of this new privilege which is ours. But I would like to remind you Nobles of The Light that in the Far East, the great teachers accept no money whatever from students. But - they accept only a few students, who must be people of exceptional merit. In short, these students have paid the price, either through a life of great service to humanity - prodigious even though apparently futile - or through some great sacrifice of another kind. To others the great teachers say, "Return in five years!" -- or ten, or twenty; to them, time has no reality. They do not cast their pearls indiscriminately. Like the Carpenter of Galilee, they speak to the public only in parables, reserving for the Inner Circle of the apostles the explanation of the parables. One in a thousand, or one in ten thousand, is given the Inner Teaching. And the Master required of the apostles that they give up all else and follow Him - "sell all that thou hast, give it to the poor, and follow me." The rich man was unwilling to pay that price, and was denied the Inner Teaching.

(a) "What We Freely Give, Forever Is Our Own."

In establishing the Birthday Scholarship Fund, Mentalphysics feels that it is at last coming into its own integral privilege of Spreading the Light.

You, as a Noble of The Light, can have no conception of the desperate need for Mentalphysics in many people's lives. Only in our correspondence is the true picture to be obtained. Many formerly despairing souls have written that they have been saved from suicide. Other, unemployed, handicapped, people who have given up trying, have found renewed hope and courage, tried once more, and succeeded in getting a position - often one at work they love, such as they have never had before. Tortured souls, subjected to extreme cruelty by those with whom they live, gained renewed interest in themselves, their progress, in Life Itself, were freed of the paralyzing influence of self-pity, gained a philosophy of such courage and inward happiness that outside circumstances cannot hurt them. The victims of brutal fathers or step-fathers, drunken husbands, ungrateful or incorrigible children, can often gain help only from within themselves, and find this help through Mentalphysics. People on the verge of nervous breakdown, subject to agonizing fear or worry, whose troubles are chiefly of their own making, but who are none-the-less helpless, often need Mentalphysics desperately if complete collapse is to be avoided.

THIS SPACE IS FOR YOUR OWN NOTES

There are those noble souls trying to carry burdens almost beyond their strength - widows with children to raise - young people with parents to support - older sisters bravely caring for orphan younger brothers and sisters - who turn to Mentalphysics for an inward strength and courage that enables them to carry on joyously and with greater and greater success.

There are those who have made serious mistakes, who are making a brave effort to redeem themselves, handicapped by the hostility of a prejudiced world, people stunned by grief, misfortune, accident, invalidism, loss of homes, business failure, desertion, great disappointment, loss of faith in Life Itself, loss of health - it is impossible to enumerate all the situations in which the need for Mentalphysics is frequently desperate.

We expect that, when such people look into Mentalphysics for aid, merely to offer a scholarship will give them hope and courage, convince them that they have a friend after all, and that there is kindness and love and justice in the world. What will you do to help? If you are fortunate, the only way to continue to earn and thus to keep your good fortune, is to balance the book of life by frequent and adequate sacrifice. Mentalphysics goes far deeper than charity, because it teaches people, as you yourself know, how to help themselves, to conquer their own problems, to rise above their ordinary selves - how to acquire inward strength, courage, determination, and a self-reliance that will, sooner or later, make charity unnecessary.

(b) A Great Opportunity for US ALL.

I am acquainting you with the birth of the Birthday Scholarship Fund, so that you may meditate upon it. I personally feel that it is the greatest opportunity that has so far been presented to us for Spreading the Light. Not that we intend to indiscriminately give scholarships to all who ask for them. Applicants - they may be your friends, equally as they are mine - will be called upon rightly to show why they should receive them, and we do not intend that anyone shall break the Law of Giving and Receiving; but we shall be guided exactly as to how to select applicants for this Mentalphysics bounty.

If you care to write me your own ideas, I shall be glad to hear from you. We want suggestions. There will be available to all Initiates and Nobles of The Light a booklet setting forth the general principles of the Scholarship, and we Nobles of the Light - as the Elder Brothers and Sisters of Mentalphysics - should spend much time in meditating upon the supply to enable us to carry out this particular part of our work. Mentalphysics needs much substance, and the more that flows to us the more effective our efforts can be.

We are, of course, not unaware how difficult it is effectively to GIVE. To give to people simply because they feel sorry for themselves is the greatest mistake possible. What we are interested in is in granting Scholarships to those who are sincerely worthy, and who will make the effort by hard and grateful study, to become worthy of being in Mentalphysics. We know that no one can give a teaching to another person. He can gain from it only that which he puts into it through work, through sacrifice, through suffering if necessary. The tragedy of civilization is that the Church cannot GIVE - otherwise all human problems would have been solved long ago. There would be no more war, or poverty, or cruelty, or unhappiness. BUT THE WORLD CANNOT BE SAVED UNTIL IT HAS PAID THE PRICE. Too few have balanced the Book of Life, so that they are READY to accept. Instead of the Church begging people to listen, people should be obliged to beg for the teaching, should be denied it unless they prove their worthiness. This is the method of the Wise Teachers of the East - and this will be the method of Mentalphysics.

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We shall resolutely decline to cast the pearls where they should not be cast. At the same time, through the whole of our Student Body all over the world, we hope that we shall be able to meet with those who are truly seeking, and who understand The Law sufficiently to appreciate what is being offered to them if they are in need, and if they will pay the true price of learning what Mentalphysics has to teach. He who takes without giving has violated a Cosmic Law; and as for myself, as I look back to my old Master in Tibet, and try to realize one-fiftieth part of what he taught me, I feel that "were the whole realm of Nature mine", that were a present far too small to offer him. And I humbly believe that you who read feel the same towards Mentalphysics. There is no value we can put upon our blessings, our direct gift of Mentalphysics. All that you and I can do is to give - and give - and give, so that others may share with us the blessings that we know. Therefore, I commend most confidently to you the Birthday Scholarship Fund, feeling that you will do all that you can do for it. Some, having money, can give of their money; others, of their service and their time; others, of their spiritual gifts . . . but if we ALL PULL TOGETHER, we shall achieve what we desire to achieve, and succeed in our own time in uplifting Humanity, whose custodianship has so mysteriously come to us in this incarnation.

At the present stage of your own development, you must think of BEING God - there is not yet any need of further lessons, but need of us all LIVING WHAT WE KNOW. As we have gained, so MUST we share it with others so that it may multiply in ourselves. What an opportunity is ours! Knowledge and the power and freedom that it brings us carry with them RESPONSIBILITY - of course, you know that - for when we were given a Conscious Mind, we were given the ability to oppose ourselves to the Divine Intelligence of Life, to act contrary to The Law if we so choose. Thanks to Supreme Wisdom we cannot make pets of ourselves even if we wish. GOD INSISTS UPON OUR BEING HIS EQUAL.

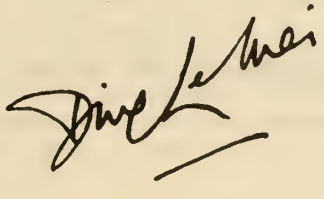
Therefore, My Beloved, be of great courage. Let us resolutely and with great determination decide that we will save humanity - not by foolishly giving where the recipient has not the wisdom to take, but seeking for those who, like us, have sought enough and suffered enough. Only those for whom the hour has struck do we desire to help, but when we meet them we MUST extend the helping hand.

Remember - What we freely give forever is our own.

May the Creative Wisdom so manifest within your consciousness that you may clearly see your duty of Custodianship. As you conclude this reading, let these sheets lie in your lap, and endeavor to feel my Spirit encircling you . . . just as you are my own, I am your own. We have met on the Cosmic plane, and what we learn there we should manifest on the physical plane of existence.

Nomaste.

In the Universal Bond of Love,



Written in faith at
Los Angeles, California, U.S.A.

End of the One Hundred and Twenty-Second Commentary.
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES





OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

THIS LESSON IS FOR YOU - IT IS NOT TO BE TOUCHED, IF POSSIBLE, BY ANY OTHER HAND . . . IT IS NOT TO BE SEEN BY ANY OTHER EYE.

COMMENTARY

123

"WORLD AFFAIRS SERIES" — Your Duty As Custodian of Humanity Explained.

(VOL. IV, 3)

My Beloved Student in Mentalphysics, Noble of The Light :

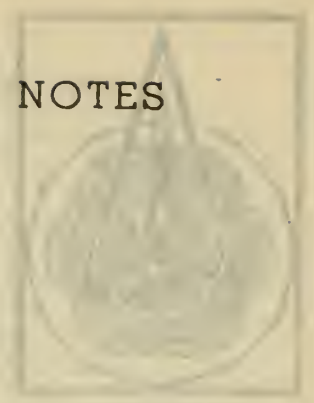
Greetings in The Bond!

I am coming to you this week with a message which I hope and pray may bring into your heart the full feeling and expression of your highest conceptions of Life. We have been speaking during the last two Commentaries upon the CUSTODIANSHIP of Humanity. What does this mean? Who am I to say what this may mean to you? I can only know for MYSELF, just as you, communing with our own highest understanding, can know what it means for YOURSELF. But each of us knows - if we are evolved into a state of understanding of Life to know that THERE IS NOTHING BUT GOD, and WHATEVER GOD IS, I AM - that TO BE GOD, we must PRACTICE BEING GOD . . . that is, by reverently assuming the full nature and knowledge and power of God in relation to EVERY LIVING THING. We must assume the OBLIGATION of Custodianship. An obligation constrains or induces us to ACT - not a mere duty, but a recognized obligation to Life Itself, a bond of obligation that transmutes itself into liberty and freedom. Duty is a mere matter of conscience, but a recognition of personal obligation to the Source of All is a state where love alone is triumphant.

I believe that you who read - divine blessings be upon you as you read - will have grown in consciousness to truly desire that all men should be able to possess the knowledge that we have learned at Our Mother's (Mentalphysics) knee. You desire that the whole human race shall know what you know, even if you have not yet grown into perfect MASTERY -- for you know that when the whole human race knows that Man is God in Human Form, all sources of discontent and greed and misunderstanding and avarice and hatred will flee away. And because YOU are so entirely INWARDLY happy, you desire that all others should learn the One Source of your own inward happiness, believing, as you do, that were that the case, all human beings would be as happy as you are.

I feel the same as you feel - my heart burns, as does yours, with the desire that ALL men should know the Truth that we have learned, and that ALL men should be FREE, as you and I are free. But ARE WE (you and I) FREE? In a microcosmic sense, yes; in a macrocosmic sense, decidedly no . . for we cannot be truly free till all men are free . . . . You doubt it? Then, think! At times you feel entrancingly Happy, do you not - the plan is complete, you cannot ask for more - your heart

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overflows. Then, perhaps, you read the daily newspaper, and you read of some tragedy that has overtaken a great number of people in China, or India, or Timbuctoo . . your paper drops into your lap, you feel yourself "going away," and after a little time of reverie you feel disturbed and unhappy because of the tragedy of which you have read. In other words, you are unhappy because you realize that, through the tragedy, others are unhappy . . . and you desire to help them. Carry this idea to its ultimate, and you can see that until ALL MEN ARE FREE, YOU YOURSELF CANNOT BE WHOLLY FREE. Therefore, your recognition of your Custodianship of Humanity presupposes that you also recognize that your task is to bring to men that TRUTH OF LIFE which alone can make men free, and which has brought you so far along the path of freedom. You see, also, that not until we each acknowledge our responsibility will LIFE let us rest. (One thing about gaining knowledge is that we have to shoulder its responsibility as well, so that we cannot have one without the other. The greater the personal knowledge of Life's Laws vouchsafed to us, the heavier the responsibility to the Universe.) It is, of course, in the nature of cosmic principle that we should USE what we take from it - if we take anything whatever from the loving hand of Nature, we automatically must use it, and wise are we if we use it in accord with her laws. Thus, in seeing our responsibility to the universe in the Custodianship of Humanity, we shall never know complete rest and peace, shall not attain to the Elysian Heights, until we USE THE PRINCIPLES OF CUSTODIANSHIP — which means Spreading the Light, the true custodianship, in other words.

While I remember that I am speaking to you, a Noble of The Light, of fairly long standing, I also remember how hard it is for an aspirant to feel fully WORTHY of assuming the custodianship of humanity. "Oh," says one, "I would like to do it. I would like to Spread the Light, but I am so handicapped. I have not this, or I have not that - it is all very well for So-and-So, who is so much more gifted than I am, but when I grow to know more, I shall do more. Meanwhile I must just do what comes my way, always hoping that I shall be able to do more by and by." Thus do we delay our blessings. . . NO, THE TIME IS NOW, THE INSTRUMENT IS YOU.

Before you read further along in this Commentary, I would like you to run back to your Commentary Number 111 and read from the bottom of Page One to the top of Page Three. Here you will see the seven Eternal Chapters of the Book of Life in relation to yourself and God. If I were you, I would memorize certain parts of it, so that you will at all times be able to visualize the main points, namely:

***(a) GOD - THE ABSOLUTE.

God alone is true; God alone is great; alone is God. All but God is changing moment by moment.

***(b) LOVE - GOD'S FIRST QUALITY.

God is LOVE - we know God through his spirit of Love moving through us. In his nature, God said - "Let There Be Light," and "Let us make Man in our Image."

(Man is made IN THE IMAGE for the purpose of fulfilling the work of the Father, and Man's only essence and nature, emanating from God's Life (Love) is LIGHT. God's LOVE is the basis of all, upon which everything rests and begins to unfold into manifestation.)

***(c) LIGHT - THE LIFE OF US.

Light - of the senses; of the reason; of the spirit. Our blood is the Light of our body, as our Intellect is the Light of our mind, as Love is the Light of the spirit - and it is THE SPIRIT that quickeneth.

***(d) TRUTH - LIGHT REFLECTED.

Truth is that which LIFE reflects through Light. Truth is the LAW, which is freedom. Truth awakens Wisdom, as Wisdom pursues Truth. Truth (like the sunbeam of LIGHT) cannot be besmirched or changed. It is ever-present in LAW.

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(Of Truth, Epictetus wrote: "Truth is a thing immortal and perpetual, and it gives to us a beauty that fades not away in time, nor does it take away the freedom of speech which proceeds from justice; but it gives to us the knowledge of what is just and lawful, separating from them the unjust and refuting them." Truth is the substance moved by Light.)

***(e) WISDOM - THE DIRECTOR OF ENERGY

The energy of God's Law is directed by Wisdom, which is the Seed that Truth uses to manifest itself. Wisdom is the science that embraces all other sciences, but Wisdom moves only in humility.

***(f) ENERGY - PRINCIPLE IN MOTION

God's nature, principle, life - (we get the idea in thinking of Prana) - is ever moving; it comes to you and me in (a) Thought; (b) Feeling; (c) Action, the three redeemers of human life.

(A man is wise only so far as he is evolved in spirituality. Wisdom embraces knowledge, and the doorstep to the temple of wisdom is a knowledge of our own ignorance. "Knowledge," as Cowper wrote, "is proud that he has learned so much; Wisdom is humble that he knows no more," - just as Love, having given all, trembles lest she has no more to give. Woo Wisdom, and into thy being will be breathed divinity, and thou shalt speak wisdom from thy mouth . . . . It is clear to see that ENERGY will do anything that can be done in this world. We in Mentalphysics, if we have been faithful in our practice, feel Energy so intimately that we know that we cannot be deprived of it - we "have" it eternally, as we know its nature is unchanging and eternal. When WISDOM and ENERGY are not altered by our own conscious thinking from their eternal union, resulting in manifestation, then everything in our lives conforms to and is the offshoot or outgrowth or reflection of God - whose nature is expressed by HIS ENERGY ordered in WISDOM.)

***(g) MANIFESTATION - GOD'S WORKS UNFOLDED.

Manifestation is TRUTH made VISIBLE. "Thine, Oh Lord, is the greatness, and the power, and the glory, and the victory, and the majesty; for all that is in the heaven and the earth are Thine; Thine is the Kingdom, Oh Lord, and thou art exalted as head above all."

(In thinking of the WORKS OF GOD, ideas march majestically through my mind in supremest multiplicity and beauty - but WORDS come not. Who Can TALK OF GOD, the beginningless, the endless, the timeless One? You wish to behold God? Then see with the eternal eye within thyself his true expression; see with thy two eyes his glory in every object round about thee; and if thine eyes be blind, confute me, if you can, and lead me to the place where God is not . . . How hard it used to be, for you and me, to understand God. NOW WE KNOW, and WE GIVE THANKS, for through his Love, and through his Light, and through his Wisdom, we simply see THAT WE ARE GOD - at last, at last the Truth of Truths! . . . Man made in the Image, for the purpose, being God in Human Form, of fulfilling THE PLAN and DOING THE WORK of The Father.)

* * * * * * * * * *

My beloved Noble of The Light, as you know, I would not have used the language that I have used in what I have written, unless I KNEW that you were now sufficiently enlightened not to be disturbed by the apparent presentation of an anthropomorphic God. NOW WE KNOW BETTER. The word "G O D" is a beautiful word. When we know that ALL is God - that WE ARE GOD - how infinitely lovely it is to contemplate the "future".

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Never again do we have to go through what we have already gone through - The Slough of Despond has been passed. Through all the slime of ignorance and fear we have passed for ever - for ever! We know now that the Wisdom of Life is infinite - His (our) glory, His (our) power is eternal. So we sing the Song Celestial. We command the heavens to sing His Praises! We command the sun, moon, and planets to glorify Him in their ineffable language!

But, why try to describe? . . . All we can do is to FEEL the transcending Truth of Life - Whatever the Creator is, I am! Gratitude with us has all the ardor of a passion of a noble heart.

I have just written:

"GRATITUDE WITH US HAS ALL THE ARDOR OF A PASSION
OF A NOBLE HEART."

Read these words several times, and then sit and consider whether it is true with you. For myself, I truthfully can say that I desire above all else in the world to be the means of bringing struggling souls into The Light . . . and I believe the same of YOU. I believe that YOU, too, feel that you are a chosen CUSTODIAN of Humanity.

That being so, how can we work? What is the most effective method we can use to SEEK, and to BRING, others in The Light. That is my message for YOU this week.

There are many ways, but your way will be unfolded to you as you meditate upon it. I KNOW how hard it is to maintain one's zeal when one is not in close and constant touch with others of the same ideals. If you were here at headquarters, and were able to come to the various Beacons and to our Church, if you were able to mix freely and when you wished with others in Mentalphysics such as we in Los Angeles are privileged to do, it may be that you would be fired into action. But you are where you are, as I am where I am; and where we are, is where we must do the work that we must do. Therefore, seek within your own heart, and see whether you do not feel that you are led to an endeavor to form a small circle of your own. It is not difficult. The first thing is for you to decide whether you sincerely wish to help others - if you have a better way of helping humanity than of presenting them with Mentalphysics, that is good; but I personally do not believe that there is a gift of higher value than Mentalphysics that we can offer. The next step would be to find out from the Institute whether we have enough students in your vicinity whom you could interest in forming a small circle over which you could preside. The whole of the procedure for teaching will be arranged by me for you, so that you would merely have to be the mouthpiece --- BUT THE JOYS OF IMPARTING KNOWLEDGE TO OTHERS ARE BEYOND COMPARE!

Also, I would impress upon you the value of the private recordings of "The Voice of Ding Le Mei". I would like every one of my older students to possess a full set, for, judging from what others have told me, they find them of great spiritual value to them. So this week, my beloved Noble of The Light, think on these things in relation to your Custodianship of Humanity . . . and may Peace embosom thee and may Wisdom guide thee. You are at peace . . . Nomaste - the divine in me greets the divine in thee for evermore.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope

Written in Faith at
Los Angeles, California, U.S.A.



End of The One Hundred and Twenty-Third Commentary,
Inner Chamber.

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OM MANI PADME HUM

The Inner Chamber

of the Science of Mentalphysics

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COMMENTARY

124

"WORLD AFFAIRS SERIES"—What Custodianship of Humanity Means to the Aspirant.

(VOL. IV, 4)

My Beloved Student in Mentalphysics, Noble of The Light :

Greetings in The Bond.

In pursuing the subject of the Custodianship of Humanity, a responsibility of yours and mine which is entirely inescapable, I would bring to your notice TWO LAWS which will immediately begin to show their effect in our lives. Most people imagine that they can learn how to BENEFIT THEMSELVES, and leave it at that. But the Wisdom of Life does not allow this.

***FIRST : We get our reward always for what we do. (It is ours even with the thought).

***SECOND : We are called upon to shoulder the responsibility of SHARING THE CAUSE of our own reward with others. (Should we refuse to share this cause of our own spiritual growth, we "lose that which we have", for the simple reason that there is no way that it can sustain itself within our consciousness, we "short" the power, and it naturally passes from us and dies away.

(a) How Our Blessings Come To Us.

Therefore, I would first emphasize to you the blessings that will be yours through sharing. THERE IS A LAW - none can explain or define the Law - which causes to flow back to us the streams of the substance that we pass to others. Suppose, for example, that you are in trouble, and I consciously or unconsciously cause myself to be the means of dispelling this trouble for you; the unfailing effect of my action brings to me your gratitude, your admiration, your love (whether you know it or not), and, for all time, whenever the episode returns to your memory, or the force created by that episode is set into action in your life, I am inevitably brought to your mind in the same vibration, and the resulting waves from you to me bring me exactly that which I gave to you - but with ever widening and increasing force. From this simple description, you will be able to meditate upon it, and clearly cause yourself to SEE WHERE YOUR BLESSINGS COME FROM and HOW THEY COME. (Of course, this force is working all the time, and simplifies the proposition that we reap exactly what we sow.)

I will not insult your intelligence, moreover, by pointing out that if you do NOT share what you are and what you have and what you know with others, then, because of your very lethargy, it must atrophy and die - YOU LOSE WHAT YOU HAVE.

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Furthermore, it is quite obvious that, as we USE what we have, it grows and multiplies within us and for us. There is no limit to which it will grow. BUT ONLY AS WE USE IT, to enable it to multiply. The more LOVE we give, the more love comes to us and the more love we have to give — and so on, ad infinitum. Get this simple idea in your mind, and you can see how easy it is to perfect our own consciousness. It applies to everything that comes into that divine factory of action within us - OUR MIND. We give KNOWLEDGE - knowledge must return . . how? Do not ask : IT IS THE LAW. We give HATRED - hatred must return to multiply within us. We give COURAGE - we grow into greater courage. We give HOPE - we are ourselves more greatly inspired. We give NEGATION OF WHATEVER KIND, and it cannot but return and it cannot but grow and multiply within us.

We give PEACE - we ourselves grow more deeply into the Great Peace.
We give INSPIRATION - we are ourselves inspired.
We SPREAD THE LIGHT - we are ourselves enlightened.
Are you INSINCERE? - you reap insincerity and disappointment in others.
We ACT BEING GOD, we live so that WE KNOW THAT GOD ALONE LIVES THROUGH US, and in time we are numbered among the great.

NOTE: Of course, this is such a great subject that I can but give you simple ideas. What we have to learn, as Custodians of Humanity, is how not to disturb God's nature through His Moving Wisdom within us, so that our living in Wisdom's unbrokenness may not disturb God's perfect expression. It requires as much reflection and wisdom to know what NOT to do and say and think, as to know exactly what we must do and say and think.

(b) How We May Perfect Wisdom Within Us.

Now, what I am writing may seem elementary to you - as it is. But when we contemplate the manner in which the Lords of Wisdom operate through us, we must perforce stand in reverence as we realize that "the fear of THE LAW is the beginning of Wisdom." Now we can see clearly how we defer our own benefits . . how, by trying to live the life in the microcosmic self we "short" and delay the blessings of the inescapable laws of the Macrocosmic Self of Life - which WE ARE. But Man does not generally know that he IS the Macrocosmic Self. This truth is not revealed to him until he shows that he is ready to have it revealed; but when once it is revealed, should he be foolish enough not to live in its Law, he loses that which he has; AND CREATES FOR HIMSELF THE ONLY HELL THAT THERE IS . . . SO WE SEE THAT WE MUST SPREAD THE LIGHT IF WE OURSELVES WOULD LIVE IN THE LIGHT.

As you now read on, I ask you to feel humble in spirit. You see, do you not, that to assume the Custodianship of Humanity does not, of necessity, require great "education." To educate, we merely have to BE that which we would impart. To inspire a young man to some great deed, is to allow oneself to be given credit for the deed in the great Book of Life, though he who imparts the inspiration may not know anything at all about the method by which the great deed may be manifested. An example : Suppose you meet someone who unloads his heart to you regarding something he desires to accomplish. You listen. The subject may be entirely beyond you - you may know nothing about the manner in which it can be accomplished; but in your conversation you just say the right word that inspires the young man. He leaves you. He brings back to his mind again and again what you have said, though you may possibly have forgotten what you said, or even been unconscious that you said anything that could have inspired him. The WORD that you sowed in his mind takes shape. Back and back it comes, each time with increasing vigor. The energy within the young man is thus created to allow him to do the thing. The burning desire in his heart to do it attracts the Wisdom of Life to enable the young man to bring this Wisdom into manifestation — and, at last, the thing is DONE . . . Now, who did it? Obviously the young man, but in his heart he

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knows that he would never have done it had it not been for that word of encouragement and inspiration. To YOU he gives the credit, and in the Book of Life not only that one thing is credited to you, but all the resulting deeds in the life of that young man which have their seed in your personal interest in him and the inspiration you gave him. So that, for long afterwards, that young man will say to his friends - and, if he is wise, to you also - "Why, I would never have done that unless it had not been for your encouragement."

(c) The Joyous Secret of Custodianship.

If it were possible to determine the actual origin of all that man has achieved, it would be found that the actual inventors and artists and writers and engineers and teachers and preachers would never have done what they did, had it not been for inspiration given and knowledge imparted by others. AND HERE IS OUR CHANCE - YOURS AND MINE. WE have found THE SOURCE, so we rest IN IT. Now it remains for us to give out, and give out, and give out unendingly to others that the hope of our minds and the sincerity of our hearts in desiring HEAVEN ON EARTH may be achieved. Individually we cannot do it : but what are we? It is the Father that doeth the works - we are the Father in human form, taking to ourselves the protection, the inspiration, the guidance of all human beings who come into contact with us.

When we think of all the progress that Man has made, we find that, though he has discovered much, we have scarcely begun to touch the fringe of God's Nature here on earth. Think what it WILL be when all men are working as Custodians of Humanity! When ALL men are -- in all that they do and think and feel and know -- continuously giving out inspiration to others. When that time comes, NEGATION of whatever nature will have been annihilated, and Heaven will have come down to this Earth.

But man has always been hostile to assuming Custodianship of Humanity -- in the mass, even today, Man is as hostile to anything new as he has ever been.

When Harvey discovered and demonstrated the circulation of the blood he was called a fool, and his doctrine declared to be "dangerous". The first railroad was fought in the British Parliament, and the introduction of steam power into the British navy was greatly delayed because of prejudice. Boston doctors, up to 1845, declared bathing to be injurious to health, therefore a municipal ordinance at that time made bath tubs unlawful except on medical advice. And so on, and so on.

When I was a boy I accepted candles and oil lamps as marvelous instruments of light - there were no matches even until as recent as 1872. The streets were lighted with gas, but very few houses had gas - there were no electric lights, no washing machines, no radios, no vacuum cleaners, no refrigerators - none of the conveniences that the average home now possesses - and if we wanted hot water for a bath we heated it on the stove. Even in our homes we can see what tremendous improvements the discoveries of Man have brought to us, but when we go out into a wider field, if we THINK on these things, we are astounded what has been done during the last fifty years . . . and literally stand in wonder at what will be accomplished in the next fifty ---- IF . . . . If Man does not bring about his own ruin by the things that he makes.

It was only in 1870 that steam succeeded water power, only 138 years ago that the first steam engine was put into a canal tug, and it was in 1829 that Stevenson's first locomotive came. In 1878 Edison brought the first incandescent bulb - today the United States alone uses some 300 million bulbs every day. It was in 1882 that the first electric power-house was established, but today there are over 4000 central stations which serve some 25 million customers in the United States. Then the telephone : it is hard to believe that only as short a time ago as 1892 New York became greatly excited because two men spoke to each other from New York to Chicago. San

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Franciscans had to wait until 1915 until they could talk direct to New York. We go to the telephone today and cable around the world - progress indeed since the first trans-Atlantic cable was laid in 1858. More marvelous still - the airplane. In 1903, the Wright brothers flew over the sand dunes of North Carolina, but only for twelve seconds, but in doing so they PROVED that man can fly, finalizing the hope that many men in several countries had entertained for more than half a century before that date. And when, in 1910, they flew down the Hudson from Albany to New York, it was the wonder of wonders. Yet today man flies at four hundred miles an hour, and airplanes travel probably about four hundred million miles a year.

What would Galileo think if he were here today - or Roger Bacon, or any of the many other great souls who, in their day, did their part in transforming this fair earth into a happier and more magic place for man to dwell upon? What we are doing today would be the "impossible" to them.

One could go on and on to show how marvelous are the works of Man - proving that this thing called Man, born of and living in a single breath, may, if he will, bring the Wisdom of Life into manifestation in any direction that he wishes - if he will learn the way.

(d) "So Much To Do - So Little Done."

Yet, how much needs to be done. Let us look at the other side of the picture. Even as I write, in the early fall of this year of grace 1939, war may break out in Europe at any moment. In this "enlightened age," man has not learned how to live, for he deliberately (so it seems) refuses to learn WHAT HE IS - the Creator in human form. The crime-disease bill of the United States amounts to 40 millions of dollars annually. Tuberculosis alone costs 500 million dollars a year - malaria 100 millions - typhoid 150 millions - "accidents" (think of it) 5000 millions. Speaking of war, man's greatest of all crimes, it is estimated that the world war cost the nations 250 million billions of dollars, and General Pershing related once that in a three-day pyrotechnic display on one sector of the front alone, the shells alone cost 75 million — such is the cost of WAR.

NOTE: Continuing this line of thought, I think that it would be a good plan for you to study some of the outstanding phases of our "civilization", and see how, on the one hand, Man has come almost to the conquest of the material universe, but that much of his work in the discovery of new things makes for his own undoing — and it must until people like you and I do all that we possibly can do to cause the majority of thinking people to realize their own divine nature. This is Custodianship.

So, My Beloved, I trust that from this Commentary you may find inspiration to contemplate the need of Humanity, and your own privilege in giving to everyone whom you meet the RIGHT CREATIVE WORD to inspire them to higher and better things. Remember that it is not alone WHAT YOU YOURSELF DO, but what you inspire OTHERS TO DO that is equally important. YOU ARE THE CUSTODIAN - see to it that you take every advantage of your privilege to spread the higher knowledge that is yours.

Peace be unto you today - and all the days. Nomaste.

Sincerely your Teacher, in Fraternal
Bonds of Joy and Hope

Written in Faith at
Los Angeles, California, U.S.A.

End of The One Hundred and Twenty-Fourth Commentary,
Inner Chamber.

THIS SPACE IS FOR YOUR OWN NOTES

